

The Q Classroom

Activity A, p. 64

Answers will vary. Possible answers:

1. I laughed this morning when I was watching the news. The broadcaster made a joke.
2. It is important to laugh because laughter makes people feel happy.
3. Maybe someone just told a joke or a funny story.

Activity B, p. 65

	What makes them laugh?
Sophy	a. funny TV shows, <u>b. silly things</u>
Yuna	<u>e. family</u>
Felix	<u>d. unexpected things</u>
Marcus	c. comedians

PREVIEW THE UNIT

Activity A, iQ Online Resource

Answers will vary. Possible answers:

1. Father and son sitting. Having fun.
2. Girl plays peek a boo.
3. Two brothers play a game.
4. Girl is playing outside.

Activity B, iQ Online Resource

Answers will vary. Possible answers:

1. Yes, I laugh for the same reasons. I always laugh when I spend time with people who I care about.
2. One time, I went to a comedy club. The comedian was very funny.

READING 1

PREVIEW THE READING

Activity A, p. 66

- a. protect
- b. pretend
- c. surprise
- d. natural
- e. embarrassed
- f. honest
- g. nervous

Activity C, p. 67

Question 1: When do people laugh?

Question 2: What is funny?

Question 3: Why doesn't everyone laugh at the same joke?

Activity D, p. 67

Answers will vary. Possible answers:

1. People laugh when they have a good time or are with other people who laugh.
2. Friends and family are funny. Jokes and stories can be funny. Kids are also usually funny.
3. People might not find the same things funny. Maybe what is funny to one person is offensive to someone else.

WORK WITH THE READING

Activity B, p. 68

1. b
2. b
3. b
4. a

Activity C, p. 69

1. T, 7
2. F, 3 People do not like it when others pretend to laugh.
3. T, 10
4. T, 5

Activity D, p. 69

1. friendly
2. social
3. contagious
4. honest
5. embarrassed

Activity E, pp. 69–70

1. 2 We laugh more when we are with other people.
2. 4 Most laughter is about being friendly with other people.
3. 10 Teenagers often worry about what others think of them. They laugh to protect themselves.

Reading and Writing 1
Unit 4 Student Book Answer Key

Q: Skills for Success
Second Edition

4. 8 We laugh at jokes about people and their mistakes because we know something they don't know.
5. 10 Adults laugh at themselves and other people with similar problems.

WRITE WHAT YOU THINK

Activity A, p. 70

Answers will vary. Possible answer:

6. you are scared?

Activity B, p. 70

Answers will vary. Possible answers:

1. Sometimes I laugh when I am nervous like before a presentation or a speech.
2. I often laugh when I hear a joke. I really enjoy comedy!
3. I sometimes laugh when I hear other people laugh. It depends on whether I like the people who are laughing.
4. I never laugh when I am embarrassed. I hide instead.
5. Sometimes I laugh when something surprises me, especially if the surprise is a positive one, like a present or a friend I haven't seen in a while.

READING SKILL

Activity A, p. 71

Paragraph 1: Laughter is natural for people.

Paragraph 2: Laughter connects us with other people.

Paragraph 3: Laughter is honest.

Paragraph 4: Most laughter is about being friendly with other people.

Paragraph 5: We often laugh when we feel nervous.

Paragraph 6: Sometimes we laugh because we think we are better than other people.

Paragraph 7: Some things are funny because we don't expect them.

Paragraph 8: Silly things are sometimes funny.

Paragraph 9: Not everyone has the same sense of humor. / People have different ideas about what is funny.

Paragraph 10: Our idea of what is funny changes over time. / Our reasons for laughter change over time.

Activity B, p. 71

1. Robert Provine studied people and laughter.
2. Laughter happens at certain times in a conversation.

READING 2

PREVIEW THE READING

Activity A, p. 72

- a. breathe
- b. increase
- c. concentrate
- d. prevent
- e. effect
- f. rate
- g. distracted

Vocabulary Skill Review, p. 72
class

Activity C, p. 73

Yes

Activity D, p. 73

Answers will vary. Possible answer:

The last time I laughed out loud, I felt happy. I was with my friends and we had a good time.

WORK WITH THE READING

Activity B, p. 75

2. You feel less stress when you laugh often.

Activity C, p. 75

Effects of Stress	Effects of Laughter
You are distracted.	You concentrate.

You feel angry or sad.	You feel close to others.
You feel lonely.	You increase oxygen in the brain.
You forget what you studied.	You relax.
You have less oxygen in the brain.	You remember information.

Activity D, p. 75

1. e
2. b
3. d
4. a
5. c

Activity E, p. 76

Answers will vary. Possible answers (students should supply three):

to prevent or reduce stress; to think better; to concentrate; to relax; to remember what you learned; to feel stronger; to increase your brain power

WRITE WHAT YOU THINK

Activity A, p. 76

Answers will vary. Possible answers:

1. Sometimes I feel stressed from my studies, especially if I have a lot to study in a short amount of time. When I am stressed, I feel upset and find it difficult to remember things.
2. laugh, take a vacation, breathe deeply
3. Yes, laughter can be a way to reduce my stress. I think it will help me to concentrate more while I study.

Activity B, p. 76

Answers will vary. Possible answers:

1. I want to laugh more so that I can feel less stressed. Laughing has many benefits.
2. Laughter can make us feel less stressed and make us relax. It can also bring people together.

VOCABULARY SKILL

Activity A, p. 77

1. adjective
2. noun
3. verb
4. verb
5. noun
6. verb
7. adjective
8. adverb

Activity B, p. 78

1. embarrassed
2. introduce
3. nature
4. breathe
5. prevent
6. anger

WRITING SKILL

Activity A, p. 79

Paragraph 2: Stress has many effects on your body and brain.

Paragraph 3: Stress reduces your ability to concentrate.

Paragraph 4: Laughter immediately reduces stress.

Paragraph 5: Stress reduces your memory and ability to learn.

Paragraph 6: Laughter is a fast way to connect with other people.

Paragraph 7: When you laugh, you let go of the bad feelings.

Paragraph 8: The more often you laugh, the better.

Activity B, pp. 79–80

1. When Bob is nervous, he laughs.
2. Mohammad laughs to be friendly.
3. Mark relaxes when he laughs.
4. Fatima laughs when she hears something funny.
5. When Sarah is with people, she laughs.

Activity C, pp. 80–81

Answers will vary. Possible answers:

1. Laughter is good for your health.
2. Laughter helps prevent stress.
3. You can find laughter clubs in many places.
4. In laughter clubs, people do laughing exercises.
5. Laughter clubs need a lot of members.

Activity D, p. 81

1. In a visit to London, you see the world.
2. There is food from more than 55 different countries in London's restaurants.
3. London has many international festivals with food, music, art, and dance.

GRAMMAR

Activity A, p. 82

1. a. When I go out with my friends, I laugh a lot.
b. I laugh a lot when I go out with my friends.
2. a. When you laugh, your heart rate increases.
b. Your heart rate increases when you laugh.
3. a. When he sees something funny, he laughs.
b. He laughs when he sees something funny.
4. a. When you laugh, you use calories.
b. You use calories when you laugh.
5. a. When we hear a good joke, we laugh.
b. We laugh when we hear a good joke.
6. a. When she is nervous, she laughs.
b. She laughs when she is nervous.

Activity B, p. 82

Answers will vary. Possible answers:

1. When we laugh, we connect to others. We connect to others when we laugh.
2. When we laugh, we show we are friendly. We show we are friendly when we laugh.
3. When we laugh, we protect ourselves from others. We protect ourselves from others when we laugh.
4. When someone tells a funny joke, we laugh. We laugh when someone tells a funny joke.
5. When we have problems, we laugh. We laugh when we have problems.

Activity C, pp. 82–83

Answers will vary. Possible answers:

1. I laugh a lot when I watch certain TV shows.
2. I never laugh when I see someone get hurt.
3. When I see someone fall, I feel bad for the person.
4. When I am in class, I feel stressed.
5. When I am nervous, sometimes I laugh.
6. When I laugh, I feel good.
7. When I am with my family, I am happy.

UNIT ASSIGNMENT

PLAN AND WRITE

Activity A, iQ Online Resource

Answers will vary.

Activity B, iQ Online Resource

Answers will vary.

Activity C, iQ Online Resource

Answers will vary.