Passage Ice cream 7

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1. Ice cream is a sweetened frozen food typically eaten as a snack or dessert. It is usually made from dairy products, such as milk and cream, and often combined with fruits or other ingredients and flavors. Ice cream is one of the most popular desserts in the world. Over four billion gallons (15.1 billion liters) are consumed each year worldwide. Although many people enjoy this frozen dessert, not too many people know its history.
2. Eating frozen sweets started about two thousand years ago. In ancient Italy, Persia and China, ice (or sometimes snow) was mixed with fruit or fruit juice. In ancient Rome, the Emperor Nero had snow brought down from the mountains and mixed with fruit.
3. Arabs were the first people to add milk to frozen desserts. Instead of fruit juice, they added sugar as a sweetener. But sugar wasn’t the only thing added. They also added dried fruits and nuts. As early as 1,000 years ago, ice cream could be found in Baghdad, Damascus and Cairo.
4. After this time, ice cream and ice cream recipes were mentioned in books. One of the earliest ice cream recipes appeared in a cookbook from 1718. The Oxford English Dictionary claims that the first mention of the phrase “ice cream” was in a magazine that was published in the year 1744.
5. These days there are many companies that sell ice cream and the number of different flavors available is well over 1,000. Frozen desserts have been around for a long time and will most likely be enjoyed well into the future.

**1-B 2-A 3-C 4-D 5- A**

**Questions**

1. **Ice cream is made from…………………..**
2. snacks and desserts
3. dairy products
4. 4 billion gallons
5. 15.1 billion liters
6. **The main idea of paragraph 2 is………………….**
7. How people started eating frozen sweets in the past
8. Why the Roman Emperor Nero had snow mixed with fruit.
9. How the Italians and Chinese made ice cream
10. Fruit and fruit juice are used in making ice cream
11. **The items the Arabs added to frozen desserts were………………….**
12. fruit juice and sugar
13. milk and fruit juice
14. dried fruit, nuts, milk and sugar
15. fruit juice
16. **The pronoun “they” in paragraph 3 refers to the …………..**
17. fruits
18. desserts
19. people
20. Arabs
21. **The best title for this passage could be…………….**
22. The History of Ice cream
23. Arabs and Ice cream
24. How Ice cream is Made
25. Books on Ice creams