



مدونة المناهج السعودية

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الموقع التعليمي لجميع المراحل الدراسية

في المملكة العربية السعودية

Foundation

All quizzes and homework

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Quiz 1 /

Choose the correct answer

1. Chronic illness is characterized by

- a) reversible and temporary change
- b) lasting only for relatively short time
- c) irreversible and permanent change
- d) rapid onset of symptoms

2. A pathological change in structure and/or function of the body is called

- a. Illness b. Wellness c. Disease d. Health

3. Screening of early signs of breast cancer (mammogram) is an example of

- a) Tertiary preventative care
- b) Secondary preventative care
- c) Quaternary preventative care
- d) Primary preventative care

4. Illness is

- a) The response of person to health
- b) The response of person to disease
- c) The response of person to healthcare
- d) The response of person to wellness

5. Health is

- a. The absence of disease
- b. Being free from symptoms of disease
- c. Being active and do what you want
- d. All of the above

Homework 1 ch2 :

1- Skin remains elevated after pinching the skin of the back of hand is an indicator of:

- A-Oedema
- B-Hypoxia
- C- Dehydration
- D-Fever

Answer C

2- Community healthcare focuses on all of the following, except:

- A-Acute and chronic health problems
- B-Health promotion
- C-Individual and family healthcare needs
- D-Healthcare needs for older people only

Answer D

3- Considering all the patient's" dimensions that affect how basic needs are met in health and illness" refers to:

- A- Urgent care
- B- Intensive care
- C-Holistic care
- D- Primary preventative care

Answer C

4- Parents and their children living in the same house refers to:

- A- Dyadic nuclear family
- B- Nuclear family
- C- Extended family
- D- Single-parent family

Answer B

5- regarding maslow's hierarchy of basic human needs , physiological needs include the following except:

- A- Food
- B- Body image
- C- Air
- D- Water

Answer B

Quiz 2 ch3 :

1. All of the following illustrate the approach of public health, except

- A- Identifying the problem and populations who are at risk for certain diseases.
- B- Determining the causes and risk factors of illness
- C- Evaluating the effectiveness of interventions.
- D- Providing treatment for patients in clinical settings.
- E- Implementing intervention that have been proven to be effective

Answer E

2. Public health is concerned with the following areas, except

- A- Individual-centered care
- B- Health service system
- C- Health behavior and motivation
- D- Environmental hazards

Answer A

3. Prevention of health problems before they occur refers to

- A- Tertiary preventative care
- B- Secondary preventative care
- C- quaternary preventative care
- D- Primary preventative care

Answer D

4. A group of people who come together to solve a problem that affects all of them

Is called:

- A- Healthy community
- B- Community of solution
- C- Common interest community
- D- Geographic community

Answer B

5. Members of professional organization or scientific society is an example of

- A- Community of solution
- B- Community of place
- C- Geographic community
- D- Common interest community

Answer D

Homework 2 ch4 :

1-Continuity of care is characterized by the following, except:

- A- Smooth transition between different levels of care and settings
- B- Uninterrupted care .
- C- Lack of sharing of patient's medical information among members of the healthcare team
- D- Requires collaboration and communication between care providers

2-ambulatory care facilities include:

- A- outpatient service
- B- emergency room
- C- same-day surgery
- D- all of the above

3-Each of the following is part of discharge planning, except:

- A- Assessment and identification of the patients' needs is a preliminary step in the discharge plan
- B- Setting goals and follow up plan with the patient
- C- Education of family members who will be the caregivers after discharging the patient is not needed
- D- Providing health education to the patient and family

4-Which of the following statements demonstrate continuity of care:

- A- Referring the patient from hospital to rehabilitation center
- B- Ignoring the patient's role as member of the medical team and decision-making
- C- Transferring the patient from acute care to a hospital room
- D- Considering no adjustment in 4 the medical care plan based on the evolving patients needs only

5-Which of the following is true regarding admission:

- A- Physician should not be notified when patient has been admitted
- B- Signed consent for treatment and privacy are not a priority during admission
- C- Requires obtaining information about the patient and print it on an admission sheet
- D- It is usually done at the admission office before the patients is transferred to nursing unit or his room

Quiz 3 ch5 :

1- Which of the following caused by consumption food containing toxins :

- A-food infection
- B- food intoxication
- C-food borne illness
- D-food borne outbreak

Answer B

2-Irritation to the eyes, nose and throat caused by :

Answer : air pollution

3-What cause methemoglobinemia known as blue baby syndrome :

Answer : drink water contain nitrates and nitrites

4-All of the following are common air pollutants except

- A-so₂
- B-no₂
- C-co
- D-co₂

Answer D

5-Which of the following change during spoilage :

- A-taste
- B-texture
- C-aroma
- D-all of above

Answer D

Homework(3) ch7

1-A safe hospital environment includes all of the following EXCEPT?

- a) Reduced physical hazards to the patient .
- b) The environment should meet the patient's basic needs
- c) Full of pathogens and physical hazards
- d) Reduced transmission of pathogens

2-Prevention of falls include the following except ?

- a) Getting out of bed even if patient is unsteady
- b) Using rails or guards on beds
- c) Keeping the floor dry
- d) Holding wheel chairs securely while assisting patients

3-Which of the following is a source of thermal hazards

- a) Explosion of gases and x-ray films
- b) Needle sticks
- c) Use of strong chemical on skin .
- d) Contaminated medical instruments

4-Factors that affect the individual ability to protect himself from environmental hazards include ?

- a) Slippery floor .
- b) Impairment of vision and hearing
- c) Mobility impairment due to muscle weakness
- d) All of the above

5-Which of the following is a source of chemical hazards

- a) Exposure to extreme temperature
- b) Overexposure to x-rays
- c) Overdose of a prescribed drug
- d) Slippery or wet floor

Which of the following is the major safety problem in healthcare facilities?
a. Falls b. Fires c. Violence d. Poisoning

Quiz 4 / ch 8

1. Which of the following is not considered a portal entry of bacteria?

- A. Respiratory tract
- B. Gastrointestinal tract
- C. Urinary tract
- D. Intact skin

Answer : D

2. Incubation period of an Infectious diseases is characterized by?

- A. Severe and specific symptoms of the disease
- B. No symptoms or signs of infection
- C. Early and mild signs of the disease
- D. No symptoms due to recovery from the infection

Answer : B

3. Decontamination includes the following processes?

- A. Cleansing, Disinfection and Sterilization
- B. Sterilization and sharp disposal
- C. Sterilization , washing hands and floors
- D. Sterilization , washing hands and floors and patient linen

Answer: A

4. The period between the appearance of initial symptoms or (invasion of pathogens) and the full development of an infection is known as ?

- A. Prodromal
- B. incubation
- C. Illness
- D. Symptoms

Answer : A

5. Chain of Infection consists of six links :Infectious Agent, Reservoir, Portal of Exit, Means of Transmission, Portal of Entry and ?

- A. Direct contact
- B. Susceptible Host
- C. Immunocompetent host
- D. All of the above

Answer : B

Homework(4) ch9,10

1-Values, beliefs, attitudes, languages, symbols, rituals, behaviors and customs shared by a particular group of people refer to ?

- a)Normas b)Traditions c)Culture d)Ethnicity

2-A culture in which there are multiplicity of sub-cultures and different value systems in a multicultural society is called ?

- .a Competent culture .b Diverse culture
.C Integrated culture .d Oppressive culture

3-All of the followings are hidden elements of culture ?except

- .a Norms .b Values .c Language .d Assumptions

4-Which of the following defines cultural competency

- a) Things to be achieved or the things which are considered of great worth or value in a particular culture
b) The ability of healthcare system to provide care to patients with diverse values and beliefs, including tailoring delivery to meet patient's social, cultural and lingusitic needs
c) The belief that everyone should conform to the majority belief system
d) The result of ignoring differences and proceeding .as they don't exist

5-The feeling and experiences of someone when placed in a new culture is called ?

- a) Cultural assimilation . b) Cultural Conflict . c) Cultural shock
d) cultural competency

Quiz 5 ch11.12 : characteristics of skeletal muscle

1. In the context of law, many of the wrongdoing in health care are considered?

- a. Civil wrongs b. Crimes c. Invasion of privacy d. Negligence

2. All of the following represent disease prevention except?

- a. Prevent the occurrence of a disease
b. Slow down the progression of a disease
c. Reduce the consequences of a disease
d. Behaviors that increase the susceptibility of a disease

3. Which of the followings best describe Laissez-faire model of value transmission ?

- a. Observe and model observed behavior
b. The child explores values on his own without guidance
c. Children are rewarded for good values and punished for unacceptable values
d. Moralizing from parents or school

4. Among torts occurring in healthcare, a wrongful act by a professional that results in injury, damage, or loss to the patient is called?

- a. Malpractice
b. Revealing patient's information without consent
c. Battery
d. Invasion of privacy

5. In health education, which of the following is an advantage of lecture?

- a. Creates passive learning environment
b. Can be used with a large group of people
c. Creates active learning environment
d. The best method to teach a psychomotor skills

Homework(5) ch13,14

1-Tertiary healthcare level focuses on ?

- a) Providing Prevention
- b) Providing all types of advanced surgical interventions.
- c) Providing services for Women only
- d) Providing services for elderly patients only

2-Healthcare team includes?

- a) Physician
- b) Nurse
- c) Physician assistant
- d) All of the above

3-A team has been set up to investigate a specific issue or problem. This team is a _____.

- a) Task force
- b) Work team
- c) Product design team
- d) Committee

4-All the following represent “input” of healthcare system except?

- a) Human resources
- b) Infrastructure
- c) Medical equipment
- d) Satisfaction

5-Which Level of health care: Specialists, inpatients or outpatients, surgical procedures, manage medical emergencies?

- a) Primary healthcare
- b) Secondary healthcare
- c) Tertiary healthcare
- d) Quaternary healthcare