

Listening and Speaking 3
Unit 2 Student Book Answer Key

Q: Skills for Success
Second Edition

The Q Classroom

Activity A, p. 24

- Answers will vary. Possible answers: Students may mention that food is simply fuel for the body, or they may say that it is a way to enjoy life, comfort themselves, or spend time with friends.
- Students may think that food that tastes good is high in fat or has a lot of sugar.
- Students may notice that the older man is smiling, and the children seem very interested in what is cooking. This suggests that they enjoy food.

Activity B, p. 25

The importance of taste and nutrition	
Sophy	b. Eating healthy food is important.
Felix	a. We need food that is both healthy and tastes good.
Marcus	d. Food that tastes good makes people happy.
Yuna	c. Good nutrition makes people healthy.

PREVIEW THE UNIT

Activity A, iQ Online Resource

- Sweet: ice cream, bananas, pineapple
 Sour: grapefruit, lemon, pickle
 Salty: potato chips
 Bitter: coffee, radishes, parsley
 Umami: chicken, nuts

Activity B, iQ Online Resource

Answers will vary.

Activity C, iQ Online Resource

Answers will vary.

LISTENING 1

PREVIEW THE LISTENING

Activity A, p. 26

Answers may vary. Possible answers:

- cheese: B
 coffee: B
 dark chocolate: G
 milk chocolate: B
 red meat: B
 soda: B
 tea: G
 white meat: G

WORK WITH THE LISTENING

Activity A, p. 27

Answers will vary. Possible answers:

- Food or drink: red meat
 Notes: Not bad unless you eat too much. Leads to healthy bones and skin.

Activity B, p. 27

	Better for you	OK in small amounts	Bad for you
1. red meat		X	
2. white meat	X		
3. cheese		X	
4. coffee		X	
5. tea	X		
6. soda			X
7. milk chocolate			X
8. dark chocolate		X	

Activity C, pp. 27–28

- c
- c
- a
- b
- a
- c
- b
- b
- a

Activity D, pp. 28–29

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1. T If you know the effects of food and drink on your body, you can enjoy good health.
2. T Dr. Al Dosari says this is information we all know.
3. F Red meat isn't good for you if you eat too much of it.
4. F It's better to avoid drinking coffee after lunch.
5. T Dr. Al Dosari says it's OK to eat any food you want as long as your diet is balanced.

Activity F, p. 29

1. diet
2. consume
3. rely on
4. calories
5. mood
6. spicy
7. wise
8. mix
9. concentrate
10. balanced

SAY WHAT YOU THINK

Say What You Think, p. 30

Answers will vary. Possible answers:

1. Yes, I think it's important to eat a balanced diet. / No, I think her diet suggestions are too strict.
2. Yes, people should just eat what they like and worry less about "eating right." / No, nutrition is very important to maintain good health.
3. Yes, what you eat affects how you will feel and behave. / No, food does not have that much effect on your body.

LISTENING SKILL

Activity A, p. 31

1. Since Dr. Al Dosari is a nutrition expert, Hamad interviewed him on his radio show.
2. Eating a lot of cheese isn't good because of the large amount of salt.
3. Because Hamad stopped drinking soda, he feels much healthier now.
4. Hamad also wants to lose weight, so he's following Dr. Al Dosari's suggestions.

Activity B, p. 31

Cause	Effect
1. <u>Because</u> it contains a natural substance which makes us feel calm,	---> <u>eating turkey can actually change your mood.</u>
2. Cheese has calcium,	---> <u>so</u> it's good for your teeth.
Effect	Cause
3. Coffee gives you energy	<--- <u>due to</u> the caffeine.
4. The calories in soda are what we call "empty" calories	<--- <u>since</u> they have no nutrition at all.

Activity C, p. 32

Answers will vary.

NOTE-TAKING SKILL

Activity A, p. 32

Fast food is more popular in Saudi Arabia today than ever before. Because of our busy lifestyle, people don't always have time to cook their own meals. It may be more expensive than cooking for yourself, but every day millions of us choose a pizza or take-out instead of a home-cooked meal. The downside is that although fast food is quick and easy, it is expensive, so it can be bad for our wallets. What's more, it is bad for our health, too, as a lot of fast food

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contains high levels of sugar and salt. Also, it is easy to eat too much due to special promotions that encourage us to buy more than we need. For all these reasons, we need to start making healthier food choices.

Activity B, p. 33

Cause	Effect
1. busy lifestyle	<u>don't have time to cook</u>
2. it is expensive	<u>can be bad for our wallets</u>
3. <u>contains high levels of sugar and salt</u>	bad for health
4. <u>special promotions encourage us to buy more food than we need</u>	eat too much

LISTENING 2

PREVIEW THE LISTENING

Activity A, p. 33
 Answers will vary.

WORK WITH THE LISTENING

Activity A, p. 34

Stuart

Cause	Effect
loves chocolate	this is his <u>dream job</u>
everybody <u>loves</u> chocolate	volunteers easy to find
easy to put on weight	tries to <u>eat healthily</u>
has to keep up with <u>latest trends</u>	travels a lot

Marie

Cause	Effect
all taste different	need to <u>take your time</u>
keep cheeses for a long time	has to decide <u>when they're ready</u>
need to <u>meet</u>	convenient to live

<u>farmers regularly</u>	just outside Paris
people like to try <u>new flavors</u>	must develop new products

Enrique

Cause	Effect
sense of taste best in mornings	only <u>tastes in the mornings</u>
people pay a lot for coffee	want to <u>enjoy it</u>
tastes up to 100 coffees	doesn't <u>drink them all</u>
lives <u>in downtown Los Angeles</u>	walks to work

Activity B, p. 35

1. T
2. F Stuart started the job six years ago.
3. F Stuart visits the dentist every six months.
4. F Marie loves strong-smelling cheeses.

5. T
6. T

Activity C, p. 35

1. manager
2. does not have
3. importing
4. quality
5. contacts suppliers

Activity D, p. 35

1. Stuart is a chocolate taster for a big department store. He has a degree in nutrition. He trains staff, visits factories, and deals with suppliers. He has worked in his current job for six years. He likes to keep fit and eat healthily.
2. Marie is a cheese buyer for a large supermarket. On a taste day, she checks the flavor, texture, and smell of up to 12 different cheeses. She especially likes strong-smelling

cheeses. She never gets tired of her job.

3. Enrique works as a head coffee taster. He checks the quality of coffee, its smell and taste, and how sweet or bitter it is. He loves his job. To him, trying to tell the differences between different coffees can be hard.

Activity E, p. 36

1. a
2. c
3. c
4. c
5. b
6. c
7. c
8. b
9. a
10. a

SAY WHAT YOU THINK

Activity A, p. 37

Answers will vary. Possible answers:

1. Cheese, because I love salty flavors.
2. Yes, I would love to eat all day. / No, I would gain too much weight.

Activity B, p. 37

Answers will vary. Possible answers:

1. They lack self-control.
They eat because they are depressed.
They eat because they are bored.
They don't recognize hunger vs. thirst.
2. Yes, but it might take time to become more familiar with when you are truly hungry and when you are not.

Activity D, p. 37

Answers will vary.

VOCABULARY SKILL

Activity A, p. 38

1. a soft drink
2. junk food
3. a juicy steak
4. a balanced diet
5. a quick snack

Activity B, p. 38

1. a juicy steak
2. a balanced diet
3. a soft drink
4. junk food
5. a quick snack

Activity C, p. 39

1. a
2. b
3. b
4. a
5. b

GRAMMAR

Activity A, p. 41

1. many
2. enough
3. too many
4. much
5. not enough
6. too much

Activity B, p. 42

Answers will vary.

PRONUNCIATION

Activity A, p. 43

1. We **/j/** all eat things we know we shouldn't.
2. "Empty" calories have no nutritional value **/w/** at all.
3. I can't drink coffee, but tea **/j/** is fine.
4. Cheese has calcium, so **/w/** it's good for your teeth.
5. Sometimes in the **/j/** evening I'm too tired to cook.

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6. Marie makes sure the cheese is ready to go **/w/** out on sale.
7. Stuart thinks the appearance of chocolate can be **/j/** as important as the taste.
8. Enrique thinks people pay **/j/** a lot for coffee so they want to enjoy **/j/** it.

SPEAKING SKILL

Activity A, p. 44

Answers will vary.

Activity B, p. 44

Answers will vary.

UNIT ASSIGNMENT

CONSIDER THE IDEAS

Consider the Ideas, iQ Online Resource

1. c
2. f
3. b
4. d
5. a
6. e

PREPARE AND SPEAK

Activity A, iQ Online Resource

Answers will vary.

Activity B, iQ Online Resource

Answers will vary.

Activity C, iQ Online Resource

Answers will vary.