

الجمهورية العربية السورية
وزارة التربية
المركز الوطني لتطوير المناهج التربوية

Grade five

English

Presented by Miss Ruba Ibrahim

Pupil's Book

5






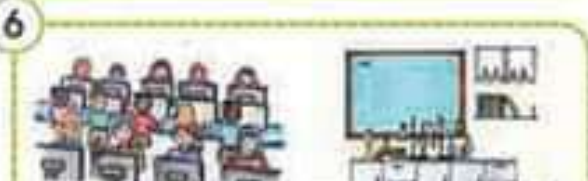
2021 - 2022



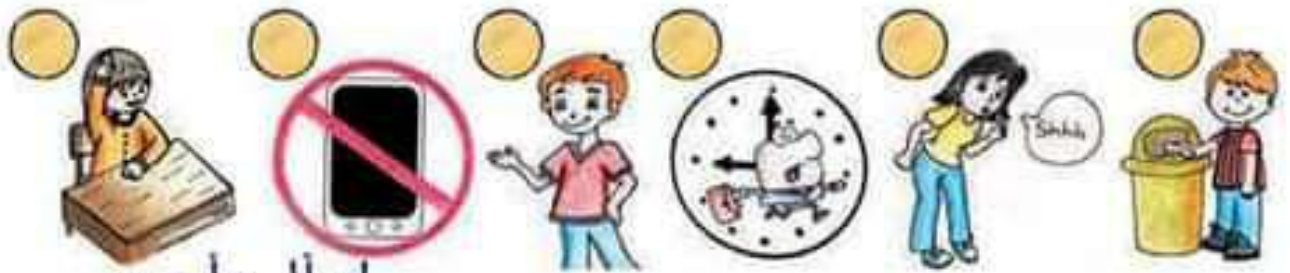
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استمع واختار

1 Listen and choose a or b.

<p>1</p>  <p>عَرَفَة صَف a. classroom مخبر علوم b. science lab</p>	<p>2</p>  <p>مخبر كمبيوتر a. computer lab ملعب b. playground</p>
<p>3</p>  <p>ملعب a. playground مكتبة b. library</p>	<p>4</p>  <p>حمام a. bathroom عَرَفَة صَف b. classroom</p>
<p>5</p>  <p>مخبر علوم a. science lab حمام b. bathroom</p>	<p>6</p>  <p>مخبر كمبيوتر a. computer lab مخبر علوم b. science lab</p>

2 Listen and number. استمع ورقم



3 Ask and answer: اسأل وأجب

Where do you have science?
اين تتلقى العلوم



I have science in the science lab.
اتلقى العلوم في مختبر العلوم

Pronunciation. Silent "h"
ماذا متى لماذا
what when why

ساعة أمين فخر
hour honest honour

تمرّن مع شريك

4 Practise with a partner.



لا تركزض في الممر
Don't run in the corridor,
you have to walk.

عليك ان تمشي



5 Before you read, examine the chart and fill in the blanks.

المدرسة	School	حضانة	ابتدائي اساسي	ثانوي
الصف	Grade	KG.1- 2 - 3	Basic / primary	Secondary

- a Lili is 4 years old, she is in the **Nursery** school.
b Anna is 13 years old, she is in the **primary** school.
c Adam is 7 years old, he is in the **Basic** school.
d Rasha is 17 years old, she is in the **Secondary** school.

6 Read and do the tasks below.

عندما يكونون في الثالثة الاولاد يذهبون الى الحضانة في بريطانيا

In Britain, children go to nursery school when they are three. All children have to go to primary school when they are five and then to secondary school when they are eleven. They have to take special exams when they are eighteen to go to university.

يذهبون للحضانة في عمر ٣ على كل حال الاولاد في سوريا

However, in Syria children go to nursery school at the age of three. All children have to go to the basic school when they are six. Then they begin the secondary school at age of fifteen. In order to go to university, they have to pass special exams.

كل الاطفال عليهم ان يذهبوا الى المدرسة الابتدائية عندما يكونون في الخامسة ثم الى الثانوية عندما يكونون في ١١

a Fill in the chart with the age.

عليهم ان يجروا فحوصات خاصة عندما يكونون في ١٨ ليذهبوا للجامعة

	Nursery	Basic/ Primary	Secondary
Syria	3	6	15
Britain	3	5	11

b Write true (T) or false (F).

في بريطانيا الطلاب يذهبون الى الابتدائية عندما يكونون في ١١

a In Britain, students go to primary school when they are six. X

b In Syria, students go to nursery school then to basic school. ✓

c Both in Britain and Syria, they have to take special exams to go to university. ✓

I / we / they / you **have to**

يجب علي ان استمع للمعلم

• I **have to** listen to the teacher.

هل يجب ان نرتدي بدلة المدرسة

• Do **we have to** wear a school uniform?

Yes, we **do**. نعم يجب

No, we **don't**. كلا لا يجب.

• You **don't have to** bring a sandwich with you. There's a canteen here.

لا يجب ان تحضر سندويشة يوجد

مطعم صغير هنا

He / she / it **has to**

• He **has to** listen to the teacher.

• Does she **have to** wear a school uniform?

Yes, she **does**.

No, she **doesn't**.

• He **doesn't have to** bring a sandwich with him. There's a canteen here.

7 Circle the correct word.



1. What do you **has to** / **have to** do in the classroom?

3. Do you **has to** / **have to** do your homework at school?

5. Does Nadia **have to** / **has to** wear a skirt and a jacket?

2. We **have to** / **has to** arrive on time.

4. No, we **doesn't** / **don't** have to do our homework at school, we **has to** / **have to** do it at home.

6. Yes, she has to **wear** / **wears** a skirt and a jacket.



8 Put the words in the right order.

- 1 We / please / have / say / to / thank / and / you
 2 don't / to / We / have / homework / at / do / school.
 3 you / Do / follow / have / instructions / to?
 4 has / She / uniform. / wear / a / to / school

9 Write your classroom rules.

- We have to wear school uniform
- We have to listen to our teacher
- We have to arrive on time

العائلة

2

Family

حسب السبي دي

1 Listen to Nina and her family and tick.

This is my family



اب Father
 اخت Sister
 جدة Grandmother
 ام Mother
 اخ Brother
 جد Grandfather
 زوج Husband

خال Uncle
 عم
 حالة Aunt
 عمة
 زوجة Wife
 ابنة ابنت
 ابنة Daughter
 خال/عم Cousin
 ابن Son

2 Listen again and match.

- a Sue is Nina's
 b Ben is Clark's
 c John and Lucy are Nina's
 d Marc is Nina's
 e Clark is Sue's

grandparents
 mother
 brother
 husband
 son

سب السبي
 دي

3 Ask and answer.

تحدث عن عائلتك

Tell me about your family



كم لديك اخ واخوات

How many brothers and sisters have you got?



اتييت من عائلة صغيرة

I come from a small family.

اتييت من عائلة كبيرة

I come from a big family.

لدي اخ واحد

I've got one brother.

لدي اختان

I've got two sisters.

لدي اخ واختان

I've got one brother and two sisters.

I am an only child.

انا ولد وحيد

Pronunciation.

a:

father

aunt

عمة/خاله

i:

ابنة اخت

niece

قطعة

piece

اسألهم اسئلة قابل ٣ اشخاص في صفك

4 Interview three pupils in your classroom. Ask them the questions you've practiced. كنت قد تمرنت

Q: Hi. What's your name?

A: My name's Hiba / Ahmed اسم الشخص

Name	Family size	Brother / Brothers	Sister / sisters
Ali	small	one brother	no sisters
Hiba	big	Two brothers	three sisters
Younes	small	no brothers	one sister

5 Before you read, complete the table with family relationships.

male	father	brother	uncle	husband	son	cousin	nephew	grandfather
female	mother	sister	aunt	Wife	daughter	cousin	niece	grandmother

6 Read and do the tasks below.

عمري ١٠ سنوات مرحبا اسمي جون

Hello! My name is John. I am ten

years old and I am from Canada. I am

going to introduce my lovely family

to you. It is quite big and we are very

happy. My mother's name is Liza

and my father's name is Peter. My

mother has got black hair and she is

very kind. My father is tall and he is a

very funny person. My parents have

got two children. My baby sister

Ladra and me. Laura is only one-

year-old. My father has got a sister.

Her name is Olivia. She is my aunt.

My mother has got a brother. His

name is Richard. He is my uncle. My

grandparents are Kevin and Carla.

We've got two pets, a cat called Lucy

and a dog called Puppy. He is my

favourite! وكلب يدعى بوبي

هو المفضل عندي



الآن اكتب أسماء عناصر العائلة الفوق

a Now write the family members' names above.

b Write true (T) or false (F).

- 1 Carla is Kevin's wife. T
- 2 Laura is Olivia's sister. F
- 3 Liza and Peter are John's parents. T
- 4 Richard is Laura's uncle. T
- 5 John's cat is called Puppy. F

ملاحظة الجمع النظامي توضع الفاصلة بعدي
الجمع الشاذ توضع s والفاصلة قبل s

LET'S
LEARN

انه عم لارا
He is **Lara's** uncle.

انهم العاب الاولاد
Those are the **children's** toys.

She is **Charles's** mother.
انها ام تشارلز

These are the **students' books**.
انهم كتب الطلاب

اكمل الجمل مستخدما الملكية

7 Complete the sentences using the possessive ('s).

- 1 I forget my books in (**my aunt / house**). my aunt's house
- 2 (**Women / bags**) are made of leather. **Women's** bags are made of leather
- 3 (**Hani / shoes**) are black. **Hani's** shoes are black
- 4 (**Giraffes / necks**) are very long. **Giraffes'** necks are very long

8 Complete the table with the right family member.
اكمل الجدول بعنصر العائلة الصحيح

aunt, brother, children, cousins, daughter, father, grandchildren
granddaughter, grandfather, grandmother, grandparents, grandson
husband, mother, nephew, niece, parents, sister, son, uncle, wife

ذكر male		انثى female		جمع plural	
brother	husband	aunt	mother	Children	grandchildren
father	nephew	daughter	niece	cousins	grandparents
grandfather	son	granddaughter	sister	parents	
grandson	uncle	grandmother	wife		

9 Complete the table with the right family member.

My name is Ruba I'm 10 years old. My mother's name is Hiba She is a / an teacher My father's name is Ali He is a / an doctor My grandmother's name is Hind My grandfather's name is Wesam My sister's name is Lubna She is a / an student My brother's name is Ali He is a / an engineer I have a pet. It is a rabbit My pet's name is Lolo

الروتين اليومي

3

Daily Routines

استمع واختار

1 Listen and choose a or b.



انهرض الساعة ٦ تماما

- a. I get up at 6:00.
b. I don't get up at 6:00.



- a. I don't have a shower.
b. I have a shower.

لدي حمام



- a. I don't pack my bag.
b. I pack my bag.

احزم حقبتي



- a. She sets the table.
b. She doesn't set the table.



- a. I chat online.
b. I don't chat online.



- a. I don't go to bed late.
b. I go to bed late.

2 Listen and circle.

اذهب للسوبر متاخر
انا ادردش على النت
حسب السبي دي

Hi, I am Eve. My mom (1) **always** / **never** wakes me up at six o'clock. I have a shower and get dressed, then I pack my bag and leave to school at eight o'clock. In the afternoon, I (2) **usually** / **always** do my homework and I (3) **sometimes** / **never** play computer games. In the evening, my mom cooks dinner and I usually set the table. Then I (4) **sometimes** / **usually** chat with my friends online before I go to bed. I (5) **never** / **sometimes** go to bed late. I (6) **always** / **usually** sleep at nine o'clock.

ماذا تفعل عادة في الصباح

3 Ask and answer

ماذا تفعل دائما في الصباح

What do you usually do.....?



ماذا تفعل عادة في المساء

ماذا تفعل دائما في المساء

What do you always do.....?

ماذا تفعل عادة في الظهر

In the morning

In the afternoon

In the evening

ماذا تفعل دائما في الظهر

a What do you usually do in the morning?

b I usually have breakfast.

a What do you always do in the evening?

b I always go to bed early.

Pronunciation.

نكتب جملتين للحل

لا قنبلة
not hot bomb

حصان قانون مسك
horse law caught

4 Practise with a partner.

متى تذهب للمدرسة

اذهب للمدرسة الساعة الثامنة الا

What time do you go to school?



I go to school at twenty to eight.

5 Before you read, examine the chart and fill in the blanks.

	Sun	Mon	Tues	Wed	Thur
Always	✓	✓	✓	✓	✓
Usually	✓	✓	✓	✓	×
Sometimes	✓	×	✓	×	✓
Never	×	×	×	×	×

- I always get up at six o'clock.
✓✓✓✓✓
- I usually do my homework in the afternoon.
✓✓✓✓×
- I sometimes chat with my friends online.
✓×✓×✓
- I never go to bed late.
×××××

6 Read and do the tasks below.

انا عادة اخذ حمام لا انهض باكرا انها عطلة احب الجمعة انا ميرا
 I am Mira. I love Friday. It's a holiday. I don't get up early. I usually take a shower
 and have breakfast with my family. Then I tidy my room and my mother cleans
 the house, she doesn't ask me to help her. In the afternoon, I sometimes go out
 with my family on a picnic. We like to spend time together. In the evening, my
 father watches the news. My mother doesn't watch the news, she cooks dinner
 and does some housework. We never go to bed early on Thursdays so we always
 watch a film after dinner.
 لذلك دائما نشاهد فلن بعد العشاء

a Write true (T) or false (F).

- Mira likes weekends. T
- She doesn't tidy her bedroom. F
- Her mother doesn't cook dinner. F
- Her dad watches the news. T
- Mira goes to bed early on Saturdays. T

ميرا تذهب للسريز باكرا ايام السبت

b Tell who

- loves Friday. Mira
- cleans the house. My mother
- doesn't watch news. My mother
- cooks dinner. My mother
- goes to bed early. Mira

تذهب للسريز باكرا

I / you / we / they

- اشرب الحليب في الصباح
 • I **drink** milk in the morning.
 أنا لا اشرب الحليب في الصباح
 • I **don't** drink milk in the morning.
 هل تشرب الحليب في الصباح
 • **Do** you drink milk in the morning?

He / she / it

- He **drinks** milk in the morning. V1
 • He **doesn't** drink milk in the morning. V1
 • **Does** he **drink** milk in the morning?

7 Choose between brackets.

- ليلي لاتعزف البيانو في الليل
 1 Lili never (**play** - **plays**) the piano at night
 هل يذهبون للمسبح يوم الجمعة
 2 (**Does** - **Do**) they go to the swimming pool on Fridays?
 طوني دائما يتناول العشاء
 3 Toni always (**have** - **has**) dinner.
 رضا وتالين يساعدان امهم في المطبخ
 4 Rida and Talin (**help** - **helps**) their mom in the kitchen.
 نحن لانذهب الى المدرسة بالياص
 5 We (**doesn't** - **don't**) go to school by bus.
 هل هي تلعب كرة السلة
 6 (**Does** - **Do**) she play basketball?

8 Put the words in the right order.

- انا عادة احزم حقيبتي في المساء
 1 evening. / usually / pack / the / I / bag / my / in
I usually pack my bag in the evening
 احيانا لانتناول الفطور
 2 Sometimes / breakfast, / don't / we / have
We don't sometimes have breakfast
 هل يذهبون الى المدرسة مشيا على الاقدام
 3 they / Do / go / on / school / to / foot?
Do they go to school on foot?
 جاد دائما يلعب كرة القدم كل نهاية اسبوع
 4 Jad / football / always / every / plays / weekend.
Jad always plays football every weekend

9 Write sentences about your daily routine.

- 1 I usually wake up at six o'clock in the morning.
 2 I sometimes **have breakfast at seven o'clock**
 3 I **always do my homework** in the afternoon.
 4 I **often watch T.V** in the evening

4

The Five Senses

اول صفحة حسب السي دي

1 Listen and choose.

- | | | | |
|--|----------|---------|----------|
| 1 My car is طعم الليمون | a yellow | b green | c white |
| 2 Lemons taste سلتلي | a sweet | b sour | c bitter |
| 3 Salma doesn't like هل تسمع العطر music | a loud | b slow | c quiet |
| 4 Do you smell my هل تشم العطر perfume? | a strong | b nice | c cool |
| 5 Jana's hair feels شعر جنا | a soft | b dry | c wet |

2 Listen and number.



3 Look, ask and answer.



هل تحب شم الازهار

Do you like the smell of flowers?

كيف رائحة الازهار

How does the flower smell?

لفظ

Pronunciation.



Yes, I do / No, I don't.

It smells nice.

رائحتها لطيفة

ui = u:

fruit

juice

فواكه

عصير

مبنى

ui = i

building

guitar

غيتار

انظر ووصف

4 Look and describe.

اشم بأنفي

I smell with my nose.



5 Before you read, answer the questions.

- What can you see now? **I can see my teacher**
- What is your favourite food? **My favourite food is pizza**

6 Read the text and do the tasks below.

والسمع والتذوق والشم لمس انهم الرؤية نحن نستعمل حواسنا الخمسة كل يوم
 We use our five senses every day. They are sight, touch, smell, taste and hearing.
 عندما ننظر الى السماء انهم يساعدونا على فهم واستمتاع بالعالم من حولنا
 They help us understand and enjoy the world around us. When we look at the sky,
 نستطيع ان نسمع اصوات المنخفضة والعالية نحن نرى النجوم البعيدة جدا
 we see very far stars. We can hear sounds that are low or loud. We can touch things
 الطعام المختلف لديه طعم مختلف نستطيع ان نلمس الاشياء التي هي ناعمة والقاسية
 that are soft or hard. Different foods have different tastes. Sweet, bitter, bland and
 نشم الازهار والعطر نحن نشم الاشياء الجيدة او السيئة حامض حلو مر
 sour. We smell things that are good or bad. We smell flowers and perfumes. Eyes
 الاذن للسمع الجلد للمس اللسان للتذوق الانف للشم العيون للرؤية
 for sight, nose for smell, tongue for taste, skin for touch ears for hearing.

a Write true (T) or false (F). اكتب صح وخطا

- 1 All foods taste the same. **X**
كل الطعام نفس الطعم
- 2 We can touch flowers. **X**
ايدينا تستطيع فقط ان تشعر بالاشياء الناعمة او الطرية
- 3 Our hands can only feel soft things. **X**
نحن نعرف ان شيء ما حلو عندما نتذوقه
- 4 We know that something is sweet when we taste it. **T**
صل الصفات مع الحواس ثم اكتب صفات اكثر لكل حاسة

b Match the adjectives with the senses then write more adjective for each sense.

bright	delicious	hot	bitter	
sight	smell	hearing	touch	taste
	sweet	cold	soft	
			hard	
			beautiful	

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اسمع الاصوات العالية من الشارع

1 I **hear** loud sounds from the street.

ماذا تسمع
What do you hear?
لمس القطة ناعم

2 The cat **feels** soft.

How **does** it feel?

كيف لمسها

7 Choose the correct answer between brackets.

- 1 Flowers (**smell, smells**) nice. رائحة الازهار لطيفة
- 2 Hot chocolate (**tastes, feels**) sweet.
- 3 How (**do, does**) the jacket feel?
- 4 Lemons don't (**taste, tastes**) salty.
- 5 The music (**sounds, looks**) loud.

8 Complete using wh-questions or full answers.

1 How does wood feel? كيف لمس الخشب

Wood feels hard

2 What sound do you hear?

I hear loud sounds from the street

3 How does sweet taste?

It tastes sweet.

4 What does she look like?

She looks pretty.

9 اكتب عن حواسك الخمس.
Write about the five senses.

لدي حواس خمسة

I have got five senses.

I smell with **my nose**

I **hear** with my ears

I taste with my tongue

I see with my eyes

I touch with my skin

five senses



استمع وصل الاولاد مع اسمائهم

1 Listen and match the children with their names.

Laura

Matt

Robert



Susan

John

2 Listen and repeat.

استمع واعد



بجامة

pyjama



قفازات

gloves



sweater

قميص ثقيل



coat

معطف



blouse

بلوزة



skirt

تنورة

3 Ask and answer.

ماذا ترتدي

What are you wearing?



جرابات وحذاء

انا ارتدي قميص ازرق وبنطال

I'm wearing a blue T-shirt and trousers.

I'm wearing red trainers too.

ارتدي حذاء رياضي احمر ايضا



ارتدي فستان زهري مورق

I'm wearing a floral pink dress, socks and shoes. What are you wearing?

ماذا ترتدي انت

Pronunciation.

i

pin

دبوس

ai

pine

صنوبر

i

fin

زعنفة

ia

fine

بخير

4 Practise with a partner.

ماذا ترتدي

What is she wearing?

ماذا يرتدي

What is he wearing?



a red dress

She's wearing

and red shoes

He's wearing

a yellow shirt
and blue trousers

5 Before you read, match.



5 Read and do the tasks.

Buying Clothes شراء الملابس
رتب الجمل



الزبون

البائع S = salesman

C = customer

S: Good morning, madam. Can I help you?

C: Yes, please. I'm looking for a sweater.

S: What size, madam?

C: Thirty-eight.

S: What colour would you like?

C: I would like a striped red sweater.

S: Will you try this one, please?

The fitting room is over there.

How does it fit?

C: It's perfect. I'll take it.

How much is it?

S: It's 3000 Sp.

C: Here you are. Thank you.

a Order these sentences.

- ...6... It's 3000 Sp.
- ...3... what size are you?
- ...1... How can I help you?
- ...2... I'd like a sweater.
- ...4... medium.
- ...5... How much is it?

a Write true (T) or false (F).

- 1 The woman is looking for a dress.
- 2 She goes shopping in the morning.
- 3 There is only one changing room.
- 4 The sweater costs 2000 Sp.

انا ارتدي تنورة

- I
- I'm wearing a skirt.
 - I'm not wearing shorts.
- انا لا ارتدي شورت
- He / She / It
- She's putting on a sweater.
 - She isn't putting on a scarf.
- نشتري حذاء
- You / We / They
- We're buying shoes.
 - They aren't buying trousers.
- لانشتري بنطال

- wear - wearing
do - doing
study - studying
eat - eating
buy - buying
put - putting
have - having
take - taking
swim - swimming
go - going

7 Read and number.



2

1

3

4

8 Write the punctuation marks.

- هل تشتري جينز جديد
- Are you buying new jeans?
 - She's putting on a shirt, a skirt and red shoes.

- هي ترتدي قميص تنورة وحذاء احمر
- a She is swimming in the river
- b Are they running fast
- c We're buying books magazines and stories
- d Is he watching TV

9 Complete the following.

ارتدي جاكيت في الشتاء

a In winter, I wear a jacket
scarf and gloves

لفحة وقفازات

b In summer, I wear a shirt
a skirt and red shoes

تنورة وحذاء احمر في الصيف ارتدي

1 رنا ترتدي فستان منقط زهري
Rana is wearing a pink dotted dress and blue shoes.

سامي يرتدي قميص اخضر و شورت رمادي و ابان رمض و حذاء بني
Sami is wearing a green T-shirt, grey shorts, white socks and brown shoes.

ناديا ترتدي كنزة حمراء و بنطال رمادي و حذاء احمر
Nadia is wearing blue jacket, blue skirt, white shirt and grey shoes.

4 رامي يرتدي كنزة حمراء و بنطال رمادي و حذاء احمر
Rami is wearing a red sweater, grey trousers and red shoes.

رامي يرتدي كنزة حمراء و بنطال رمادي و حذاء احمر

هي تسبح في النهر هل هم يركضون بسرعة

نحن نشتري الكتب والمجلات والقصص



Revision 1

1 Choose between brackets.

1 What are you wearing?
ماذا ترتدي

2 Where is Sandy's house?
أين منزل ساندي

3 What time do you go to bed?
متى تذهب للسرير

4 Do you like listening to music?
هل تحب الاستماع للموسيقى

5 How much is the dress?
كم سعر القستان

انه 5000 سورية

a It's 5000 SP.
بلوزة زرقاء و تنورة عادية

b A blue blouse and a plain skirt.

c Yes, I do.

d It's by the sea.

e I go to bed at 10:00.

انه بجانب البحر
ذهب للسرير الساعة 10

2 Choose between brackets.

1 What are you?
ما هو قياسك

2 The cake is sweet.
طعم الكاتو حلو

3 I have breakfast at six o'clock.
اتناول فطوري في الصباح

a. in the evening b. in the morning c. at night

4 The flowers are lovely.
رائحة الازهار جميلة

a. listen b. smell c. see

3 Read and complete.

في الشتاء انه بارد وماطر

In winter it gets cold and rainy



انا عادة ارتدي
I usually wear a

جاكيت

jacket



لفحة

a scarf



and I sometimes wear

gloves



واحيانا ارتدي قفازات

في الصيف انه دائما حار ومشمس

In summer, it's always hot and sunny



صديقتي ليلي
My friend Lily

ترتدي فستان منقط

wears dotted dresses



فساتين موردة

and floral dresses



She never wears trousers

لا تلبس بنطال



4 Choose the correct word. اختر الاجابة الصحيحة.

- a He (swam, is swimming) now. هو يسبح الآن.
- b She always (wears, is wearing) colourful clothes. هي دائما ترتدي ملابس ملونه
- c Does he (plays, play) football? هل يلعب كرة القدم
- d (Maha, Maha's) bag is red. حقيبة مها حمراء.
- 5 She (have to, has to) go to school. عليها ان تذهب للمدرسة.

5 Write sentences then draw.

ابي ياخذ صور

- a My father is taking photographs.

امي دائما تطبخ العشاء

- b My mother always cooks dinner.

اخي احيانا يلعب كرة القدم

My brother sometimes plays football

- c (sometimes).

اختي تقرا قصة اليوم

My sister is reading a story today

- d (today).

انا ابدا لا اكل في الصف

I never eat in the classroom

- e (never).

Project

Choose A or B.

A What is in the mystery box? ماذا يوجد في صندوقي الغامض



اصنع صندوق غامض من صندوق ورق مقوى قديم

Make a mystery box from an old cardboard box.

ضع الأشياء في الصندوق الخ
Put things in the box (apple, notebook, toy, etc.)
ان يستخدموا حواسهم ليحددوا ماذا في الصندوق اسأل اصدقائك
Ask your friends to use their senses to guess what is in the box.
اسمعوا يشموا يستطيعوا ان يقولوا ماذا يلمسون
They can say what they touch, smell or hear then you tell
ثم يخبروهم اذا صح او غلط
them if it's correct or not.

B My time is important. واصل اصدقائك عن الوقت وقتي مهم
اصنع ساعتك
Make your clock and ask your friends about the time.



استمع ورقم

1  a Listen and number.



 b Listen again and choose a, b, or c.

1 Living a healthy lifestyle is

صعب difficult سهل easy ليس سهلاً not easy

2 To be healthy you should

تشرب القهوة drink coffee exercise
الاسترخاء يمكن ان يساعدك تتمرن

تستدعي الدكتور

call the doctor

3 Relaxing can help you

تبقى نشيط stay active eat well
تأكل بشكل جيد

يحسن صحتك

improve your health

2 Ask and answer.

كم ساعة تنام كل ليلة

How many hours do you sleep every night?

ما الطعام الصحي الذي تأكله

What healthy food do you eat?

كم غالباً تتمرن

How often do you exercise?



انا عادة انام 8 ساعات

I usually sleep about 8 hours.

انا اكل الكثير من الفاكهة والخضروات

I eat a lot of fruit and vegetables.

انا اتمرن كل يوم

I exercise every day.

 Pronunciation.

لذلك

so

يعرف

know

كلا

no

راى

saw

د

more

لاجل

for