PRACTICE QUESTIONS

CHAPTER 8: Nutrition & Digestion

What is Digestion?

- A. Eating Food
- **B.** Chewing Food
- C. Breaking Food
- **D.** Eliminating Food

Which is the correct order of the four steps of animal digestion?

- A. Ingestion, Absorption, Digestion, Elimination
- B. Absorption, Ingestion, Digestion, Elimination
- C. Digestion, Ingestion, Elimination, Absorption
- D. Ingestion, Digestion, Absorption, Elimination

Excess of calories is stored in the body as:

- A. Proteins and fats
- B. Starch and collagen
- C. Glycogen and fats
- D. Minerals and vitamins

An animal that eats only plants is called a(n):

- A. Herbivore
- **B.** Omnivore
- C. Autotroph
- D. Carnivore.

Human belongs to which of the following dietary categories?

- A. Herbivore
- **B.** Carnivore
- C. Omnivore
- D. Autotroph

A fluid Feeder that sucks blood from a living host.

- A. Baleen whale
- B. Mosquito
- C. Caterpillar
- D. Grey heron

They strain food particles out of water - have to be living in the water; examples: tube worms and bivalves (clams /oysters).

- A. Bulk feeders
- **B.** Fluid feeders
- C. Suspension feeders
- D. Substrate feeders

Live on/in what they are eating; examples: caterpillars, earthworms, some parasites.

- A. Bulk feeders
- B. Fluid feeders
- C. Suspension feeders
- D. Substrate feeders

Ingest large pieces of food; examples: humans, cows, lions

- A. Suspension feeders
- **B.** Bulk feeders
- C. Substrate feeders
- D. Fluid feeders

Which of the following are considered as essential nutrients?

- A. Vitamins and Minerals
- **B.** Fatty acids
- C. Amino acids
- D. All of them

_____ is a muscular, hollow, dilated part of the digestive system located between the esophagus and the small intestine.

- A. Rectum
- B. Gall bladder
- C. Stomach
- D. Large intestine

Bile is stored in the _____

- A. Gall bladder
- **B.** Salivary glands
- C. Pancreas
- D. Liver

An enzyme that begins the chemical digestion of proteins.

- A. Leptin
- B. Insuline
- C. Pepsin
- D. Amylase

Which of these is not an accessory organ in the human digestive system?

- A. Liver
- B. Gallbladder
- C. Salivary glands
- D. Esophagus

The surface area of the small intestine is increased for absorption by small finger-like structures called:

- A. Pits
- B. Pilli
- C. Villi
- D. Chyme.

Bile is responsible for breaking down:

- A. Sugar
- B. Cellulose
- C. Fats
- D. Carbohydrates

The final portion of the large intestine is called:

- A. Anus
- **B.** Appendix
- C. Rectum
- D. Gall bladder

Where does the partly-digested food (in liquid form) go after it leaves the stomach?

- A. The esophagus
- B. The appendix
- C. The small intestine
- D. The large intestine

Which of the following does NOT manufacture digestive juices?

- A. Liver
- **B.** Esophagus
- C. Stomach
- **D.** Pancreas

The mammalian trachea and esophagus both connect to the_____.

- A. Stomach.
- B. Colon
- C. Pharynx
- D. Large intestine

The organ that has the function of cleaning the blood.

- A. Heart
- B. Liver
- C. Lungs
- **D.** Pancreas

_____ secretes a hormone that helps regulate the glucose level in the blood stream.

- A. Gall bladder
- B. Liver
- C. Stomach
- **D.** Pancreas

The _____ is located near the junction of small intestine and the colon.

- A. Gall bladder
- **B.** Pancreas
- C. Appendix
- D. Spleen

———— emulsifies fat before they get attacked by pancreatic enzymes.

- A. Insulin
- B. Bile
- C. Adrenaline
- D. Gastrin

Small glands responsible of the secretion of amylase.

- A. Adrenal
- B. Thyroid
- C. Pineal
- D. Salivary

Stomach cell walls secrete hydrogen & chloride ions, which combine to make ______.

- A. Nitric acid
- **B.** Citric acid
- C. Hydrochloric acid
- D. Acetic acid

A semi-liquid mass of partially digested food leaving the stomach.

- A. Bile
- B. Chyme
- C. Feces
- **D.**Bolus

Nutrient molecules enter the body cells by ______

- A. Ingestion
- **B.** Digestion
- C. Absorption
- D. Elimination

Animals cannot produce _______of the 20 amino acids named essential amino acids.

- A. Six
- B. Eight
- C. Ten
- D. Twelve

This organ produces a digestive juice that contains a wide array of enzymes to break down fats, carbohydrates and proteins in food.

- A. Liver
- B. stomach
- C. gall bladder
- D. Pancreas

Which one of the following enzymes begins carbohydrate digestion by breaking down starch?

- A. Pepsin
- **B.** Catalase
- C. Lipase
- D. Amylase

The part of the digestive tract that moves food towards the stomach by waves of muscle contraction and relaxation.

- A. Small intestines
- B. Esophagus
- C. Trachea
- D. Stomach

The liver is located in the abdomen and performs many functions. Which of the following is NOT a function of the liver?

- A. Secretes insulin
- **B.** Detoxifies poisons
- C. Secretes bile
- D. Stores glycogen

The metabolic rate (MR) is defined as the energy required for:

- A. Body physiological activity only
- B. Body physical activity only
- C. Both physiological and physical activities
- D. None of them

What prevents the gastric juice from digesting the stomach walls:

- A. Mucus
- B. Constant renewal of the stomach lining
- C. Alkaline pancreatic juice
- D. All of them

Pancreatic _____ hydrolyze nucleic acids present in the cells of food sources.

- A. Amylase
- **B. Lipase**
- C. Nuclease
- **D.**Pepsin

A component of hemoglobin structure.

- A. Calcium
- **B. Phosphorus**
- C. Iron
- **D.** Magnesium

Which of the following is mismatched with its function?

- A. calcium bone and teeth formation
- B. vitamin A component of visual pigments
- C. phosphorus nucleotide synthesis
- D.iron component of thyroid hormones

Which of the following organ is incorrectly paired with its function?

- A. Esophagus Peristalsis
- B. Small Intestine Food Absorption
- C. Large Intestine Chemical Digestion
- D. Stomach Enzymatic Digestion

How does digested food finally reach the bloodstream?

- A. It is absorbed through the pancreas into the blood.
- B. It goes into the large intestine to await disposal.
- C. It is absorbed through the wall of small intestines into the blood vessels.
- D. It passes from the small intestine into the large intestine, then into the blood.

PRACTICE QUESTIONS

CHAPTER 9: Gas Exchange and Circulation

What is the respiratory system?

- A. The body's breathing system
- B. The body's system of nerves
- C. The body's food-processing system
- D. The body's blood-transporting system

Bivalves and fish have ______.

- A. No specialized respiratory organ
- B. Lungs
- C. Gills
- D. Tracheal system

use small lungs and their body surfaces.

- A. Humans
- B. Fish
- C. Amphibians
- D. Insects

What important activity takes place in the lungs?

- A. Food is digested.
- B. Liquid waste is filtered from the blood.
- C. The carbon dioxide is exchanged by oxygen.
- D. Nutrients are absorbed

The gas exchange between air and blood in mammals occurs across the walls of the .

- A. Bronchi
- B. Bronchioles
- C. Alveoli
- D. Trachea

Air can enter the body and travels to the lungs.

- A. Through the nose and the mouth
- B. Through the esophagus and stomach
- C. Through the eyes and the ears
- D. Through the nose and the nervous system

During exhalation in humans, air moves from the bronchus into the:

- A. Bronchioles
- B. Alveoli
- C. Pharynx
- D. Trachea

Which of the following animals have tracheal system that provides direct exchange between the air and body cells?

- A. Reptiles
- B. Amphibians
- C. Insects
- D. Fish

Diffusion occurs when molecules move from an area of:

- A. High concentration to an area of low concentration
- B. High concentration to an area of high concentration
- C. Low concentration to an area of low concentration
- D. Low concentration to an area of High concentration

Gases in the tissues have _____than in the blood.

- A. more CO₂ and less O₂
- B. more O₂ and less CO₂
- C. more N₂ and less CO₂
- D. more O₂ and less N₂

The heart right side pumps _____ blood to the lungs.

- A. nitrogen-poor
- B. nitrogen-rich
- C. oxygen-rich
- D. oxygen-poor

Most oxygen in the blood is transported

- A. as gas dissolved in plasma.
- B. as oxyhemoglobin.
- C. as carbaminohemoglobin.
- D. as bicarbonate.

_____ is an iron compound which constitutes the pigment portion of the hemoglobin molecule.

- A. Hemolymph
- B. Heme group
- C. Hematocrit
- D. Hemorrhoid

Hemoglobin in red blood cells carries up to ____O₂ molecules.

- A. One
- B. Two
- C. Three
- D. Four

When we breathe in, the muscle below the rib cage is pulled down, and air fills the lungs. What is this muscle called?

- A. Esophagus
- B. Diaphragm
- C. Cartilage
- D. Epiglottis

_____is a passive process because no muscular contractions are involved.

- A. Inhalation
- B. Inspiration
- C. Exhalation
- D. Ingestion

carries O{2,} helps transport CO₂, and buffers the blood.

- A. Leukocyte
- B. Hemoglobin
- C. Plasma
- D. Platelet

What part of the blood carries minerals, vitamins, sugar, and other foods to the body's cells?

- A. Red Blood Cells
- B. White Blood Cells
- C. Platelets
- D. Plasma

Which of these factors increases respiratory rate?

- A. increased blood PCO₂
- B. decreased blood PCO₂
- C. increased blood PO₂
- D. All of them

Some of the carbon dioxide is transported in the blood:

- A. as bicarbonate ions dissolved in the plasma
- B. attached to hemoglobin
- C. as bicarbonate ions in the white blood cells
- D. bound to oxygen

What is the organ that pumps blood all throughout the human body?

- A. The lungs
- B. The heart
- C. The blood vessels
- D. The liver

What is the function of the blood vessels and capillaries?

- A. They pump blood to the heart only.
- B. They filter impurities from the blood.
- C. They carry blood to all parts of the body.
- D. They carry messages from the brain to the muscles.

Which of the following is/are NOT part of the cardiovascular system?

- A. Heart
- B. Lungs
- C. Vessels
- D. Blood

Which of the following is the smallest blood vessel?

- A. Artery
- B. Vein
- C. Capillary
- D. Arteriole

carry deoxygenated blood.

- A. Arteries
- B. Veins
- C. Capillaries
- D. Arterioles

Plasma contains:

- A. Inorganic ions
- B. Gases
- C. Hormones
- D. All of the above

Which type of blood vessels carries blood away from the heart?

- A. Arteries
- B. Veins
- C. Capillaries
- D. Atria

White blood cells are also called:

- A. Erythrocytes
- B. Platelets
- C. Leukocytes
- D. Lipocytes

Which of the following are not blood cells:

- A. Leukocytes
- B. platelets
- C. Erythrocytes
- D. Squamos

The human heart has:

- A. One atrium and two ventricles
- B. One atrium and one ventricle
- C. Two atria and two ventricles
- D. Two atria and one ventricle

In the **body tissues**, blood

- A. drops off CO₂ and picks up O₂
- B. drops off N₂ and picks up CO₂
- C. drops off O₂ and picks up CO₂
- D. drops off O₂ and picks up N₂

What organ system of the body includes the heart?

- A. Respiratory
- B. Cardiovascular
- C. Nervous
- D. Endocrine

A grapelike clusters of air sacs called:

- A. Bronchi
- B. Bronchioles
- C. Atria
- D. Alveoli

In the <u>lungs</u>, blood

- A. drops off CO₂ and picks up O₂
- B. drops off N₂ and picks up CO₂
- C. drops off O₂ and picks up CO₂
- D. drops off O₂ and picks up N₂

During exhalation, the <u>chest</u> contracts and the diaphragm moves _____.

- A. downward
- B. upward
- C. to the left
- D. to the right

How many chambers does the human heart have?

- A. One
- B. Two
- C. Three
- D. Four

With circulation, the heart provides your body with:

- A. Oxygen
- B. Eliminates wastes
- C. Nutrients
- D. All of them

The respiratory organs made of spongy structure and located on either side of the chest.

- A. Heart
- B. Lungs
- C. Kidneys
- D. Intestines

The upper chambers of the heart are called:

- A. Capillaries
- B. Arteries
- C. Atria
- D. Ventricle s

What links the arteries to veins?

- A. Vessels
- B. Capillaries
- C. Aorta
- D. Venules

Which of the following statements about erythrocytes is correct?

- A. They clot blood
- B. They fight infectious disease
- C. They transport gases
- D. They break down bacteria

The lower chamber of the heart is called:

- A. Capillary
- B. Artery
- C. Atrium
- D. Ventricle

The voice box which contains 2 vocal cords is called:

- A. Pharynx
- B. Larynx
- C. Epiglottis
- D. Diaphragm

_is made of muscle and elastic fibers with rings of cartilage.

- A. Diaphragm
- B. Epiglottis
- C. Trachea
- D. Alveoli

When you inhale, the diaphragm

- A. relaxes, and moves upward
- B. contracts, and moves upward
- C. Relaxes, and moves downwards
- D. contracts, and moves downwards

PRACTICE QUESTIONS

CHAPTER 10: Plant structure and reproduction

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The _____ will become a seed once fertilization has taken place ?

- a) ovary
- b) stigma
- c) ovule
- d) style

cells are the most abundant type of cells in most plants.

- A. collenchyma
- B. phloem
- C. sclerenchyma
- D. parenchyma

Stigma, style and ovary are the components of the

- A. Sepals
- B. Petals
- C. Carpel
- D. Stamen

The major function of _____ cells are photosynthesis and storage.

- A. collenchyma
- B. endodermis
- C. parenchyma
- D. sclerenchyma

The primary role of the petals in reproduction is to_____.

- A. protect flower bud
- B. attract pollinators
- C. fertilize an egg
- D. produce pollen

Leaves generally consist of_____

- a. leaf blade
- b. petiole
- c. leaf blade and petiole
- d. None f them

Periderm is a component of _____ tissue .

- A. Ground
- B. Vascular
- C. Dermal
- D. Water conduction cells

_____ cells have thick secondary cell walls usually strengthened with lignin.

- A. collenchyma
- B. sclerenchyma
- C. parenchyma
- D. phloem

Storage, photosynthesis and support are the functions of ______tissue.

- A. Ground
- B. Vascular
- C. Epidermal
- D. Dermal

The four structures of a complete flower are . . .

- A. petals, stigma, style, and ovary.
- B. sepals, petals, stamens, and carpels.
- C. petals, anther, stamen, and stigma.
- D. sepals, petals, anthers, and ovary.

Which of the following is true about plant?

- A. It is a multicellular
- B. It is a unicellular
- C. It is a unicellular and multicellular
- D. None of them

What are the 3 main parts of a plant?

- A. Stem
- B. Leaves
- C. Root
- D. All answers are correct

What is a node in a plant?

- A. Attachment point between stem and leaves
- B. Attachment point between root and leaves
- C. Attachment point between soil and leaves
- D. None of them

What is the bud of a plant?

- a. It is a lateral protuberance on the stem
- b. It is a lateral or terminal protuberance on the stem
- c. It is a terminal protuberance on the stem
- d. None of them

What is the function of axillary buds in plants?

- a. Formation of lateral shoot
- b. Formation of root hair
- c. Formation of the soil
- d. All answers are correct

How many types of buds in plants?

- a. 2
- b. 3
- c. 4
- d. 5

Plant tissue systems include......

- a. Dermal
- b. Vascular
- c. Ground
- d. All answers are correct

Vascular tissue consists of......

- a. Xylem
- b. Phloem
- c. Xylem and Phloem
- d. None of them

What is the function of the phloem?

- a. Carry water
- b. Carry minerals
- c. Carry organic nutrient
- d. Carry water and minerals

Most monocots have.....

- a. Branching veins
- b. Parallel veins
- c. Two cotoyledons
- d. None of them

Branching veins are found in

- a. monocot leaf
- b. dicots leaf
- c. monocot root
- d. None of them

What are the function of parenchyma cells?

- a. Photosynthesis
- b. Storage
- c. Photosynthesis and storage
- d. support