Passage hijaamah 18

1. The word 1. hijaamah (cupping) comes from the word hajm which means sucking. Hijaamah is the profession of cupping, and the word *mihjam*is used to describe the vessel or cup in which the blood is collected and the **lancet**used by the cupper to make a cut.)
2. Cupping was known since ancient times. It was known to the Chinese, the Babylonians and the Pharaohs. Their ruins and carved images indicate that they used cupping to treat some diseases. At first they used metal cups, from which they would remove the air by sucking it out after placing the cup on the skin. Then they used glass cups from which they would remove the air by burning a piece of cotton or wool inside the cup.
3. The earliest record of cupping is in **the Ebbers Papyrus**, one of the oldest medical textbooks in the world, describes in 1550 B.C. Egyptians used cupping. Archaeologists have found evidence in China of cupping dating back to 1000 B.C. In ancient Greece, Hippocrates (. 400 B.C.) used cupping for internal disease and structural problems. This method in multiple forms spread into medicine throughout Asian and European civilizations.
4. Broadly speaking there are two types of cupping: dry cupping and bleeding or wet cupping (controlled bleeding) with wet cupping being more common. The British Cupping Society (BCS), an organization promoting the practice, teaches both. As a general rule, wet cupping provides a more “curative-treatment approach” to patient management whereas dry cupping appeals more to a “therapeutic and relaxation approach”. Preference varies with practitioners and cultures.
5. While the history of wet cupping may date back thousands of years, the first documented uses are found in the teachings of the Islamic prophet Muhammad. According to Muhammad al-Bukhari, the Prophet (peace and blessings of Allaah be upon him) approved of the Hijama (cupping) treatment. A number of hadith support its recommendation and use by the Prophet (peace and blessings of Allaah be upon him). As a result, the practice of cupping therapy has survived in Muslim countries. Today, wet cupping is a popular remedy practiced in many parts of the Muslim world.
6. With regard to the times when cupping is recommended as it was reported from Ibn ‘Abbas (may Allah be pleased with them both) that the Prophet (peace and blessings of Allah be upon him) said:

 “The best times to be treated with cupping are the seventeenth, nineteenth or twenty-first of the month.

**1-C 2- A 3- B 4-A 5-B**

**Questions**

1. **The underlined word ” lancet” in paragraph 1 most probably means:**
2. cupping b. vessel c. a sharp knife d. Hijamah
3. **Paragraph 2 is mainly talking about:**
4. how cupping was used in ancient times.
5. how the Chinese used cupping.
6. how metal cups were used
7. how glass cups were used.
8. **The Ebers Papyrus is a medical book that described how —-used cupping.**
9. Chinese
10. Egyptians
11. Not only Chinese but also Egyptians
12. Greece
13. **The main idea of paragraph 5 is:**
14. Recommendation and use of Cupping by the Prophet (peace and blessings of Allah be upon him)
15. Wet cupping is a popular remedy practiced in many parts of the Muslim world.
16. The practice of cupping therapy has survived in Muslim countries.
17. Al-Bukhari was a great man.
18. **It is not recommended to have cupping on the—————of the month.**
19. 17th
20. 18th
21. 19th
22. 21st.