

THE Q CLASSROOM

Activity A, p. 86

Answers will vary. Possible answers:

1. I like to play sports and watch sports. / I like to watch sports, but I don't enjoy playing sports.
2. My favorite team is Al-Ettifaq. They play well and have many titles. I like the national basketball team because basketball is fun to watch.
3. These players are playing cricket.

Activity B, p. 87

1. c; It's good to play on a team.
2. d; It's a part of my family life.
3. b; It helps me relax at the end of the day.
4. e; I can study better.
5. a; I can express myself when I play.

PREVIEW THE UNIT

Activity A, iQ Online Resource

- a. swimming
- b. cycling
- c. baseball
- d. basketball

Activity B, iQ Online Resource

Answers will vary.

NOTE-TAKING SKILL

Activity A, B, p. 88

Answers may vary. Possible answers:

3. good for the mind
 - feel happy
 - enjoy life more
 - improves mood
 - minds feel clear and sharp
4. better social life
 - get outdoors
 - spend time with friends
 - make new friends

LISTENING 1

PREVIEW THE LISTENING

Activity A, p. 89

- a. lower stress
- b. concentrate
- c. benefit
- d. brain
- e. skill
- f. active
- g. improve
- h. humans

Activity C, p. 90

Answers will vary.

WORK WITH THE LISTENING

Activity A, B, C, p. 90

Answers may vary. Possible answers:

1. Helps us stay healthy
 - heart goes faster
 - moves blood
 - muscles work hard and become stronger
 - live longer
2. Improves learning
 - "wakes up" our brain
 - concentrate better
3. Brings people together
 - way to make friends
 - skills for life
4. Teaches life skills
 - work
 - school
5. Lowers stress
 - lowers stress
 - helps people relax
6. Makes us feel like a part of a group
 - watching a favorite sports team makes people feel good

Activity D., p. 90

1. f

2. d
3. a
4. c
5. e
6. b

Activity E, pp. 90–91

1. b
2. c
3. c
4. b
5. a

Activity F, p. 91

Answers may vary. Sample answers:

1. T; Many began thousands of years ago in China.
2. F; Sports with a lot of running have important health benefits.
3. F; Exercise helps us feel better and “wakes up” our brains.
4. T; Playing sports helps us learn life skills.
5. F; Watching sports helps lower stress.

SAY WHAT YOU THINK

Say What You Think, p. 92

Answers will vary. Possible answers:

1. Sports and exercise help the body stay healthy. Running makes the heart go faster. Sports make muscles work hard and become stronger. Sports make our brain active.
2. Yes, I concentrate better after I play sports. I feel stronger when I exercise.
3. Being a part of a team is an important life skill. There are benefits to watching sports, not just playing sports.

LISTENING SKILL

Activity A, p. 92

1. The first important benefit
2. One more
3. In addition
4. Finally

LISTENING 2

PREVIEW THE LISTENING

Activity A, pp. 93–94

1. escape
2. coach
3. traditional
4. exciting
5. forget
6. patient
7. protect

Activity C, p. 94

1. Marco: a
2. Eric: c
3. Takumi: d
4. Alex: b

WORK WITH THE LISTENING

Activity A, p. 94

Marco

1. likes being on a team
2. likes to learn from older players
3. improving skills makes him feel good about himself

Eric

1. hockey makes him feel proud of his country (Canada)
2. hockey is a fast, exciting game
3. brings family together

Takumi

1. baseball and soccer are most popular sports in Japan
2. traditional sports: Judo and Karate, improve health, help players to concentrate

Alex

1. staying healthy important
2. exercises by himself

3. escape from the rest of the world
4. forget about his problems

Activity C, D., p. 95

1. f, g
2. c, h
3. d, e
4. a, b

Activity E, pp. 95–96

Answers may vary. Sample answers:

1. Marco just joined the soccer team this year.
2. They practice every day after school for two hours.
3. Eric likes hockey because it is a fast, exciting game.
4. Eric watches hockey games with his brother and father.
5. Takumi says baseball and soccer are the most popular sports.
6. They must learn how to fight and protect themselves from danger.
7. Alex exercises every day.
8. He likes to swim and run, but cycling is his favorite sport.

SAY WHAT YOU THINK

Activity A, p. 96

Answers will vary. Possible answers:

1. Yes, I enjoy sports; sports and exercise are fun and keep me healthy.
2. I am most similar to Marco because I play soccer with my friends.
3. Sports help me make friends.

Activity B, p. 96

Answers will vary. Possible answers:

1. Camel racing is a traditional sport, but soccer is the most popular sport now.

2. The national soccer team makes me feel proud of our country. They work hard and sometimes win championships.
3. Some popular sports for children are baseball and soccer. If they get involved in sports, it's usually around age ten to twelve. I think there is some pressure for kids to be good at sports if they want to earn sports scholarships later.

VOCABULARY SKILL

Activity A, B, pp. 97–98

1. 1
2. 1
3. 2
4. 4
5. 1

GRAMMAR

Activity A, pp. 99–100

1. Being
2. Improving
3. seeing; watching
4. Learning
5. Staying; exercising; cycling

Activity B, C, p. 100

Answers will vary. Sample answers:

1. Exercising helps me stay healthy.
2. Joining a new sport always makes me feel happy.
3. I love watching my favorite sports team.
4. Playing soccer helps me relax.
5. Being a part of a team is like having another family.

PRONUNCIATION

Activity A, p. 101

1. C
2. I

Listening and Speaking 1
Unit 5 Student Book Answer Key

Q: Skills for Success
Second Edition

3. I
4. C
5. C
6. Y/N
7. C

Activity B, p. 102

1. Are you better at playing tennis or baseball?
2. Who is your favorite athlete?
3. What is an example of a traditional sport from your country?
4. Is your favorite athlete from your country or another country?
5. Do you exercise outside, or do you go to the gym?
6. Do you enjoy watching sports on TV?
7. What kind of sports do you like better, winter sports or summer sports?

4. Do you prefer soccer or volleyball?
5. Which do you like better, indoor volleyball or beach volleyball?
6. Who are your favorite volleyball players?

SPEAKING SKILL

Activity A, B, p. 102

Answers will vary. Example answers:

1. What are some traditional sports in your country?
2. How do you feel about watching sports on TV?
3. What do you think of gyms?

UNIT ASSIGNMENT

Consider the Ideas, iQ Online Resource

1. What kinds of sports do you like to do?
2. What do you think of our university soccer team?
3. Why do you like volleyball?