

صور من الوحدة الأولى فقط

لصف الرابع والخامس والسادس الابتدائي 1446 هـ

المذكرة مقسمة على وحدات بالشرح والتمارين .. هامة جداً في المراحل الأولى للتأسيس.. مذكرة متكاملة لا يوجد منها في السوق ولا حتى في المكتبات.. من ابداع متخصصين

لمن يرغب في النسخة الكاملة يتواصل معي على رقم 0557325813

واتس وتلجرام

تخفيض خاص لمن يطلب أكثر من صف

<https://t.me/abokhaledamer>

Best Wishes Unit 6 House Accidents

TERM 3 6 House Accidents You should go to the doctor!

Abokhaled Amer Creativity The Last Touch

TopGoal! Throughout the school year to help you reach all your top goals in English.

QR Code

accidents حوادث
headache صداع
earache ألم الأذن
toothache ألم الأسنان
backache ألم الظهر
stomachache ألم المعدة/عاصي
cough كحة
cut جرح / قطع
sick = ill مريض
back ظهر
x-ray أشعة
cry يبكي / يصرخ
hurt يذلم
fall يسقط
doctor طبيب / طيب
How often كم مرة
problem مشكلة
unhealthy غير صحي
dinner عشاء
dentist طبيب أسنان
screen شاشة
What's wrong? ما المشكلة؟
What's the problem?
What do I have? ماذا تعدي
How often are you sick?
advice نصيحة
obligation التزام
prohibition منع / حظر

should X shouldn't يجب
must X mustn't لازم *
have to / has to مضطر الى
need to ان يحتاج
What else? وماذا أيضاً؟
Anything else? أي شيء آخر؟
candy حلوى
helmet خوذة
motorbike دراجة
get better يتحسن
gloves قفاز
medicine دواء / علاج
electricity كهرباء
throat حنجرة
stomach معدة
nurse ممرضة
quiet هادئ
hospital مستشفى
disease مرض
avoid يتجنب
shout يصرخ
wear يلبس / يرتدي
strange غريب
member عضو
remote بعيد
control يسيطر / يتحكم
stuck متعطل

couch أريكة / نايبة
actually بالفعل
laugh يضحك
safe آمن
before قبل
touch يلمس
pick up يلتقط / يندم
cable كابل / سلك
product منتج
alone منفرد / وحده
~~~~~  
upstairs الطابق العلوي  
downstairs الطابق السفلي  
ill مريض  
all right بخير / تمام  
put on يلبس  
take off يخلع  
brand aid لصقة طبية للجروح  
tired مرهق / متعب  
remember يتذكر  
pill حبوب / إبر  
first aid أولية  
something شيء ما  
everything كل شيء  
anything أي شيء  
nothing لا شيء  
everywhere في كل مكان  
specific محدد

Third Term

ABOKHALEDAMER  
0557325813

TOP GOAL 1.3

IN THE NAME OF ALLAH THE MOST GRACIOUS THE MOST MERCIFUL

1446 هـ 2025 م

Abokhaled Amer Creativity The Last Touch

TOP GOAL 1.3 4th 5th 6th Elementary Second Term

TERM 3

ابناتي الأعزاء  
ها  
أتم الآن تصفون مستقل بكم، بكم تناديكم جميعاً  
وفتكم الله وسدد خطاكم

الصف الرابع/الخامس/السادس الابتدائي / الفصل الثالث

TopGoal!

من أجلكم أنتم كان كل هذا الجهد والعطاء

TERM 3

With the concept of  
The Teacher of Generations

Best of Luck  
for You All

TopGoal! ABOKHALEDAMER 0557325813 TopGoal!



**Grammar**

SB. Page 72

**Read and complete.**

I have a headache.  
Do I have to have an x-ray?  
We don't know, but you have to sit down and wait.  
You must stay in a dark room.  
You mustn't look at any screens. OK?  
Omar should take this medicine.  
He shouldn't play outside today.  
Anything else?



**Grammar**  
**Advice** نصيحة

**Should / يجب / Shouldn't / لا يجب**

**Should / Shouldn't + مصدر**  
بمعنى ينبغي / لا ينبغي، تستخدم عادة لتقديم النصيحة.  
**النقطة:**  
You should sleep early. ينبغي أن ننام مبكراً.  
You shouldn't come late. لا ينبغي أن تأتي متأخراً.

- You should take this medicine. You should study more.
- You shouldn't play outside today. You shouldn't eat so much.

**Choose the correct answer:**

- 1- You (should – shouldn't) sleep late.
- 2- You (should – shouldn't) help your dad.
- 3- You (should – shouldn't) study hard.
- 4- You (should – shouldn't) hit your brothers.
- 5- He should (cleans – clean – cleaning) your teeth every day.
- 6- She shouldn't (eating – eats – eat) too much sweets or her teeth will hurt her.
- 7- We ----- help our friends when they need help.
- 8- I ----- stay up for late hours.



**Obligation & Prohibition**

المنع / الإلزام

**مصدر + must**

**إلزام**  
مصدر + must لازم  
X مصدر + mustn't  
You must stop at the red light.  
You mustn't smoke.  
You mustn't park here.

- You must stay in a dark room. You must stop at the red light.
- You mustn't look at any screens. You mustn't take this medicine.

**must** + مصدر

**mustn't** + مصدر

You must stop at the traffic lights. You mustn't smoke here.  
You must follow the school rules. You mustn't park here.  
You must fasten your seatbelt. You mustn't use your phone while driving.

**Complete the sentences with: must, / mustn't.**

1. You \_\_\_\_\_ talk during the test.
2. You \_\_\_\_\_ park on the sidewalk.
3. You \_\_\_\_\_ follow the rules.
4. You \_\_\_\_\_ smoke at the hospital.
5. We \_\_\_\_\_ forget to take our cameras on vacation.
6. Children \_\_\_\_\_ eat healthy breakfast every morning.
7. He \_\_\_\_\_ hang out with his friends now.
8. He \_\_\_\_\_ talk on the phone now.
9. He \_\_\_\_\_ be lazy and irresponsible.
10. It \_\_\_\_\_ eat it.

**Choose the best answer to fill in the blank in questions:**

1. You (must – mustn't – is must) stop at the traffic lights.
2. You (should – mustn't – is should) eat when you're driving.
3. He (must – mustn't – must not) park on the sidewalk.
4. You (shouldn't – must – is should) drive under the speed limit.
5. You (must – mustn't – shouldn't) take your medicine on time.

**Use must / mustn't / should / shouldn't:**

1. You ..... be patient.
2. You ..... know the traffic rules.
3. You ..... break the laws.
4. You ..... smoke here.
5. You ..... help your family.
6. You ..... sleep late.
7. You ..... talk on the phone while you're driving the car.



WB. Page 184

**Look and complete.**



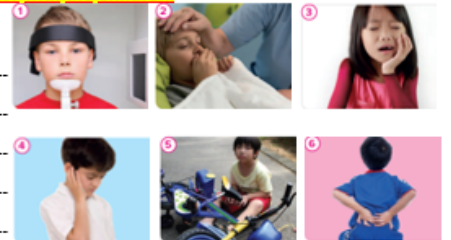
1. Jim ate a lot of food, and now he has a **stomachache**.
2. Tim played a lot of video games, and now he has a .....
3. Aisha has a ..... on her finger after making a fruit salad.
4. Ryan had a fall and ..... his leg.
5. Melody is not very well; she feels .....
6. Parker is ....., and his friend is talking to him.

WB. Page 184

**Look and write what is the matter with the children.**

1. **He is having an X-ray.**

2. ....
3. ....
4. ....
5. ....
6. ....



*Third Term*

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TOP **GOAL 1.3**

**Choose the correct answers**

1. You should (drink – drinking – drinks) water every day.
2. He should (study – studies – studying) for the test tomorrow.
3. The students shouldn't (used – uses – use) their mobile phones in the exam.
4. People shouldn't (driving – drive – drives) fast in the town center.
5. She's always tired. She shouldn't (go – goes – going) to bed late every night.
6. You shouldn't (ate – eat – eating ) too much .
7. He should (go – went – goes )to the dentist.

**Match:**

- |                                     |                                    |
|-------------------------------------|------------------------------------|
| 1- I have a headache.               | A) She shouldn't eat anything now. |
| 2- Mariam has a stomachache.        | B) You should take some aspirin.   |
| 3- Ahmad has a toothache.           | C) They should drink warm liquid.  |
| 4- The children have a sore throat. | D) He should go to dentist.        |

**Give advice:**

- 1- I have a cold. ....
- 2- I have a stomachache. ....
- 3- I have a toothache. ....

**Do as shown between brackets:**

1. They should drinks warm liquids. (Correct) .....
2. Ali shouldn't eating junk food. (Correct) .....



*Third Term*

Top **Goal 1.3**

**Complete the sentences with:** has to, have to

- Omar \_\_\_\_\_ do his chores.
- He \_\_\_\_\_ clean up the kitchen.
- We \_\_\_\_\_ wash the dishes.
- Ali \_\_\_\_\_ clean the floor.
- They \_\_\_\_\_ take out the garbage.
- You \_\_\_\_\_ study for the test.

**Choose the correct answer:**

- Amal is going to be a little late because she (has - have - can) to do the laundry.
- Nora can't go shopping right now because she (have - has - don't have) to wash the dishes.
- He (didn't have to - must - have to) hang out with his friends now.
- He (have to - has to - don't have to) clean up the kitchen.
- They (have to - has to - doesn't have to) wash the dishes.
- Adnan and Salem (have to - has to - doesn't have to) clean the floor.
- He (mustn't - must - has to) be lazy and irresponsible.
- Look how long the grass is! We really (must - mustn't - has to) mow the lawn.
- Nora (mustn't - have to - has to) finish her assignment because it is due tomorrow.
- We (aren't have to - don't have to - must) go to school. It is Saturday.
- You (mustn't - have to - has to) cross the street when the light is red.
- I (have to - has to - having to) babysit, so I don't hang out with my friends.
- What time do we (have to - has to - had to) leave for the airport? Our flight's at 10 a.m.
- Children (have to - has to - having to) eat a healthy breakfast every morning.
- Mother (don't have to - doesn't have to - isn't have to) cook tonight because we're going out for dinner.
- How long (do - does - doing) you have to wait for the bus?
- We (mustn't - must - have to) forget to take our camera with us on vacation.
- We have to (stay - stays - staying) home tomorrow night.
- Brian can't go out this afternoon because he (have to - has to - don't have to) mow the lawn.
- They aren't going to football practice because they (has to - have to - don't have to) babysit.
- Matt can't help them now because he (have - has - don't have) to clean the house.

**Choose the correct answer:**

- I should (going - go - goes) home now.
- We should (leave - leaves - leaving) it till tomorrow.
- You should (study - studied - studying) hard.
- You should (get - getting - gets) a haircut.
- She has to (get - gets - getting) up early.
- I have to (sees - see - seeing) a doctor.
- You have to (drive - drives - driving) on the right.
- He has to (wearing - wears - wear) a tie at work.
- You must (eat - eats - eating) vegetables.
- We mustn't (drives - driving - drive) too fast.

**Obligation التزام**

**مضطر** (مع الأعمال المنزلية chores) + مصدر  
**جمع have to** + مصدر  
**مفرد has to** + مصدر

You have to clean your room.  
 We have to take out the garbage.  
 They have to do the laundry.  
 I have to study for the exam.

He has to mow the lawn.  
 She has to cook lunch.  
 Ali has to babysit.  
 Nora has to dust the room.

**لا داعي** (مع الأعمال المنزلية chores) + مصدر  
**جمع don't have to** + مصدر  
**مفرد doesn't have to** + مصدر

You don't have to sleep early. Tomorrow is Saturday.  
 I don't have to cook. We will go to the restaurant.

He doesn't have to mow the lawn.  
 She doesn't have to dust.

**هل أنت مضطر إلى** (مع الأعمال المنزلية chores) + مصدر  
**Do you have to** + مصدر?  
**Does he have to** + مصدر?

Do you have to clean your room?  
 Do they have to sleep early?

Does he have to clean the room?  
 Does she have to cook lunch?

| Affirmative | Negative           | Question            |
|-------------|--------------------|---------------------|
| have to...  | don't have to...   | Do you have to...?  |
| has to...   | doesn't have to... | Does he have to...? |

**Choose the correct answer:**

- I (have - has - having) to clean my room.
- She (have - has - having) to cook lunch.
- He (have - has - having) to wash the dishes.
- They have (too - to - two) sleep early.
- He has to (dust - dusts - dusting) his room.
- He (don't - doesn't - isn't) have to come.
- They (don't - doesn't - aren't) have to run.
- Ali (don't - doesn't - isn't) have to come.
- Nora doesn't (have to - has to - had to) run fast.
- hassan doesn't (have to - has to - had to) stay up.
- They don't have to (study - studies - studying).
- (Do - Does - Is) she have to come early?
- (Do - Does - Are) you have to help her?
- (Do - Does - Is) Ali have to come?
- Do we have to (sleep - sleeps - sleeping) early?

Third Term

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TOP GOAL 1.3

**WB. Page 186**

**Read and complete with:** must, mustn't, should, shouldn't, have to, and don't have to.

Ashraf: Majid! That was a bad fall. You **must** be careful.

Majid: Yes, I know! Ouch, my leg.

Ashraf: You \_\_\_\_\_ walk. I can call the nurse for help.

Majid: You \_\_\_\_\_ I'm OK.

Ashraf: No, it's fine. You \_\_\_\_\_ stay calm if you can.

Majid: OK. I \_\_\_\_\_ run that fast!

Later ...

Nurse: What's the matter, Majid?

Majid: My leg hurts.

Nurse: You \_\_\_\_\_ stay very still and you \_\_\_\_\_ move at all! I \_\_\_\_\_ call an ambulance.

**Complete with the phrases in the box. Then match.**

don't have to go - have to cover - must see - must wear - shouldn't walk - should stay

- |                                         |                                         |
|-----------------------------------------|-----------------------------------------|
| 1. I want to ride my new bike. --e--    | a. You _____ your mouth with your hand. |
| 2. I have a cough. ----                 | b. You _____ to school.                 |
| 3. Fatima has a terrible headache. ---- | c. You _____ a dentist.                 |
| 4. I had a fall and my leg hurts. ----  | d. She _____ in a dark room.            |
| 5. I'm feeling sick. ----               | e. You <b>must wear</b> a helmet.       |
| 6. I have a terrible toothache. ----    | f. You _____ or stand up                |

**Read and complete the text. Use the words in the box.**

don't have to - had to - have to stay - must call - mustn't move - should be

Last week, I had an accident at home. I know I **should be** more careful. I was in the kitchen. I had a knife in my hand because I wanted to make a salad. The knife fell and cut my finger. I \_\_\_\_\_ quickly wash my finger, but got a lot of water on the floor. I wasn't careful and had a bad fall. I hurt my back. Luckily, I had my cell phone. "You \_\_\_\_\_ an ambulance." I thought to myself. When help arrived, they said, "You \_\_\_\_\_ your back." They took me to the hospital. They had to do an X-ray on my back. The doctor said, "You \_\_\_\_\_ in bed for week!" "Too bad!" I thought, "but I \_\_\_\_\_ go to school!"

**Read and write what the person** must / mustn't or should / shouldn't do.

- Your friend falls over and gets a cut on her knee.
- Your friend looks like she's going to be sick.
- Your friend gets a toothache every week.
- Your friend is coughing a lot.
- Your friend hurts his head and gets a headache.
- Your friend is always tired at school.



**SB. Page 73**

**Read and match the problems with the correct advice.**

- |                                         |                                                                         |
|-----------------------------------------|-------------------------------------------------------------------------|
| 1. I have a stomachache. ----           | a. You shouldn't listen to loud music.                                  |
| 2. I have a cough. ----                 | b. You should drink a lot of water and juice. It will help your throat. |
| 3. I have an earache. ----              | c. You shouldn't eat ice cream. It's bad for your stomach.              |
| 4. I have a headache. ----              | d. You should go to the dentist.                                        |
| 5. I have a toothache. ----             | e. You should get an X-ray.                                             |
| 6. I had a fall, and my leg hurts. ---- | f. You should go to an ear doctor.                                      |

**WB. Page 186**

**Read and choose the correct option.**

- I have a headache. You (should / shouldn't) watch TV.
- I am in a hospital's corridor. You (don't have to / have to) be quiet.
- I want to get better. You (must / mustn't) take your medicine.
- He has a cold. He (shouldn't / should) play outside.
- I have a toothache. You (shouldn't / should) go to the dentist.
- I had a fall climbing a tree. You (don't have to / have to) be careful.

**SB. Page 72**

**Read and complete the chart.**

|                               | Affirmative                                              | Negative                                              |
|-------------------------------|----------------------------------------------------------|-------------------------------------------------------|
| <b>Obligation</b>             | I <b>have to</b> wear a helmet to ride a motorbike.      | I _____ wear gloves to wash the dishes.               |
| <b>Advice</b>                 | You _____ drink a lot of water. It's good for your body. | You _____ eat a lot of candy. You'll get a toothache. |
| <b>Obligation Prohibition</b> | We _____ take our medicine every day to get better.      | You _____ play with electricity.                      |

**SB. Page 73**

**Look and write have to, don't have to, must, or mustn't and a word from the box.**

be - drink - run - shout - wash - wear

- You **have to be** quiet in the hospital.
- You \_\_\_\_\_ in the hospital.
- You \_\_\_\_\_ your hands in the hospital.
- You \_\_\_\_\_ in the hospital.
- You \_\_\_\_\_ water if you don't want to.
- I \_\_\_\_\_ a mask in the hospital to avoid catching a disease.





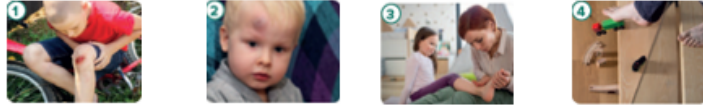
Look at the photos. Say which of these things you do

Listen again and check (✓) or cross (X).

- You don't have to clean up all your toys. ....
- You should close and lock the front door to be safe. ....
- You should leave dangerous products alone. ....
- You shouldn't play outside. ....
- You mustn't touch cables with electricity. ....

Look and talk with your partner

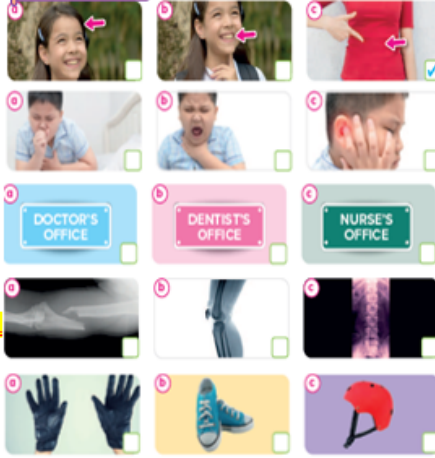
SB. Page 75



WB. Page 189

Listen and check (✓).

- What's the matter with Violet? .....
- What does Kai have? .....
- Where should Luna go? .....
- What X-ray did Ana have? .....
- What must Mia wear? .....



Listen again and answer: Yes or No.

- Violet ate lots of pizza. --Yes--
- Kai doesn't feel sick. ....
- Luna's at the nurse's office. ....
- Ana's leg hurts. ....
- Mia doesn't have a helmet. ....

Story

SB. Page 74

Look at the picture and answer with your partner.

- What family members can you see?
- What is happening to Dad?
- Who is controlling the toy car?

Listen and read.

A Strange Car Accident

Alex and Lisa were playing in the yard with Alex's new toy—a remote-controlled car—when Dad got home from work. "Dad, watch out!" cried Alex. "You mustn't step on the car!" But it was too late. Dad's foot got stuck in the car. He was rolling all over the yard. Alex tried to stop the car, but he couldn't control it. Lisa ran to help Dad. He was heading toward the flowers very quickly! "Oh, no!" cried Lisa. But Dad fell into the flowers. "Ow! I hurt my foot. I must get an X-ray," said Dad.

Later, Dad was lying on the couch. The children brought some ice for his foot. "Here, Dad. You should put ice on your foot," said Lisa. "No need. I'm actually OK!" said Dad, laughing. "But," said Mom, "you have to pick up your toys in the yard before someone really gets hurt."

Read again and write T (true) or F (false). Correct the false sentences.

- The children were in the yard. --T--
- Dad didn't see the toy car. ....
- Alex stopped his toy car. ....
- The children got ice for Dad. ....
- Dad needed the ice for his foot. ....
- Mom was angry with Dad. ....

Look and choose the correct option.

WB. Page 188

Dad's fall is caused by ...

- a. a remote-controlled car. B. a skateboard. C. cookies and juice.

Look and order the pictures.

Match the titles with the pictures.

- Oh, no!
- I'm fine. Thank you.
- Dad is fine! Let's play again.
- Poor Dad ... let's take him some ice!
- Hey kids! Cookies and juice for you!



Use the pictures in Exercise 2. Write the story. Use the words in the box

toy – play in the yard – cookies and juice – step on the skateboard – fall in the flowers – bring ice – Dad's foot OK

Social and Emotional Learning

SB. Page 74

Read and discuss.

- What happens if you don't do something you were asked to do?
- How do you think it affects other people? Why?
- What can you do to be better?

Look and write compound nouns

SB. Page 79

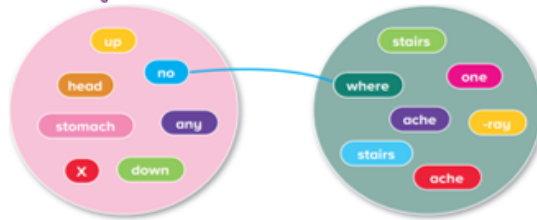
- ear
- .....
- .....
- .....
- tooth
- X-

- ache
- .....
- .....
- ache
- ray

- earache
- band aid
- headache
- upstairs

Match the halves.

- .....
- .....
- .....
- .....
- .....
- .....
- .....



WB. Page 190

Order the letters and write the words on the lines.

bdna dia il stauisr. tou no stadoisrxv tsmocha kate fot lel abtri

- The top part of a building. ----upstairs----
- The lower part of a building. ....
- The part of your body where food goes. ....
- The same meaning as "sick." .....
- You can say "I'm OK" or "I'm ...". ....
- The thing you can put on a cut. ....
- When you get undressed, you ... clothes. ....
- ... clothes is the same as "get dressed." .....



Listen and number the people.

SB. Page 76

Vocabulary



الطابق العلوي upstairs X الطابق السفلي downstairs  
 مريض ill X بخير / تمام all right  
 يلبس put on X يخلع take off  
 رأس head X معدة / بطن stomach  
 band aid لصقة طبية

Write the Correct letter under its picture:

- upstairs
- downstairs
- ill
- all right
- put on
- take off
- head
- stomach
- band aid



Complete the missing letter:

- h...ad
- u...stairs
- stoma...h
- ba...d
- all r...ght
- ta...e off

Read and choose the correct words.

- I cried because I fell (downstairs / upstairs) and hurt my arm.
- I feel sad and tired. I'm not (all right / ill).
- The ball hit me in the (stomach / head), and now I have a stomachache.
- Remember to (put on / take off) your helmet when you go cycling.
- Please (put on / take off) your boot. I have to take an X-ray of your foot.

SB. Page 76

**Read and complete. Use the words in the box. Then do the quiz**

cut – cough – headache – hurt – stomachache – toothache

**Are you good at first aid? Can you help someone who is sick?**

1. What should you say to someone who has a headache?  
You should ... (a. go to a dark room. b. play video games. c. listen to loud music.)
2. What should you say to someone who has a toothache?  
You should ... (a. brush your teeth. b. go to the dentist. c. eat lots of candy.)
3. What should you say to someone who has a cut?  
You should ... (a. put on a band aid b. clean the cut. c. not wash the cut.)
4. What should you say to someone who has a cough?  
You should ... (a. drink lots of water. b. cover your mouth. c. sing very loudly.)
5. What should you say to someone who has a stomachache?  
You should ... (a. go to the doctor. b. lie down. c. eat lots of pizza.)
6. What should you say to someone who isn't wearing their leg?  
You should ... (a. get an X-ray. b. stand up immediately. c. not move.)

**Read and find. Circle**

1. Something you put on a cut. ....
2. Something you use to see inside your body. ....
3. Something you say that means OK. ....
4. Something you do when you are sad. ....
5. Something you have when your tooth hurts. ....
6. Something you have when your head hurts. ....

**Read and complete. Use the words in the box**

a band aid – a cut – all right – fall – hurt – must – mustn't – should – shouldn't

Nasir: What a fall! Are you ..... Omar?  
Omar: No, I'm not. My arm and leg ..... when I move.  
Nasir: You ..... keep still. You ..... try to move.  
Omar: OK. It hurts a lot. I have ..... on my hand, too.  
Nasir: I have ..... for your cut. I'm going to call your parents. I think you need an X-ray.  
Omar: Thanks, Nasir. I can hear my dad now, Omar, you ..... be more careful! You ..... go so fast!  
Nasir: Yes, good advice, and you should wear a helmet. Omar: I know.

أمثلة Examples

- Everything hurts. It hurts everywhere.
- I don't see anything in your eye.
- I have something in my eye.
- There's nothing wrong.

**Read, match, and write.**

- any-
- every-
- no-
- some-
- body
- one
- thing

**Indefinite Pronouns**

1. --anybody--
2. ....
3. ....
4. ....
5. ....
6. ....
7. ....
8. ....
9. ....
10. ....
11. ....
12. ....

**Choose the correct answer:**

1. We use (every / any / some / no + thing) to talk about (specific / indefinite) things, objects, or concepts.
2. We use (every / any / some / no + body) or one to talk about (a specific / an indefinite) person or group of people.
3. We use "every" to talk about (one / all).
4. We use "any" in (affirmative / negative and interrogative) sentences.

**Read and complete the chart**

| no-                                                     | any-                                         | some-                                                | every-                                            |
|---------------------------------------------------------|----------------------------------------------|------------------------------------------------------|---------------------------------------------------|
| There's <u>nothing</u> wrong with you. You aren't sick. | I have a headache and I can't see.....       | My stomach hurts. I think I ate ..... bad yesterday. | Do we have ..... we need for the first aid kit?   |
| The doctor's office was quiet. There was ..... there    | Does ..... have a band aid? I cut my finger. | I think there's ..... at the door. I heard a knock.  | The food was bad, so ..... has a stomachache now. |

**Read and choose the correct option**

1. I have a cut on my leg. Is there (everywhere / anywhere) I can sit down?
2. Are you all right? Is there (something / nothing) I can do to help?
3. Your leg is OK. I don't feel (nothing / anything).
4. Does (anyone / everyone) have some medicine? I can't stop coughing.
5. My leg hurts, my arm hurts, and my back hurts. I think I need an X-ray of everything because it hurts (nowhere / everywhere).
6. There's (someone / something) in my eye. I can't see at all!

**Look and choose one picture then answer.**

1. What do you need?
2. What should you do?
3. What shouldn't you do?
4. Do you need a doctor?



**Look at the picture. Write the correct form of the words.**

This is a hospital.

Upstairs, there's a boy who hurt his leg this morning. There's a 12-year-old girl. Her ..... hurts. She doesn't feel very well. There's a boy with a green face. He feels ..... and is going to be sick. ...., there are a lot of people. There's a doctor at the door. There's a man who feels ..... now and he can leave the hospital. A little girl is crying because she has a cut on her arm. A nurse is putting a ..... on it. The man who is ..... his helmet has a problem with his arm. And there's a nurse who is ..... her coat and leaving. It's the end of her day.

**Listen and complete.**

**Chorus** I ..... my sock and looked at my foot. I ..... my helmet and got on my bike.  
What's the matter? I had a bad cut, But I shouldn't go cycling late at night.  
What's wrong? I had a bad cut, so on it a ..... I put!  
Are you --all right--? **Chorus** I put!  
Try to be strong!  
I went ..... I ate a big pizza. I fell off my bike and hurt my leg.  
and took a fall. I felt very ..... When I got home,  
I fell down the stairs My ..... hurt a lot, I had to go to bed.  
and ended up in the hall. so I had to take a pill. **Chorus**

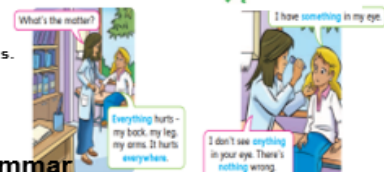
**Listen and choose the correct option**

**Chorus** I took off my sock and looked at my foot. I (took off – put on) my helmet and got on my bike.  
What's the matter? I had a bad cut, But I shouldn't go cycling late at night.  
What's wrong? I had a bad cut, so on it a (pill – band aid) I put!  
Are you (all right – ill)? I put!  
Try to be strong!  
I went upstairs and took a fall. I ate a big pizza. I fell off my bike and (ill – hurt) my leg.  
I fell down the stairs I felt very (ill – band aid). When I got home, and ended up in the hall. My stomach hurt a lot, I had to go to bed.  
so I had to take a pill. **Chorus**

**Indefinite pronouns**

**Read and choose the correct words**

What's the matter?  
Everything hurts-my back, my leg, my arms.  
It hurts everywhere.  
I have something in my eye.  
I don't see anything in your eye.  
There's nothing wrong.



**Grammar**

**Count / Noncount**

**(1) المقدر:**  
- تستخدم قبل الاسم المقدر مثل student  
- تستخدم إذا بنا الاسم بأحد حروف الة (a-e-i-o-u)  
مثلا an apple - an orange  
**(2) الجمع له قسمين:**  
-المعدود: ما تستطيع عدده مثل oranges - books  
-غير المعدود: لا تستطيع عدده مثل rice - water - milk  
students (نقط تحريف لها 5)

**Some / any**

تستخدمها لتحديد كمية الجمع  
Some  
some تأتي بعض، تستخدمها مع الجمل المثبتة مثل:  
I want some juice  
أي، وتستخدمها مع التفي والسؤال، مثل:  
I don't have any water.  
هل تريد مساعدة Do you need any help?

**Choose the correct answer:**

- 1- There is some (any) juice.
- 2- There is not (some – any) cheese.
- 3- There are some (any) fries
- 4- Is there (some – any) oranges?
- 5- There are not some (any) salad.
- 6- There are not (some – any) fries.
- 7- Are there some (any) cakes?
- 8- Do you have (a – some – any) apple juice?
9. I'd like (a – some – any) minestrone soup.
10. We don't have (a – some – any) juice.
11. There is (a – some – any) pasta.
12. There isn't (a – some – any) water.
13. Is there (a – some – any) soup?
14. There are (a – some – any) fries.
15. There aren't (a – some – any) apples.
16. Are there (a – some – any) foods?
17. Don't forget to include (a – some – any) garlic.

وبعد ما عرفنا **some / any** وتكرينا عليهم

تستخدم **every / no** الآن على

للحديث عن أشياء غير محددة وعن أشخاص محددين. تستخدم **any** مع التفي والسؤال وتستخدم **some** مع الجمل المثبتة. لاحظ أن كلمة **every** تستخدم للحديث عن المقرد one

|        |          |         |            |        |            |
|--------|----------|---------|------------|--------|------------|
| كل شخص | everyone | كل مكان | everywhere | كل شيء | everything |
| لا شخص | no one   | لا مكان | nowhere    | لا شيء | nothing    |
| شخص ما | someone  | مكان ما | somewhere  | شيء ما | something  |
| أي شخص | anyone   | أي مكان | anywhere   | أي شيء | anything   |

**Look at the photo. Ask and answer with your partner.**

1. What's the problem? .....
2. What should you do? .....
3. How can you help? .....
4. Did it ever happen to you? .....



**Read and order.**

**FIRST AID**

When someone has an accident, you have to help him or her. There's always something you can do to help. There are different steps that you should follow with different accidents. Here you will learn about first aid for a cut.

**Cut**

1. First, you should cover the cut. You should use a clean cloth or towel. You must press down because this will stop the blood. But you shouldn't press too hard.
2. Next, you must clean the cut. This sometimes hurts, so you should use clean water on a clean cloth and try to be careful. You should clean the cut slowly.
3. Now, you must take a new cloth. You have to dry the cut. Move around the cut to dry it.
4. Finally, you should put a band aid on the cut. Don't forget to put the dirty cloths in the trash!
5. If the cut is on your head, you can get a headache. In that case, you should see your doctor.

**ALWAYS REMEMBER:**

Cover Clean Dry Band aid

**Read again and choose the correct words.**

1. First, you should (cover / clean) a cut to stop the bleeding.
2. Then you (must / mustn't) wash the cut with water.
3. You should clean it with a (clean / dirty) cloth.
4. You (should / shouldn't) dry the cut.
5. You should dry the cut (quickly / slowly).
6. Finally, you need to use (a band aid / some medicine).



Third Term

TOP GOAL 1.3

**Integrated Learning: Natural Science**

**Read and check (✓) the correct behavior.**

1. Eat healthy food and drink water.
2. Wash your hands before you eat.



**Read the Good Hygiene poster. Then write do or don't after each sentence**

**Some Good Hygiene Habits**

We all want to be healthy. No one likes to feel sick. So here are some ideas on how to take care of yourself and keep healthy.



You should always wash your hands before you eat.

You should sleep for ten hours every night. You shouldn't play on a computer or tablet at bedtime. You should read a book so you will sleep better.

Whenever you use a digital device like a tablet, you should rest your eyes. Doctors say for each hour of use, you should rest your eyes for ten minutes!

You must cover your mouth with your elbow or a tissue when you cough. You must wash your hands after because you might make someone else sick.

You should get regular exercise outside. You can play a sport or just play outside with friends. But be careful so that you don't get hurt.

**NOW REMEMBER TO FOLLOW THESE PRACTICES AND YOU WON'T FEEL SICK.**

1. Wash your hands before you eat. --do--
2. Sleep for ten hours a night. ....
3. Play on a tablet before you sleep. ....
4. Rest your eyes from time to time. ....
5. Cover your mouth when you cough. ....
6. Get regular exercise. ....
7. Stay inside all day. ....

**Write about a healthy Saudi habit. Tell your partner**

**Read and complete. Use the words in the box.**

anyone – anyone – anything – Everyone – someone

Doctor: Is there ~~anyone~~ in the waiting room, nurse?  
 Nurse: Yes, doctor. Look at the list! ~~anyone~~ is very sick.  
 Doctor: Oh, dear. Nurse: There's ~~anyone~~ with a bad cough.  
 Doctor: OK. Is there ~~anyone~~ who needs an X-ray?  
 Nurse: Yes, there's a boy who had a bad fall. He says his back hurts.  
 Doctor: That's bad. We should see him first.  
 Nurse: Is there ~~anyone~~ we can give him?  
 Doctor: Yes. Send him in.



**Read and complete the text with the correct indefinite pronouns.**

One night, Saeed woke up. He heard ~~something~~ downstairs. He was afraid there was ~~anyone~~ in his house. He got up and slowly opened his bedroom door. He couldn't see ~~anyone~~ at first. He walked quietly downstairs. There was ~~anyone~~ on the stairs. His cat jumped up. Saeed was surprised and fell down. He hurt his leg. He took out his phone to call the hospital. When the paramedics came, they asked, "Do you live with ~~anyone~~?" "Yes, but ~~anyone~~ is away for the weekend," said Saeed.

**Read and complete with the correct form of: any-, every-, no-, some-.**

Saeed lived in a small apartment. He had ~~nowhere~~ to play, so he went to the park every day. One day, he decided to ride his bike in the park. ~~anyone~~ was all right at first and he enjoyed cycling near the lake. But suddenly, there was ~~anyone~~ wrong with his bike, and he couldn't stop. Splash! Saeed and his bike went into the lake! Oh, no!

A boy asked, "Are you all right?" "I think so," replied Saeed, "but my leg hurts." "I'm going to ask ~~anyone~~ to call an ambulance," said the boy. By now there were a lot of people next to the lake, but ~~anyone~~ had a phone. "Oh, no," said Saeed. He tried to get up. Luckily, there was ~~anyone~~ wrong with his leg – he was OK. The only problem was he was VERY wet and cold!

**Look at the pictures in Exercise 2 and predict what the accident is**

- a. a stomachache
- b. a bad cut
- c. a headache

**Read and number the pictures**

**FIRST-AID PROCEDURE**

What to do if someone falls over and hurts their knee or leg!

1. First, the person should lie still and shouldn't move their knee.
2. Then, you should put some ice or a cold cloth on the knee. You mustn't press too hard because the knee hurts.
3. After that, you must clean the knee with water and cotton. Put a band aid on the cut to keep the dirt out.
4. You should then help the person to stand and walk. They shouldn't stand on their leg. You must take them to get help from a doctor or nurse.



**Complete the sentences. You can use one, two, or three words.**

1. When someone has a fall, they should ~~lie still~~.
2. Put some ice or ~~anyone~~ on the knee, but don't press too hard.
3. ~~anyone~~ the knee with water and cotton.
4. Then, put on a ~~anyone~~ to keep the cut clean.
5. You should help your friend to ~~anyone~~.

**Now write a first-aid procedure for your school**

FIRST-AID PROCEDURE FOR .....

**Write a first-aid procedure for when someone falls down the stairs.**

**FIRST-AID PROCEDURE**

.....

.....






.....

.....

.....

Write the correct number under its picture: (2½ M)

1. cut    2. x-ray    3. headache    4. band aid    5. backache    6. school

Match the following: (2½ M)

|                                          |                                |
|------------------------------------------|--------------------------------|
| 1. Something you say that means OK. ---- | a. You shouldn't eat too much. |
| 2. My tooth hurts. I have a ----         | b. all right                   |
| 3. What shouldn't you do? ----           | c. downstairs                  |
| 4. The lower part of a building. ----    | d. ill                         |
| 5. The same meaning as "sick." ----      | e. toothache                   |

Choose the correct answer: (6 M)

- You have a headache. You (should - shouldn't - have to) watch TV.
- She wants to get better. She (must - mustn't - shouldn't) take your medicine.
- He has a toothache. He (shouldn't - should - mustn't) go to the dentist.
- I had a fall climbing a tree. I (don't have to - have to - has to) be careful.
- I have a cut on my leg. Is there (everywhere - anywhere - anyone) I can sit down?
- I think I need an X-ray of everything because it hurts (nowhere - everywhere - anyone).

Rearrange the following sentences: (4 M)

- happen - Earaches - hurt - when - your ears
- a bad - I - stomachache - have
- do? - What - should - you
- is the - the top - part of - Upstairs - a building.

Complete the missing letter: (3 M)

1. hu \_ t    2. si \_ k    3. stoma \_ h    4. co \_ gh    5. tak \_ off    6. X-r \_ y


Read the passage then answer the questions: (2 M) FIRST-AID PROCEDURE

- First, the person should lie still and shouldn't move their knee.
  - Then, you should put some ice or a cold cloth on the knee. You mustn't press too hard because the knee hurts.
  - After that, you must clean the knee with water and cotton. Put a band aid on the cut to keep the dirt out.
  - You should then help the person to stand and walk. They shouldn't stand on their leg. You must take them to get help from a doctor or nurse
- The person should lie still. (✓ - X) (Choose)
  - They shouldn't move their (head - knee - toe). (Choose)
  - You should put some \_\_\_\_\_ or a cold cloth on the knee. (Complete)
  - Why mustn't you press too hard? (Answer) \_\_\_\_\_

Write the correct number under its picture: (2½ M)

1. cry    2. take off    3. toothache    4. earache    5. hurt    6. school







Match the following: (2½ M)

|                                                   |                             |
|---------------------------------------------------|-----------------------------|
| 1. Something you use to see inside your body ---- | a. You should see a doctor. |
| 2. My head hurts. I have a ----                   | b. stomach                  |
| 3. What should you do? ----                       | c. x-ray                    |
| 4. The part of your body where food goes ----     | d. take off                 |
| 5. When you get undressed, you ... clothes        | e. headache                 |

Choose the correct answer: (6 M)

- You (shouldn't - has to - have to) cover your mouth with your hand when you cough.
- She (shouldn't - must - have to) walk or stand up when her leg hurts.
- You're feeling sick. You (shouldn't - don't have to - must) see a doctor
- My leg is OK. I don't feel (nothing - anything - someone).
- There's (someone - something - anything) in my eye. I can't see at all!
- Is there (anything - someone - everyone) we can give him?

Rearrange the following sentences: (4 M)

- cry - sad. - you - You - when - are
- My - ear - badly. - hurts
- need - Do - a - you - doctor?
- a band aid - on - Put - cut - your

Complete the missing letter: (3 M)

1. coug \_    2. si \_ k    3. sto \_ ach    4. fa \_ l    5. dent \_ st    6. ac \_ ident

Read the passage then answer the questions: (2 M)

One night, Saeed woke up. He heard something downstairs. He was afraid there was no one in his house. He got up and slowly opened his bedroom door. He couldn't see anything at first. He walked quietly downstairs. There was something on the stairs. His cat jumped up. Saeed was surprised and fell down. He hurt his leg. He took out his phone to call the hospital. When the paramedics came and helped him.

- Saeed heard something upstairs. (✓ - X) (Choose)
- He was (happy - nice - afraid) there was no one in his house. (Choose)
- There was something on the \_\_\_\_\_. (Complete)
- Why did he take out his phone? (Answer) \_\_\_\_\_

Play and answer.

1. You \_\_\_\_\_ wear a scarf if it's cold. You can get sick. (Complete)

2. Faiz has a bad \_\_\_\_\_ today. (Complete)

3. You \_\_\_\_\_ be quiet in a hospital. (Complete)

4. You \_\_\_\_\_ run in the halls of the hospital. (Complete)

5. Complete the words. band \_\_\_\_\_ tooth \_\_\_\_\_ up \_\_\_\_\_ ear \_\_\_\_\_

6. (Everyone / Anyone) in the hospital waiting room is sick. (Circle)

7. Why shouldn't you touch dangerous products? \_\_\_\_\_

8. This is a machine we use to see inside our bodies. (Say) \_\_\_\_\_

9. \_\_\_\_\_ aid means helping someone when they have an accident or are sick. (Complete)

10. Sabah fell over and (hurt / put on) her leg. (Circle)

11. We should use our cell phones before going to sleep. (True or false)

12. What happened to Dad in the yard? \_\_\_\_\_

13. What happens if you don't cover your mouth when you cough? \_\_\_\_\_

14. This is what we do when we remove shoes or clothes. (Say) \_\_\_\_\_

6. House Accidents

VOCABULARY:

TEACHING OF: • back, cough, cry, cut, earache, fall, headache, hurt, sick, stomachache, toothache, X-ray, all right, band aid, downstairs, ill, put on, stomach, take off, upstairs

EXPOSURE TO: medicine, take care, well (adj. adv), What's the matter?, wrong

Grammar:

TEACHING OF: (Grammar 1) Expressing obligation, advice, and prohibition with have to, must, and should. (• You have to sit down and wait. • You must stay in a dark room. You mustn't look at any screens. • You should take this medicine. You shouldn't play outside today.)

TEACHING OF: (Grammar 2) Indefinite pronouns, (• Everything hurts. It hurts everywhere. • I have something in my eye. • I don't see anything in your eye. There's nothing wrong.)

Write the correct number under its picture: (2½ M)

1. sick    2. stomachache    3. put on    4. cough    5. fall    6. school







Match the following: (2½ M)

|                                           |                      |
|-------------------------------------------|----------------------|
| 1. Something you put on a cut. ----       | a. toothache         |
| 2. My tooth hurts. I have a ----          | b. upstairs          |
| 3. What do you need? ----                 | c. all right         |
| 4. The top part of a building. ----       | d. band aid          |
| 5. You can say "I'm OK" or "I'm ..." ---- | e. I need some help. |

Choose the correct answer: (6 M)

- I am in a hospital's corridor. You (don't have to - have to - shouldn't) be quiet.
- He has a cold. He (shouldn't - should - must) play outside.
- You (must - don't have to - shouldn't) wear a helmet when you ride
- She (shouldn't - should - mustn't) stay in a dark room to relieve her headache.
- Are you all right? Is there (something - nothing - anyone) I can do to help?
- Does (anyone - everyone - anything) have some medicine? I can't stop coughing.

Rearrange the following sentences: (4 M)

- you - Do - a doctor? - need
- a building. - downstairs - part of - is - The lower
- clothes. - off - Take - your
- all right - meaning - The same - as "sick." - is

Complete the missing letter: (3 M)

1. head \_ che    2. hu \_ t    3. ga \_ ache    4. stomac \_    5. p \_ t on    6. X-ra \_

Read the passage then answer the questions: (2 M)

Saeed lived in a small apartment. He had nowhere to play, so he went to the park every day. One day, he decided to ride his bike in the park. Everything was all right at first and he enjoyed cycling near the lake. But suddenly, there was something wrong with his bike, and he couldn't stop. Splash! Saeed and his bike went into the lake! Oh, no! A boy asked, "Are you all right?" "I think so," replied Saeed, "but my leg hurts." "I'm going to ask someone to call an ambulance."

- Saeed lived in a big apartment. (✓ - X) (Choose)
- He had nowhere to (sleep - play - eat). (Choose)
- He decided to ride his bike in the \_\_\_\_\_. (Complete)
- Why couldn't stop his bike? (Answer) \_\_\_\_\_