

Choose the best collocation

You should have a light _____ before you go to bed.

- meal
- appetite
- menu
- taste

My most

moment was trying to introduce a man whose name I couldn't remember.

- embarrass
- embarrassingly
- embarrassment
- embarrassing

Total questions in exam: 40 | Answered: 13

Reading

Listening

Pronunciation

Language Use

Speaking

Question No. 13

What does the word 'infringing' mean in the following sentence?

It is wrong for a student to copy from the Internet because he or she is infringing the laws of the univers

- to apply to a university
- to break the rules
- to follow the laws
- to use the Internet

Total questions in exam: 40 | Answered: 8

Reading

Listening

Pronunciation

Language Use

Question No. 1

Choose the correct suffix to complete the following sentence.

Steve was telling the truth about not smoking, but his father was still very distrust ____.

- ly
- ness
- tion
- ful

Save & Next حفظ والتالي

Total questions in exam: 40 | Answered: 15

Reading

Listening

Pronunciation

Language U

Question No. 11

The manager _____ his speech before they called him to speak.

- is preparing
- may prepare
- had prepared
- has prepared



Total questions in exam: 40 | Answered: 13

Reading	Listening	Pronunciation	Language Use	Speaking	Writing
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Question No. 14

The software makes it easy to _____ colourful graphs.

- creation
- creative
- create
- creatively

Save & Next حفظ و التالي

HP Compaq LE1711

PC -7

Reading	Listening	Pronunciation	L
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Question No. 2

Would you like to start now, _____ wait until after the break?

- and
- or
- if
- so



Question No. 13

In the past, people used boats to travel across the Atlantic. Nowadays, people _____ by plane.

- travels
- travel
- traveled
- traveling

Save & Next حفظ واقتلي

HP Compaq LE1711

PC -7

Total questions in exam: 40 | Answered: 16

Reading

Listening

Pronunciation

Question No. 12

You went to the party yesterday, _____ you?

- didn't
- hadn't
- weren't
- wouldn't

A



Total questions in exam: 40 | Answered: 16

- Reading
- Listening
- Pronunciation
- Language Use
- Speaking
- Writing

Question No. 1

Read the introductory paragraph to an opinion essay. Which is the best thesis statement for the essay?

A few days ago, I was watching my son's football game. I saw something on the fence surrounding the field. There was a huge advertisement for soda. I was absolutely shocked! How could an advertisement for junk food be placed in view of all of the children and parents? I realize now that the corporation is giving money to my son's school, but at what cost?

- I think it's wonderful that companies are paying for sports programs.
- I think soda advertisements are very funny.
- It's OK to advertise drinks like soda in schools, but they shouldn't be available for students.
- There shouldn't be any commercials for unhealthy food or drinks on school property.

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انتقل إلى الإعدادات لتفعيل Windows

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P LE1851w

Total questions in exam: 40 | Answered: 8

Reading

Listening

Pronunciation

Language Use

Question No. 3

Are you looking for a temporary or a(n) _____ job?

- exhausted
- unemployed
- conscious
- permanent

Save & Next حفظ و التالي

Reading	Listening	Pronunciation	Language Use	Speaking	Writing
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Question No. 5

What does the word 'hindered' mean in the following sentence?

John's injury hindered his career. He can't play football this season.

- to develop
- to distinguish
- to make it difficult
- to predict

Save & Next حفظ و التالي

Total questions in exam: 40 | Answered: 40

Reading

Listening

Pronunciation

Language Use

Question No. 19

What is the synonym of the word 'occur' in the following sentence?

Many plane accidents occur because of technical problems.

- experiment
- happen
- discover
- cause

Save & Next حفظ والتالي

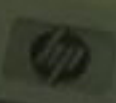
Read the questions below. Once you have heard the recording 2 times, you will not be able to listen to it again.

1

Question 1 :

Choose the sentence you hear.

- It has started to rain.
- It hadn't started to rain.
- It hasn't started to rain.
- It started to rain.



- Reading
- Listening
- Pronunciation
- Language Use
- Speaking
- Writing

Question No. 2

They failed to take the necessary _____ to avoid the spread of disease.

- precautions
- tolerance
- problems
- traits

Save & Next حفظ و التالي

HP Compaq LE1711

Total questions in exam: 40 | Answered: 27

Reading	Listening	Pronunciation	Language Use	Sp
---------	-----------	---------------	--------------	----

Question No. 1

A: What? You went to a bullfight? I'm surprised.

B: Really? _____

A: First, bullfights are cruel. Second, they are dangerous.

- Why do you say that?
- Where did you go?
- When did you go?
- How often do you go there?

Save & Next حفظ و التالي

Question No. 1

Which of the following sentences uses a descriptive adjective?

- I don't like coffee without milk.
- My father sometimes cooks dishes from his hometown in the south.
- Many people think that pizza is a simple dish to make, but it isn't.
- We enjoyed our trip to Riyadh very much.



00:00

Read the questions below. Once you have read the questions, press PLAY to listen to the recording. You may listen to it 2 times only. Once you have heard the recording 2 times, you will not be able to listen to it again. Number of times media

1

Question 1 :

Which of the questions you hear shows that the speaker does NOT know the answer?

- Julie and Frank just had a baby, didn't they?
- You've never been to Europe, have you?
- The new housing project was approved, wasn't it?
- James is retiring next year, isn't he?

- Reading
- Listening
- Pronunciation
- Language Use
- Speaking
- Writing

Question No. 3

These numbers clearly _____ the size of the financial problem facing our company.

- offend
- demonstrate
- consume
- earn

Save & Next حفظ و التالي

- Reading
- Listening
- Pronunciation
- Language Use
- Speaking
- Writing

Question No. 3

These numbers clearly _____ the size of the financial problem facing our company.

- offend
- demonstrate
- consume
- earn

Save & Next حفظ و التالي



Total questions in exam: 40 | Answered: 0

Reading	Listening	Pronunciation	Language Use	Speaking	Writing
---------	-----------	---------------	--------------	----------	---------

Question No. 6

I liked the author; _____ I bought all of his books.

- but
- so
- if
- or

Save & Next حفظ و التالي

Total questions in exam: 40 | Answered: 8

Reading

Listening

Pronunciation

Language

Question No. 2

My first reaction is often correct. That's why I trust my _____

- amusement
- humor
- instincts
- transplants

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AKCL OES

English102_FT_Sem2_2019_Set2

Total questions in exam: 40 | Answered: 0

Reading	Listening	Pronunciation	Language Use	Speaking	Writing
---------	-----------	---------------	--------------	----------	---------

Question No. 6

I liked the author; _____ I bought all of his books.

- but
- so
- if
- or

Save & Next حفظ و التالي

HP Compaq LE1711

A: Drinking a lot of coffee helps me focus more.

B: _____

A: I know, but it's difficult for me to stop drinking coffee.

- Perhaps you didn't do well on your exams.
- Do you have anything to add?
- How much coffee do you drink?
- You shouldn't do that because it's bad for you.

- Reading
- Listening
- Pronunciation
- Language Use
- Speaking
- Writing

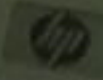
Question No. 1

Liz had dinner at the _____ restaurant.

- old Italian beautiful
- beautiful old Italian
- old beautiful Italian
- Italian beautiful old

Save & Next حفظ و التالي

User: MO
Language
Number of
Number of
0
19
1 2
8 9
15 16



Reading	Listening	Pronunciation	Language Use	Speaking	Writing
---------	-----------	---------------	--------------	----------	---------

Question No. 2

They failed to take the necessary _____ to avoid the spread of disease.

- precautions
- tolerance
- problems
- traits

Save & Next حفظ و التالي

Total questions in exam: 40 | Answered: 11

Reading

Listening

Pronunciation

Language Use

Question No. 6

The weather there can be unpredict ___ because it changes all the time.

- tion
- ness
- able
- ful

Save & Next
حفظ و التالي

Question 1

Which of these sentences expresses NO obligation.

- You have to wait for at least half an hour before you can leave the exam room.
- You don't have to come to class if you are sick.
- You mustn't smoke in this area.
- You must write at least 80 words, or you'll lose marks.

Question No. 10

There is still no _____ that life exists on other planets.

- proved
- proof
- prove
- proven

Question No. 1

A: What? You went to a bullfight? I'm surprised.

B: Really? _____

A: First, bullfights are cruel. Second, they are dangerous.

- Why do you say that?
- Where did you go?
- When did you go?
- How often do you go there?

B: I am worried about my diet. I eat a lot of junk food.
A: I agree, but I find it very difficult to avoid delicious meals like juicy steaks or rice and meat.

- Can you explain why?
- In my opinion, the best steak you get in Medina is at Steak House.
- Perhaps you should eat more fruit and vegetables.
- What are your reasons for saying that?

Total questions in exam: 40 | Answered: 10

Reading

Listening

Pronunciation

Language Use

Sp

Question No. 9

John has been _____ for months. He needs to find a job now.

- frequent
- permanent
- complex
- unemployed

D

Reading	Listening	Pronunciation	Language Use	Speaking	Writing
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Question No. 2

Read the introductory paragraph to an opinion essay. Which is the best thesis statement for the essay?

A few days ago, I was watching my son's football game. I saw something on the fence surrounding the field. There was a huge advertisement for a popular brand of soda. I was absolutely shocked! How could an advertisement for junk food be placed in view of all of the children and parents? I realize now that this huge corporation is giving money to my son's school, but at what cost?

- There shouldn't be any commercials for unhealthy food or drinks on school property.
- I think soda advertisements are very funny.
- It's OK to advertise drinks like soda in schools, but they shouldn't be available for students.
- I think it's wonderful that companies are paying for sports programs.

User: OL4004918

Writing

Number of main q
Number of ques

1 Answered
0 Not Visited

1 2

Reading	Listening	Pronunciation	Language Use	Speaking	Writing
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Question No. 11

Sara _____ have the required experience for the job.

- don't
- didn't
- isn't
- wasn't

B

Save & Next حفظ و التالي

Total questions in exam: 40 | Answered: 4

Reading

Listening

Pronunciation

L

Question No. 2

Would you like to start now, _____ wait until after the break?

- and
- or
- if
- so

B

Total questions in exam: 40 | Answered: 7

Reading

Listening

Pronunciation

Language Use

Question No. 7

Choose the best collocation.

Most children prefer to have ice cream rather than _____ fruit.

- quick
- fresh
- junk
- balanced

B

Save & Next حفظ والتالي

Total questions in exam: 40 | Answered: 8

Reading

Listening

Pronunciation

Language Use

Speaking

Question No. 8

My first _____ with Salem was not very good because he was late for the interview.

- obstacle
- sample
- encounter
- flavour

C

Save & Next حفظ والتالى

Total questions in exam: 40 | Answered: 8

Reading

Listening

Pronunciation

Language Use

Question No. 1

Choose the correct suffix to complete the following sentence.

Steve was telling the truth about not smoking, but his father was still very distrust ____.

- ly
- ness
- tion
- ful

D

Save & Next حفظ و التالي

Total questions in exam: 40 | Answered: 15

Reading

Listening

Pronunciation

Language U

Question No. 11

The manager _____ his speech before they called him to speak.

- is preparing
- may prepare
- had prepared
- has prepared



Question No. 10

Which of these sentences expresses NO obligation.

- You don't have to come to class if you are sick.
- You mustn't smoke in this area.
- You must write at least 80 words, or you'll lose marks.
- You have to wait for at least half an hour before you can leave the exam room.

A

Total questions in exam: 40 | Answered: 13

Reading

Listening

Pronunciation

Language Use

Speaking

Question No. 13

What does the word 'infringing' mean in the following sentence?

It is wrong for a student to copy from the Internet because he or she is infringing the laws of the univers

- to apply to a university
- to break the rules
- to follow the laws
- to use the Internet

Total questions in exam: 40 | Answered: 13

Reading

Listening

Pronunciation

Language

Question No. 20

Being friendly helps us _____ good relations with others.

- exaggerate
- maintain
- obey
- swallow

Total questions in exam: 40 | Answered: 16

Reading

Listening

Pronunciation

Question No. 12

You went to the party yesterday, _____ you?

- didn't
- hadn't
- weren't
- wouldn't

A

Reading	Listening	Pronunciation	Language
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Question No. 2

Which of the following sentences uses a descriptive adjective?

- Sultan is a manager at Aramex in Jeddah.
- After the accident, Omar spent two days in hospital.
- I don't like this type of tea at all.
- Sara bought a fancy scarf from the mall.

- Reading
- Listening
- Pronunciation
- Language Use
- Speaking
- Writing

Question No. 3

These numbers clearly _____ the size of the financial problem facing our company.

- offend
- demonstrate
- consume
- earn

Save & Next حفظ و التالي

Reading

Listening

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English in the past. No

Question No. 11

Sinam

difficulty with speaking

BD4006006

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BD4006006

BD4006006

- has
- is having
- will have
- used to have

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BD4006006

BD4006006

BD4006006

BD4006006

BD4006006

D

Save & Next حفظ والتالي

Reading

Listening

Pronunciation

Language Use

Speaking

Writing

Question No. 5

What is the synonym of the word 'sense' in the following sentence?

The new driverless car has a device that can sense any object on the road.

- occur
- see
- interact
- revolutionize

Save & Next حفظ التالي

Total questions in exam: 40 | Answered: 11

Reading

Listening

Pronunciation

Language Use

Speaking

Writing

Question No. 8

Many things are different in our university now. For example, in the past, we _____ paper exams. Now we take exams online.

- will have
- have
- are having
- had

Save & Next حفظ و التالي

- Reading
- Listening
- Pronunciation
- Language Use
- Speaking
- Writing

Question No. 3

These numbers clearly _____ the size of the financial problem facing our company.

- offend
- demonstrate
- consume
- earn

Save & Next حفظ و التالي

Total questions in exam: 40 | Answered: 11

Reading

Listening

Pronunciation

Language Use

Speaking

Writing

Question No. 8

Many things are different in our university now. For example, in the past, we _____ paper exams. Now we take exams online.

- will have
- have
- are having
- had

Save & Next حفظ و التالي

Total questions in exam: 40 | Answered: 12

Reading

Listening

Pronunciation

Language Use

Speaking

Question No. 9

Which words are in parallel structure in the following sentence?

The teacher says that Mary is doing better with a tablet because the learning is interactive and dynamic.

- adverbs
- nouns
- verbs
- adjectives

Question No. 13

In the interview, Reem did not _____

- exaggerate
- estimate
- consume
- distribute

Total questions in exam: 40 | Answered: 6

Reading

Listening

Pronunciation

Language

Question No. 5

What does 'terrain' mean in the following sentence?

I need a powerful car to go through the rough terrain on this mountain.

- the features of the surface of a piece of land
- green areas in the desert
- a large property normally surrounded by a wall or a fence
- a connected line of cars



Total questions in exam: 40 | Answered: 2

Reading	Listening	Pronunciation	Language Use	Speaking	Writing
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Question No. 5

Use context clues to identify the meaning of the word 'irascible' in the following sentences?

Hamad is becoming irascible these days. He shouts at people all the time.

- sleeping all the time
- losing the ability to speak
- easily becoming angry
- forgetting people's names

تنشيط Windows

حفظ واذهب Save & Next

B: I am worried about my diet. I eat a lot of junk food.
A: I agree, but I find it very difficult to avoid delicious meals like juicy steaks or rice and meat.

- Can you explain why?
- In my opinion, the best steak you get in Medina is at Steak House.
- Perhaps you should eat more fruit and vegetables.
- What are your reasons for saying that?

Total questions in exam: 40 | Answered: 11

Reading

Listening

Pronunciation

Language Use

Speaking

Writing

Question No. 1

Read the introductory paragraph to an opinion essay. Which is the best thesis statement for the essay?

Many people hate commercials because they interrupt the YouTube videos or TV Shows they watch. However, I think that I'm different from most people because I enjoy watching commercials. In fact, I think the commercials are almost as good as the shows I'm watching. Unlike many people, I never leave the TV or my laptop to go to the bathroom or get something to drink when a commercial comes on. I'm the one paying attention because I think commercials are great!

- I hate commercials because they interrupt my favorite YouTube and TV shows.
- YouTube advertisements are different from TV commercials.
- I am different from people because I like commercials.
- Most people hate commercials because they are annoying.

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Total questions in exam: 40 | Answered: 12

Reading

Listening

Pronunciation

Language Use

Speaking

Question No. 10

What does the word 'elicit' mean in the following sentences?

Our teacher does not just give answers to students. He asks many questions to elicit the answers from

- give
- get
- underline
- explain

Save & Next حفظ والتالي

Total questions in exam: 40 | Answered: 11

Reading

Listening

Pronunciation

Question No. 7

If Oliver _____ to the interview, he is likely to get the job.

- might go
- could go
- goes
- go

Save & Next
حفظ و التالي

Total questions in exam: 40 | Answered: 1

Reading

Listening

Pronunciation

Language Use

Question No. 1

You are more likely to get sick if you _____ too much junk food.

- eating
- might eat
- eat
- should eat

Total questions in exam: 40 | Answered: 5

Reading

Listening

Pronunciation

Language Use

Question No. 4

People _____ teaching as an easy job, but it is actually very challenging.

- impress
- consume
- conquer
- perceive

Save & Next حفظ والتالي

Bandar _____ left yet.

- isn't
- doesn't
- hasn't
- didn't



Question 1 :

Which of the sentences you hear ends in a rising intonation?

- Telling a lie is always wrong, isn't it?
- The government should do something, shouldn't they?
- We can trust Jeff, can't we?
- You're responsible for this, aren't you?



1 The famous saying "no one likes change" is debatable. However, whether we like change or hate it, I believe we all have our own way of dealing with it. While some people relish a change in circumstances, others worry about how they will cope with new situations. While some love the challenge of "the new," some hate the inconvenience of getting to grips with something different. In reality, it doesn't really matter where we stand or what opinion we have about change, because we all adapt.

2 According to research, human beings are highly adaptable creatures. We can survive in freezing temperatures. And we can still get on a plane to hot and humid climates without a problem. Humans can survive living on their own and yet attend big parties or family events. Most of the time it's simple: we assess a situation and behave or adapt to it accordingly. This is true of the way we live and how we deal with change in our lives, but it is also true of how we react to change in our surroundings.

3 Take technology, for example. The sheer rate of technological development could have left us astonished and dumbfounded. But it didn't. Actually, the opposite is

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and cool foods together, it is considered balanced. Likewise, opposing cooking methods balance dishes. Boiling and steaming are water-based, so they contrast well with frying, an oil-based method.

⁵The challenge in traditional Japanese cooking is to prepare and eat meals that balance these opposing properties. The Japanese believe that achieving this kind of balance can result in improved health. For instance, dishes like beef with broccoli and sweet and sour chicken are considered healthy because they have a mix of foods, colors, flavors, and textures. For the same reason, a warm dish like fried rice might be eaten with a cool fruit such as watermelon. The Japanese believe diseases occur when there are too many cool or warm foods in the human body. For them, food acts as medicine. A person might have heartburn because he or she is eating too much spicy food. As a result, a doctor might suggest drinking iced tea, a cool drink, to balance the extra warmth.

⁶ Italy and Japan have very different cultures, and people in each culture have their own ideas of what constitutes a balanced meal, whether it is tastes, menus, ingredients, eating habits, or nutritional benefits. What connects the two, however, is a shared desire to find some kind of balance. A look at their food preferences also suggests that culture and food are not separate from each other. They are closely related, and their connection can be observed around the world in very different and fascinating ways.

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1 2

Question
Which

- balanc
- Itali
- Italy
- Japa

Question
Accordin

- For n
- balan
- Food
- to ter
- Howe
- Every

Question
What is t

- There
- culture
- The It
- Japan
- Findin

Question
According

- Carrots
- There a
- meal.

1 2 3 4

- people who can't wait to get their hands on the latest gadgets
- people who are happy with older technology
- people who like the new technology

Question 2 :

According to the article, which of the following sentences is an OPINION?

- According to research, human beings are highly adaptable creatures.
- Recent studies indicate that there are varying degrees of acceptance and resistance to areas such as new technologies.
- However, whether we like change or hate it, I believe we all have our own way of dealing with it.
- Ten years ago, we were able to use mobile phones, text messages, and laptops.

Question 3 :

What is the topic of the article?

- Healthy Gadgets
- Adaptable Humans
- The Effects of New Technology on Young People
- Different Lifestyles

Question 4 :

According to the article, which of the following is TRUE?

- Younger generations consider new technologies as unnecessary.
- Generation plays a small role in how new technology is received.
- Most of us hate the inconvenience of getting to grips with something different.
- Human beings can adapt to new technology easily.

Reading

Listening

Pronunciation

Language Use

Speaking

Writing

Question No. 2

A: I would like to try bungee jumping. It's amazing.
B: Seriously?
A: Well, first of all, I love extreme sports. Also, it looks very exciting.

- Where would you try it?
- When was the last time you bungee jumped?
- Did you try bungee jumping before?
- Why do you say that?

Language Use

Speaking

Writing

1 2 3 4

Question 1 :

The underlined words "these types of people" in paragraph 5 refers to

- people who use new advances just because they're available
- people who can't wait to get their hands on the latest gadgets
- people who are happy with older technology
- people who like the new technology

Question 2 :

According to the article, which of the following sentences is an OPINION?

- According to research, human beings are highly adaptable creatures.
- Recent studies indicate that there are varying degrees of acceptance and resistance to areas such as new technologies.
- However, whether we like change or hate it, I believe we all have our own way of dealing with it.
- Ten years ago, we were able to use mobile phones, text messages, and laptops.

Question 3 :

What is the topic of the article?

- Healthy Gadgets
- Adaptable Humans
- The Effects of New Technology on Young People
- Different Lifestyles

Question 4 :

According to the article, which of the following is TRUE?

3 Take technology, for example. The sheer rate of technological development could have left us astonished and bombarded. But it didn't. Actually, the opposite is true. We have adapted so quickly to these new technologies that somehow we are less and less surprised about the new wonders of technology that we see on a daily basis. More important, though, is how we have integrated these technological changes into our lives so effortlessly that most of us haven't realized it, and more of us can't even remember a time when we weren't using these kinds of technology.

4 Ten years ago, we were able to use mobile phones, text messages, and laptops. Today though, we think nothing of making a video call to a friend, updating our social networking sites or downloading the latest smartphone application to share music or files. The truth is that however fast technology moves, we will adopt it and adapt to it at the same pace. That is to say that we can, and most of us do. But just because we can, doesn't always mean that we want to.

5 Recent studies indicate that there are varying degrees of acceptance and resistance to areas such as new technologies. Many young people can't wait to get their hands on the latest gadgets, while some use these new advances just because they're available and can make life easier. There are also others who can't see the point of new technology and are happy with older technology that seems to work well. So where does this divide come in? Generation plays a big role in how new technology is received. For **these types of people**, new technologies like this often strike them as being unnecessary as well as complicated to learn about and use. Other generations can

- Italians regions - cuisine, food traditions
- Italy - Japan - different cultures, shared desire - balance
- Japanese , two different types, cool, warm

Question 2 :

According to the article, which of the following sentences is a FACT?

- For me, a person's culture can influence the way he tries to find balance in the foods he consumes.
- Food research shows that a traditional Italian meal has from three to ten different courses.
- However, I think that finding the right balance in food is very tricky.
- Everyone likes eating Italian foods like pizza and pasta.

Question 3 :

What is the main idea of the article?

- There are many differences between the Italian and Japanese cultures.
- The Italians and Japanese use very similar ingredients.
- Japan and Italy have different types of spicy foods.
- Finding balance in food differs from one culture to another.

Question 4 :

According to the article, which of the following is FALSE?

- Carrots are considered cool foods in Japan.
- There are three to ten different courses in a traditional Italian meal.
- Many Italians don't like the traditional fast-food meal because it is too simple and quick.
- The Italian people believe diseases occur when there are too many cool or warm foods in the human body.

1 2 3 4

Question 1 :

Which of the following notes are for paragraph 2?

- balanced diet, food habits of different cultures
- Italians, regions - cuisine, food traditions
- Italy - Japan - different cultures, shared desire - balance
- Japanese , two different types, cool, warm

Question 2 :

According to the article, which of the following sentences is a FACT?

- For me, a person's culture can influence the way he tries to find balance in the foods he consumes.
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- Finding balance in food differs from one culture to another.

Question 4 :

According to the article, which of the following is FALSE?

- Carrots are considered cool foods in Japan.
- There are three to ten different courses in a traditional Italian meal.

adapt to it at the same pace. That is to say that we can, and most of us do. But just because we can, doesn't always mean that we want to.

5 Recent studies indicate that there are varying degrees of acceptance and resistance to areas such as new technologies. Many young people can't wait to get their hands on the latest gadgets, while some use these new advances just because they're available and can make life easier. There are also others who can't see the point of new technology and are happy with older technology that seems to work well. So where does this divide come in? Generation plays a big role in how new technology is received. For these types of people, new technologies like this often strike them as being unnecessary as well as complicated to learn about and use. Other generations can appreciate new technologies for the convenience they provide. Then we have the younger generation who are intrigued and interested in technology, and are the ones growing up with cutting-edge technology that has never been seen before.

6 The way different people and age groups adapt to technology is just an example of how change affects us. Even though we may have varying degrees of how willing we are to accept these changes, the truth remains that we always adapt. Whether that means giving up on CDs and opting for MP3s instead, or even just being aware of the new gadgets on the market, we never fail to adapt to our surroundings and the influences around us, and that's what makes humans experts in adapting.

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¹ Food specialists around the world often speak about the importance of a balanced diet. However, I think that finding the right balance in food is very tricky. A balanced diet usually means eating more fruits, vegetables, and grains and consuming fewer foods high in fat, sugar, and cholesterol. When comparing the food habits of different cultures, however, the definition of a "balanced diet" might also be seen differently. For me, a person's culture can influence the way he tries to find balance in the foods he consumes. Cultures might view balance differently according to the way a dish tastes, or how a meal is prepared and served. Looking at the concept of a "balanced diet" through the eyes of two very different cultures makes it clear that the definition can differ greatly.

² For the Italians, balance does not come only from using different kinds of ingredients; enjoying the tastes of the country's many regions can also make their diet feel balanced. Italy is divided into 20 regions. Each region has its own local cuisine and food traditions, or what the Italians call *tradizioni*. The Italians embrace all 20 regions and the cuisine produced in each. Italian cafés, restaurants, and food advertisements often refer to the different regions, and to the fact that Italian people find pleasure in eating foods from different parts of the country in a search for balance.

³ Everyone likes eating Italian foods like pizza and pasta. One can also see balance in the way the Italians serve their food. Food research shows that a traditional

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Total questions in exam: 40 | Answered: 22

Reading

Listening

Pronunciation

Language Use

Speaking

Writing

Question No. 1

Reading 1.1: Read the article and choose the best answer for each item: a, b, c, or d.



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Question 1 :

Which of the following notes are for paragraph 2?

- a) balanced diet, food habits of different cultures
- b) Italians, regions - cuisine, food traditions
- c) Italy - Japan - different cultures, shared desire - balance
- d) Japanese , two different types, cool, warm

Question 2 :

According to the article, which of the following sentences is a FACT?

- a) For me, a person's culture can influence the way he tries to find balance in the foods he consumes.
- b) Food research shows that a traditional Italian meal has from three to ten different courses.
- c) However, I think that finding the right balance in food is very tricky.
- d) Everyone likes eating Italian foods like pizza and pasta.

Question 3 :

What is the main idea of the article?

- a) There are many differences between the Italian and Japanese cultures.
- b) The Italians and Japanese use very similar ingredients.
- c) Japan and Italy have different types of spicy foods.
- d) Finding balance in food differs from one culture to another.

Question 4 :

According to the article, which of the following is FALSE?

- a) Carrots are considered cool foods in Japan
- b) There are three to ten different courses in a traditional Italian meal.

Question No. 1

⁴ Like Italian cuisine, traditional Japanese cooking also tries to find balance, but in a different way. The Japanese believe there are two different types of foods, which work together to create harmony in a dish. According to this principle, foods like carrots, water, and tofu are "cool" foods because they decrease body heat. In contrast, foods such as chicken, eggs, and mushrooms are "warm" foods because they increase body heat. When a dish has an equal amount of warm and cool foods together, it is considered balanced. Likewise, opposing cooking methods balance dishes. Boiling and steaming are water-based, so they contrast well with frying, an oil-based method.

⁵ The challenge in traditional Japanese cooking is to prepare and eat meals that balance these opposing properties. The Japanese believe that achieving this kind of balance can result in improved health. For instance, dishes like beef with broccoli and sweet and sour chicken are considered healthy because they have a mix of foods, colors, flavors, and textures. For the same reason, a warm dish like fried rice might be eaten with a cool fruit such as watermelon. The Japanese believe diseases occur when there are too many cool or warm foods in the human body. For them, food acts as medicine. A person might have heartburn because he or she is eating too much spicy food. As a result, a doctor might suggest drinking iced tea, a cool drink, to balance the extra warmth.

⁶ Italy and Japan have very different cultures, and people in each culture have their own ideas of what constitutes a balanced meal, whether it is tastes, menus,

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Question No. 7

He _____ about the author until he met him.

- doesn't hear
- hadn't heard
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- isn't hearing

Reading

Listening

Pronunciation

Language Use

Speaking

Question No. 2

Which of the following sentences uses a descriptive adjective?

- After the accident, Omar spent two days in hospital.
- I don't like this type of tea at all.
- Sultan is a manager at Aramex in Jeddah.
- Sara bought a fancy scarf from the mall.

The weather there can be unpredictable _____ because it changes all the time.

- tion
- able
- ful
- ness