

The Q Classroom

Activity A, p. 142

Answers will vary. Possible answers:

1. insects, animals, hospitals, heights, enclosed spaces, crowds, amusement park rides, driving, deep water
2. students may say they enjoy the feeling of fear because it's exciting.
3. The diver is swimming with sharks. I do not think this person is afraid. He looks safe in the cage.

Activity B, p. 143

1. They discuss fear of spiders, being on airplanes, and dangerous sports.
2. *Answers will vary. Possible answers:* dangerous animals, heights, traffic, etc.
3. *Answers will vary. Possible answers:* it can be fun to be afraid sometimes, overcoming a fear can make you stronger

PREVIEW THE UNIT

Activity A, iQ Online Resource

Answers will vary.

Activity B, iQ Online Resource

Answers will vary.

Activity C, iQ Online Resource

Answers will vary.

NOTE-TAKING SKILL

Activity A, p.145

Answers will vary. Possible answer:

Questions/ Key words	Notes
First novel	Wife—Tabitha, picked <i>Carrie</i> from trash.—“not to give

King’s career	up.” King wrkd more <i>Carrie</i> accepted by major pub. comp. 1974—inst. scsss King wrote >30 novels
What is King afraid of?	writes scary novels fears: rats, snakes, dark

Summary: *Carrie* would not have been published if his wife, Tabitha, had not picked it up from the trash. *Carrie* was pub. in 1974, the 1st of >30 novels. King writes scary novels but has fears himself.

LISTENING 1

PREVIEW THE LISTENING

Activity A, pp. 146–147

1. strength
2. phobia
3. sweat
4. get over
5. purpose
6. panic
7. anxiety

Vocabulary Skill Review, p. 146

Students should circle:

build strength, change your attitude, taking tests, public speaking, stay calm, feel anxiety

Activity C, p. 147

Answers will vary.

WORK WITH THE LISTENING

Activity A, pp. 147-148

Questions/ Key words	Notes
What is fear?	emotion (happiness, sadness, love) feel when <u>we believe we’re in danger</u> diffrent people afraid of diffrent thngs
Types of fear	anxiety (worry) – common fear abt somethng may happn in

	<p>future panic - <u>sudden, strong feeling of fear</u> phobia – <u>very strong fear of prtculr person, place, or thng</u></p>
	<p>Imp*: Fear isn't <u>always bad</u>. Some people <u>enjoy fear</u>.</p>
Effects of fear	<p>When you 1st feel fear - <u>brain makes chems, that cause phys. reaction</u> Body gets <u>warmer, sweat</u> might hear <u>heartbeat, feel in chest</u></p>
Purpose of fear	<p>body <u>strong, tight all over</u> may be able to do amzing thngs, for ex, <u>see, smell, hear very well, lift smthng very heavy</u> Many stories abt <u>people lifting very heavy thngs to save people</u></p>

Summary: Fear is an emotion, like sadness or love. We feel it when we believe we're in danger. People fear different things. Anxiety is a common fear about something that may happen. Panic is a sudden, strong feeling of fear. A phobia is a very strong fear of a particular person or thing. Fear isn't always bad, and some people enjoy it. When you first feel fear, your brain makes chemicals that cause physical reactions. You get warmer and sweat. You may hear your heartbeat and feel it in your chest. Your body gets strong and tight all over. You may be able to do amazing things, like seeing, smelling, or hearing very well. Many people have lifted very heavy things to save others. The purpose of fear is to protect us from danger.

Activity C, p. 148

1. F; Fear is like other emotions, such as happiness or sadness.
2. T
3. F; One person may be afraid of flying in an airplane, but another person may have no fear at all of flying.

4. T
5. T
6. F; Fear isn't always bad; some people enjoy it.

Activity D, p. 149

1. different
2. money
3. strong
4. phobias
5. make chemicals
6. warmer
7. strong and tight
8. strength

Activity E, p. 149

1. Pa
2. A
3. Ph
4. A
5. Ph
6. Pa

SAY WHAT YOU THINK

Say What You Think, p. 149

Answers will vary. Possible answers:

1. Anxiety: money, work, relationships; Panic: during an accident or emergency; Phobia: animals, insects, small spaces
2. skydiving, riding a roller coaster, race car driving, mountain climbing, downhill skiing, skateboarding

LISTENING SKILL

Activity A, p. 150

Answers may vary. Sample answers:

1. happiness, sadness, love, fear
2. flying in an airplane
3. snakes, spiders
4. being in a high place or a closed space

5. see, smell, or hear very well; lift very heavy things
6. go on fast rides, drive fast, do adventure sports

LISTENING 2

PREVIEW THE LISTENING

Activity A, p. 151

1. a
2. b
3. a
4. b
5. a
6. a
7. b
8. a

WORK WITH THE LISTENING

Activity A, B, p. 152

Questions/ Key words	Notes
What is Marcie's phobia?	terrified of high places
How did it start?	12 y.o. nightmare— falling frm. top of tall bdg. ovr city.
situations afraid of	above ground, hiking, tall bdfs
negative effect on life	friends—can't go rock climbing job—ideal job, ovr bridge
How can she get over her phobia?	stop avoiding things, visit high places, doctor help, look at pics of high places, get used to it

Summary: Marcie has a phobia of high places. It started when she was young. She is afraid of being above ground, hiking, tall bdfs,. It's not normal. It affects her life—friends, jobs. Doctor will help her get over phobia by not avoiding it.

Activity D, p. 152

Students should check 1, 3, 4, and 6.

Activity E, p. 152

Answers may vary. Sample answers:

1. She has trouble sleeping.
2. She can't do many things she wants to.
3. She can't do some things with her friends.
4. She can't apply for a job that requires her to travel over a bridge.

Activity F, p. 153

1. a
2. b
3. c
4. c
5. a
6. a
7. b
8. c

SAY WHAT YOU THINK

Activity A, p. 154

Answers will vary. Possible answers:

1. Yes, because the doctor is going to help her, and she wants to change. / No, because her phobia is very extreme.
2. Students may talk about a phobia that a friend or family member has, such as a fear of spiders. The person may be seeing a therapist or may be trying to get over it on their own.

Activity B, p. 154

Answers will vary. Possible answers:

1. Ways fear can be good: it protects you from danger; it's exciting
Ways fear can be bad: it prevents

you from doing things you want to; it interferes with your life

2. Some fears are reasonable and protect you from danger or prevent you from taking excessive risks; other fears are bad because they are unreasonable and they limit your opportunities in life.

VOCABULARY SKILL

Activity A, p. 155

1. When I woke up, I was sweating and shaking like a leaf.
2. I can't stand being up above the ground.
3. You can say that again. It really makes my life difficult.
4. So, I guess I'll just keep the job I have—even though my boss drives me crazy.
5. You may have a hard time looking at the photos at first.
6. You will get used to it before you know it.

Activity B., p. 155

1. c
2. e
3. f
4. a
5. d
6. b

GRAMMAR

Activity A, p. 156

1. so
2. such
3. so
4. so
5. such
6. such
7. so
8. such

Activity B, p. 157

Sentences may vary.

1. I was so scared!
2. It was such a big snake.
3. I watched such a scary program on TV.
4. I used to be so afraid of public speaking when I was younger.
5. I was so worried about you!
6. That was such a long flight.
7. The music is so loud!
8. This is such an important test.

PRONUNCIATION

Activity A, p. 158

- /w/ 1. Are you afraid of bats?
/y/ 2. Why are you scared of snakes?
/w/ 3. Julio is afraid of high places.
/y/ 4. She always screams when she hears thunder.
/w/ 5. Do you know anyone here?
/y/ 6. He is making me nervous.
/y/ 7. I don't see anyone I know here.
/y/ 8. I know three other people who have a phobia of closed spaces.

SPEAKING SKILL

Activity A, pp. 158–159

1. No kidding!
2. I'm sorry to hear that.
3. That's wonderful.
4. How awful.
5. No way!

Activity B, pp. 159–160

Answers may vary. Sample answers:

1. Are you serious?
I'm glad to hear that.
2. I'm sorry to hear that.
That's wonderful.
3. No kidding!
I'm sorry to hear that.

UNIT ASSIGNMENT

Consider the Ideas, iQ Online Resource

When and where it happened — last
summer, camping trip, Green
Mountains

Who was there — Mark, Julian, and Jake

What happened — They heard a noise (a
black bear) outside the tent.

How they felt — Mark panicked. Julian
and Jake stayed calm.

What they did — Julian and Jake tried to
use their cell phones to call for help.

How the story ended — Jake played his
radio loud and scared the bear away.