

## تدريبات على الفصل السابع

• أنكر خصائص برنامج الكورت .

• ماهي أهمية برنامج الكورت ؟

• ماهي مكونات برنامج الكورت

## تدريبات على الفصل السابع

▪ أذكر أهداف برنامج اسكامير .

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▪ ماهي أنماط التفكير للقبعات الست ؟

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▪ أذكر أهداف برنامج القبعات الست .

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## تدريبات على الفصل السابع

▪ أذكر أهداف برنامج حل المشكلات المستقبلية بطريقة إبداعية .

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▪ اعتمد برنامج هيلدا تابا على ثلاثة فرضيات - انكرهم

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▪ عدد خطوات برنامج هيلدا تابا :

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## تدريبات على الفصل السابع

- (تدريب عملي ١) اعرض مشكلة وكيفية حلها بأسلوب برنامج الكورت ( عمل جماعي في المحاضرة تحت إشراف أستاذ المقرر ).

- أذكر أهمية تعلمك لمقرر مهارات التفكير (من وجهة نظرك).

## ١) تدريبات على مقرر مهارات التفكير

- كيف يمكن الاستفادة من تطبيقات مهارات التفكير في حياتك اليومية والمهنية مستقبلاً إن شاء الله (في مجال تخصصك)؟

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**جامعة الحدود الشمالية  
عمادة السنة التحضيرية  
والدراسات المساعدة  
قسم مهارات تطوير الذات**



للتواصل مع فريق الإعداد:

[hishamsz@yahoo.com](mailto:hishamsz@yahoo.com)✉

[Ahmad\\_alharamlah@yahoo.com](mailto:Ahmad_alharamlah@yahoo.com)✉