

Allergy حساسية	noun	a medical condition that causes you to react badly or feel ill/sick when you eat or touch a substance
Analgesic مخفض الالم	noun	that reduces pain
Clinic وقت العمل	noun	a period during which doctors give special medical treatment or advice
Concern قلق	verb	to be of interest or importance to; affect; involve
Fatigue تعب، اجهاد	noun	a feeling of being extremely tired, usually because of hard work or exercise
Illness مرض	noun	the state of being physically or mentally ill
Injection حقنه	noun	a process which puts liquid into the body using a syringe
Nausea غثيان	noun	the feeling that you have when you want to vomit, for example because you are ill/sick or are disgusted by something
Pill قرص (حبة الدواء)	noun	a small flat round piece of medicine that you swallow without chewing it
Vaccination تطعيمات	noun	a treatment designed to prevent infection by a specific disease or diseases
Advise ينصح	verb	to tell somebody what you think they should do in a situation
Assess يقيم	verb	to make a judgement about the nature or quality of somebody/something
Check يتحقق	verb	to examine something to see if it is correct, safe or acceptable
Detect الكشف، ضبط	verb	to discover or notice something, especially something that is not easy to see, hear, etc.
Examine يفحص	verb	to consider or study an idea, a subject, etc. very carefully
Explain يشرح	verb	to tell somebody about something in a way that makes it easy to understand

Help يساعد	verb	to make it easier or possible for somebody to do something by doing something for them or by giving them something that they need
Manage يدير	verb	to succeed in doing something, especially something difficult
Minimize يقلل	verb	to reduce something, especially something bad, to the lowest possible level
Refer يشير	verb	to direct to another specialty
Renew يجدد	verb	to change something that is old or damaged and replace it with something new of the same kind
Support يدعم	verb	to help or encourage somebody/something by saying or showing that you agree with them/it
Verify يتحقق	verb	to check that something is true or accurate
Outline يلخص	verb	to give a description of the main facts or points involved in something
Update يحدث	verb	to give somebody the most recent information about something; to add the most recent information to something
Reduce يخفض	verb	to make something less or smaller in size, quantity, price, etc.
Evaluate يقيم	verb	to form an opinion of the amount, value or quality of something after thinking about it carefully
Find يجد	verb	to discover somebody/something unexpectedly or by chance
Transfer ينقل	verb	to move from one place to another; to move something/somebody from one place to another
look at ينظر الى (يفحص)	verb	to view or consider something in a way
Sympathize يتعاطف	verb	to show that you understand and feel sorry about somebody's problems
Assist يساعد	verb	to help somebody to do something

Recommend يرجح	verb	to advise a course of action; to advise somebody to do something
Control يتحكم	verb	the act of restricting, limiting or managing something; a method of doing this
diabetes mellitus النوع الثاني من السكري	noun	a medical condition which makes the patient produce a lot of urine and feel very thirsty.
breast cancer سرطان الثدي	noun	a serious disease in which growths of cells, also called cancers, form in the body and kill normal body cells. The disease often causes death.
heart attack نوبة القلب	noun	a sudden serious medical condition in which the heart stops working normally, sometimes causing death
Migraine صداع نصفي	noun	a very severe type of headache which often makes a person feel sick and have difficulty in seeing
stomach ulcer قرحة المعدة	noun	also known as gastric ulcers, are open sores that develop on the lining of the stomach.
Stroke سكتة دماغية	noun	occurs when the blood supply to part of your brain is interrupted or reduced, depriving brain tissue of oxygen and nutrients; which can cause death or the loss of the ability to move or to speak clearly
Screening فحص	noun	tests are carried out for a specific condition at regular intervals
Profiling	noun	identifying patients likely to develop specific conditions using data from patient records
lifestyle modification تعديل نمط الحياة	noun	providing advice and encouragement to patients on how to change their behavior to improve their health
self-management الإدارة الذاتية	noun	the management of a condition by the patients themselves, especially common in diabetes
false positives	noun	test results incorrectly indicating the presence of disease

Concept مفهوم	noun	an idea, a belief or an understanding of something
Associated مرتبط	noun	linked or connected
Required مطلوب	noun	needed
Modification تعديل	noun	change
Prompt يستعجل	verb	speedy/early
Intervals فترات	noun	periods
Data بيانات	noun	information
Suitable مناسب	adjective	appropriate
Upsetting مزعج	adjective	distressing
Substantial اساسي	adjective	significant
barrier contraceptive حاجز منع الحمل	noun	devices that stop someone from becoming pregnant or catching sexually transmitted infections
family planning خطة العائلة	noun	controlling the number of children using birth control
health hazard خطر الصحة (نفس اللي تحت بس هذي اقوى)	noun	a danger or a risk to a person's health
health risk خطرة الصحة	noun	something that could cause harm to people's health; e.g., diabetes, hypertension
occupational injury إصابة مهنية	noun	harm done to a person's body while working
population- wide انتشار او توزيع السكان	noun	related to the whole of the population
work related مرتبط بالعمل	noun	connected with work
Eliminate يقضي	verb	to remove or get rid of something/somebody
Eradicate يبيد	verb	to destroy or get rid of something completely, especially something bad

Fatal قاتل	noun	causing or ending in death
Infect يعدي	verb	to make a disease or an illness spread to a person, an animal or a plant
Prevent يمنع	verb	to stop something happening/someone doing something
Transmit نقل المرض	verb	to pass something on from one person to another
Preconception فكرة مبلورة مسبقاً	noun	an idea or opinion that is formed before you have enough information or experience
Promotion ترقية	noun	attempting to make something acceptable to people
Prevalence انتشار	noun	The total number of cases of a disease in a given population at a specific time.
Obesity سمنة (مضرة)	noun	the quality or fact of being very fat, in a way that is not healthy
climate change تغير المناخ	noun	changes in the earth's weather, including changes in temperature, wind patterns and rainfall, especially the increase in the temperature of the earth's atmosphere that is caused by the increase of gases, especially carbon dioxide
Calculate يحسب	verb	to use numbers to find out a total number, amount, distance, etc.
Calorie سعرات حرارية	noun	a unit for measuring how much energy food will produce
Medical طبي	noun	connected with ways of treating illness that do not involve cutting the body
Overweight زيادة الوزن	noun	(of people) too heavy and fat
Vitamin فيتامين	noun	a natural substance found in food that is an essential part of what humans and animals eat to help them grow and stay healthy.
childhood obesity سمنة الطفولة المبكرة	noun	is a weight well above the average for a child's height and age?

heat stroke ضربة الشمس	noun	also known as sun stroke, is a type of severe heat illness that results in a body temperature greater than 40.0 °C (104.0 °F) and confusion. Other symptoms include red, dry or damp skin, headache, and dizziness.
physical activity النشاطات الجسدية	noun	simply means movement of the body that uses energy. Walking, gardening, briskly pushing a baby stroller, climbing the stairs, playing soccer, or dancing the night away are all good examples of being active
vector-borne disease الامراض المنقولة بالنواقل (مثل الحشرات)	noun	illnesses that are transmitted by vectors, which include mosquitoes, ticks, and fleas. These vectors can carry infective pathogens such as viruses, bacteria, and protozoa, which can be transferred from one host (carrier) to another.
gender gap الفجوة بين الجنسين	noun	the difference that separates men and women, in terms of attitudes, opportunities and status
Actually في الواقع	adverb	used in speaking to emphasize a fact or a comment, or that something is true
Generally عمومًا	adverb	without discussing the details of something
Usually غالبًا	adverb	in the way that is usual or normal; most often
Fundamentally اساسًا، في الاساس	adverb	used when you are saying what is the most important thing about somebody/something
Crucially يشكل حاسم	adverb	in a way that is extremely important
Flooding فيضان	noun	large amounts of water covering an area that is usually dry; the fact of this happening
Heatwaves موجات الحرارة	noun	a period of unusually hot weather
Drought جاف	noun	a long period of time when there is little or no rain
Emphysema انتفاخ الرئة	noun	a condition that affects the lungs, making it difficult to breathe
Epidemic وباء	noun	with large numbers of cases occurring at the same time in a community

Eradication ابادة	noun	the act of destroying or getting rid of something completely, especially something bad
Legislation تشريع	noun	the processes of making and passing laws
Osteoarthritis في العمود الفقري	noun	a disease that causes painful swelling and permanent damage in the joints of the body, especially the hips, knees and thumbs
Phenomenon حادثة غريبة	noun	a fact or an event in nature or society, especially one that is not fully understood
Pollutant ملوثات	noun	a substance that pollutes something, especially air and water
Salmonella (اسم بكتيريا)	noun	a type of bacteria that makes people sick if they eat infected food; an illness caused by these bacteria
infant mortality وفاة حديثي الولادة	noun	refers to deaths of young children, typically those less than one year of age.
ethnic origin (العرقى (يعنى اصلك)	noun	an attempt to classify people, not according to their current nationality, but according to commonalities in their social background
maternal mortality وفيات الأمهات (اثناء الولادة)	noun	Complications during pregnancy and childbirth are a leading cause of death and disability among women of reproductive age in developing countries.
middle-income متوسط الدخل	noun	having an income that is not low and not high
public health الصحة العامة	noun	<u>The</u> science and practice of protecting and improving the health of a community, as by preventive medicine, health education, control of communicable diseases, application of sanitary measures, and monitoring of environmental hazards.
respiratory disorder اضطرابات الجهاز التنفسي	noun	a disease affecting the respiratory system; e.g., asthma, whooping cough, emphysema, etc.

human rights حقوق الانسان	noun	one of the basic rights that everyone must be treated fairly and not in a cruel way, especially by their government
blinding إخفاء الشيء	noun	to hide the true nature of treatment
Evidence دليل	noun	facts or physical signs that help prove something
Intervention تدخل	noun	action taken to improve or help a situation
meta-analysis التحليل البعدي	noun	analysis that combines the results of several studies
Placebo دواء وهمي	noun	a treatment or intervention which does not contain an active ingredient (often some type of sugar pill)
Randomize بشكل عشوائي	verb	arrange without a pattern, assigning participants in trials and in different groups
Significance أهمية	noun	importance
Validate التحقق من صحة	verb	to ensure that a test or procedure is accurate; to officially prove that something is true or correct
Brilliant متألق	adjective	extremely clever or impressive
Collapse تدهور	verb	to fall or fall in suddenly, often after breaking apart
Enormous ضخم	adjective	extremely large
Huge هائل	adjective	extremely large or amount; great in degree
Insignificant ضئيل	adjective	not big or valuable enough to be considered important
Massive كبير جداً	adjective	very large, heavy and solid
Minimal أدني	adjective	very small in size or amount; as small as possible
Outstanding امتياز	adjective	extremely good; excellent

Plummet انهيار	verb	to fall suddenly and quickly from a high level or position
Plunge يسقط	verb	to decrease suddenly and quickly
Rocket قذيفة، انطلق بسرعة	verb/noun	goes high into the air
Significant كبير ومهم	adjective	large or important enough to have an effect or to be noticed
Slump ركود	verb	to sit or fall heavily
Soar حلق	verb	to rise quickly and smoothly up into the air
Superb رائع، فخم	adjective	excellent; of very good quality
Tremendous هائل	adjective	extremely good

اجتهاد شخصي من أستاذة

الترجمة اجتهاد شخصي من طالبات

ان أصبنا فمن الله وان اخطئنا فمن أنفسنا والشيطان

بالتوفيق

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