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| وزارة التعليمالإدارة العامة للتعليم بمنطقة تبوك**بإشراف قسم التربية البدنية** |  |

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| C:\Users\user\Downloads\qrcode_3322263_.png**العام الدراسي:** | **........................** |
| **التاريخ:** |  **/ /1444هـ** |
| **الفصل الدراسي:** | **الفصل الدراسي الأول** |

 |

السجل الختامي ( لمادة اللياقة والثقافة الصحية ) الفصل الدراسي الأول

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| **م** | **اسم الطالب/ـه** | **المهام الأدائية** | **المشاركة والتفاعل** | **اختبارات قصيرة** | **تطبيقات عملية** | **مجموع الفترة****÷ 2** | **مجموع درجات الفترتين** | **المجموع الكلي** |
| **الواجبات** | **شفهي** | **تحريري** | **لياقة بدنية** | **مهارات حركية** |
| **10** | **20** | **5** | **5** | **20** | **40** | **100** | **100** | **100** |
| **1** | **2** | **1** | **2** | **1** | **2** | **1** | **2** | **1** | **2** | **1** | **2** |
| **1** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| **3** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| **5** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **6** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **7** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **8** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **9** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **10** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **11** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **12** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **13** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **14** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **15** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **16** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **17** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **18** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **19** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **20** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **21** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

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| **معلم /ـه المادة : ......................... المشرف/ـه التربوي:........................... مدير/ـه المدرسة:......................** |