

40. Dispensaries are a.
- ا) Primary level of health care services
  - ب) Secondary level of health care services
  - ج) Tertiary level of health care services
  - د) Quaternary level of health care services
41. Individuals who manage the work of non-managerial employees are called ب.
- ا) First line managers
  - ب) Middle managers
  - ج) Top managers
  - د) None of the above
42. Capacity to influence other people based on special knowledge and skills is ج.
- ا) Legitimate power
  - ب) Reward power
  - ج) Coercive power
  - د) Expert power
43. Serving others and the organization before themselves is د.
- ا) Charismatic leaders
  - ب) Servant leaders
  - ج) Transformational leadership
  - د) Transactional leadership
44. All of the following are major trends affecting health care delivery, **EXCEPT** ب.
- ا) Increasing number of young
  - ب) Advances in technology
  - ج) Cost containment
  - د) Unequal distribution of services
45. A temporary team assembled to investigate a specific issue is called ب.
- ا) Problem solving team
  - ب) Product design team
  - ج) Task force
  - د) Work group
46. Which of the following considered from advantage of discussion? ب.
- ا) Used with large groups of students
  - ب) Best to demonstrate in front of small groups
  - ج) Client learns from one another
  - د) It creates a passive learning environment

34. The belief that everyone should conform to the majority belief system is
- ا) Cultural conflict
  - ب) Cultural blindness
  - ج) Cultural assimilation
  - د) Cultural imposition
35. When members of minority group live with dominant group and lose their cultural characteristics, comes under
- ا) Cultural conflict
  - ب) Cultural blindness
  - ج) Cultural assimilation
  - د) Cultural diversity
36. A consultation between health care providers using satellite in two countries is an example of
- ا) m Health
  - ب) e Health
  - ج) Telemedicine
  - د) Electronic health
37. Health informatics is a
- ا) The organization of information in a system
  - ب) Bridge between information technology and clinical domain
  - ج) Collecting information in a system
  - د) Skills needed to collect information
38. The intersection of information science, computer science and health care is called
- ا) Health informatics
  - ب) Information technology
  - ج) Community health
  - د) Biomedical sciences
39. Any behavior that influences, or is believed to influence physical health outcomes is
- ا) Risk behaviour
  - ب) Health behaviour
  - ج) Disease prevention
  - د) Health promotion

27. The period between pathogen's invasion of the body and the appearance of symptoms is called?
- b) Prodromal stage
  - ✓) Incubation period
  - c) Convalescent period
  - d) Stage of illness
28. Exploring values by children on their own is
- b) Modelling
  - ✓) Moralizing
  - c) Laissez-faire
  - d) Rewarding and punishment
29. Feelings toward a person, object or idea that lasts over time,
- b) Attitudes
  - ✓) Beliefs
  - c) Ethics
  - d) Morals
30. Unlawful touch to other without consent is
- b) Negligence
  - ✓) Battery
  - c) Malpractice
  - d) Invasion of privacy
31. Children are ..... for good values and ..... for unacceptable ones
- b) Blamed, rewarded
  - ✓) Punished, rewarded
  - c) Rewarded, punished
  - d) Blamed, encourage
32. Caregivers' responsibilities in cultural diversity include all, EXCEPT
- b) Watch the patient when listening or speaking
  - ✓) Never give the reason or purpose for treatment
  - c) Repeat important information more than once
  - d) Reinforce verbal interaction with visual aids
33. Culture shock is
- b) The sum total of the way of living
  - ✓) The state of becoming aware with cultural differences and feel threatened
  - c) The feelings of a person when placed in a different culture
  - d) The belief that everyone should conform to the majority belief system



1. Medical and physical therapy comes in
  - ا) Primary preventive care
  - ب) Secondary preventive care
  - ج) Tertiary preventive care
  - د) Quaternary preventive care
2. The response of a person to the disease is
  - ا) Health
  - ب) Disease
  - ج) Wellbeing
  - د) Illness
3. Chronic illness is defined as
  - ا) A physical and mental alteration in health with permanent change
  - ب) Generally rapid onset of symptoms
  - ج) A disease caused by reversible alteration in normal
  - د) Symptoms treatment last only relatively short time
4. Couples with unrelated children is called
  - ا) Nuclear family
  - ب) Blended family
  - ج) Extended family
  - د) Single parent family
5. Which of the following comes in safety and security needs for human
  - ا) Oxygen
  - ب) Physical activity
  - ج) Food
  - د) Hand washing
6. Which one of the following is *Not True* statement regarding basic need
  - ا) Its absence doesn't affect health
  - ب) Essential for health and survival
  - ج) Can be met or not met
  - د) Common to all people
7. Providing oxygen to a patient comes in
  - ا) Self-actualization
  - ب) Interpersonal needs
  - ج) Love and belonging
  - د) Physiological needs

14. Any natural or synthetic food or food ingredient that supports the rapid growth of infectious microorganisms is called
- ا) Food infection
  - ب) Food-borne outbreak
  - ج) Potentially hazardous food
  - د) Food-borne illness
15. Damage to the edible quality of food which is unacceptable taste and appearance is called
- ا) Food spoilage
  - ب) Food contamination
  - ج) Food infection
  - د) Food intoxication
16. Which of the following is the source of domestic water pollution?
- ا) Pesticides
  - ب) Inorganic fertilizers
  - ج) Waste generated by farm animals
  - د) Water from homes
17. Safe environment includes
- ا) Meeting basic needs
  - ب) Increasing physical hazards
  - ج) Increasing transmission of pathogen
  - د) All are correct
18. Handling patients with unclean and contaminated hands may cause?
- ا) Contact hazards
  - ب) Bacteriological hazards
  - ج) Chemical hazards
  - د) Transmission hazards
19. Drugs should be stored in cool place away from light to prevent?
- ا) Electrical hazards
  - ب) Mechanical hazards
  - ج) Thermal hazards
  - د) Chemical hazards
20. The recovery period from the infection is?
- ا) Incubation period
  - ب) Convalescent period
  - ج) Prodromal stage
  - د) Full stage of illness

- 1) Diet, Exercise and Drugs are
- Secondary preventive care
  - Tertiary preventive care
  - Quaternary preventative care
  - Primary preventive Care.
- 2) Community health is the identification of needs, the protection and
- Absence of a disease
  - Improvement of collective health
  - A group of people living in a geographic area
  - Having common values, interests and needs.
- 3) An early detection and intervention activity is part of which level of prevention?
- Secondary
  - Tertiary
  - Ambulatory
  - Primary.
- 4) The combination of sciences, skills and beliefs directed to maintain and improve health, is the definition of
- Community health
  - Public health
  - Individual health
  - School health.
- 5) Enforcing laws and regulations, is an essential function of public health which aims to
- Protect health and ensure safety
  - Evaluate effectiveness of community based health services
  - Conduct researches
  - Support individuals and community health efforts.
- 6) What is the purpose of conducting researches in public health?
- To control and prevent the cause of the problem
  - To assure competent public healthcare work force
  - To protect health and ensure safety
  - To solve major health problems.



21. Nosocomial infection is
- ا) A disease state results from the presence of pathogens in or on the body
  - ب) The ability of a microorganism to produce a disease
  - ج) Activities to break the chain of infection
  - د) -An infection that has an onset during hospitalization
22. Transmission of disease by coughing and talking comes in the category of
- ا) Contact transmission
  - ب) Droplet transmission
  - ج) Vector transmission
  - د) Indirect contact transmission
23. The activity to prevent infection or break the chain of infection is called?
- ا) Sepsis
  - ب) Pathogen
  - ج) Asepsis
  - د) Pathogenicity
24. Favourable environment where the infectious agent can survive and reproduce is called
- ا) Portal of entry
  - ب) Reservoir
  - ج) Portal of exit
  - د) None of the above
25. In which stage of infection, early signs and symptoms of disease are present, but these are often vague and nonspecific?
- ا) Incubation stage
  - ب) Full stage of illness
  - ج) Convalescent period
  - د) Prodromal stage
26. Tuberculosis caused by *M. tuberculosis* is an example of
- ا) Contact transmission
  - ب) Vector transmission
  - ج) Air borne transmission
  - د) Indirect contact transmission

15) Chain of infection include all of the following, *Except*

- 10
- ا) Host
  - ب) Risk factor
  - ج) Infectious agent
  - د) Portal of exit.

16) The .....is the core of the health care.

- 8
- ا) Doctor
  - ب) Nurse
  - ج) Hospital
  - د) Patient

17) When the patient receives healthcare services but does not remain overnight this is known as

- 5
- ا) Ambulatory health care
  - ب) Continuity of care
  - ج) Discharge plan
  - د) Health education.

18) .....is the response of the person to a disease.

- 1
- ا) Wellness
  - ب) Health
  - ج) Illness
  - د) Disease.

19) Principles of health education include all of the followings, *EXCEPT*

- 13
- ا) Management
  - ب) Reinforcement by repetition
  - ج) Motivation
  - د) Comprehension.

20) The health indicators as the center for disease control (CDC) is

- 1
- ا) Mortality rate
  - ب) Disease
  - ج) Morbidity rate
  - د) All of above.

21) Which one of the following plays an important role in shaping up of the culture?

- 11
- ا) Values
  - ب) Languages
  - ج) Religion and beliefs
  - د) Norms.



Relating to stages of illness behavior, achieving Recovery at the

- ا) First stage of illness
  - ب) Second stage of illness
  - ج) Third stage of illness
  - د) Forth stage of illness.
8. Khalid, a 55 years old man, entered the ER with a sudden onset of the following needs is considered a physiological need for
- ا) Letting his family stay with him
  - ب) Proper precautions with oxygen use
  - ج) Oxygen and pain relief
  - د) Ensuring not falling down.
9. Host in "Agent-Host-Environment Model" can be
- ا) Virus
  - ب) Human
  - ج) Bacteria
  - د) Hospital.
10. Related to Maslow's hierarchy of basic human needs
- ا) Love and belonging
  - ب) Safety and security
  - ج) Self-esteem
  - د) Physiological needs.
11. A group of people living in the same geographic area, interests, and needs, is known as
- ا) Community
  - ب) Nuclear family
  - ج) Individuals
  - د) Blended family.
12. Secondary preventative care include activities:
- ا) Medical therapy
  - ب) Physical therapy
  - ج) Family counseling
  - د) Diet.