

# Chapter 8

#### What is nutrition?

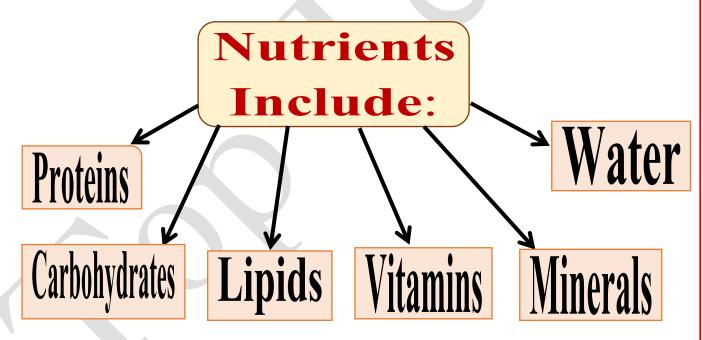


- ✓ It is the science of the nutrients and "other substances" in food.
- ✓ The processes by which the organism ingests, digests, absorbs transports, utilizes and excretes food substances.
- ✓ Their action, interaction, and balance in relation to health and disease.
- 1. (سىؤال من اختبار سابق) Nutrition
  - a) includes nutrients action
  - b) includes nutrients interaction
  - c) includes nutrients balance in relation to health and disease
  - d) all of the above
- \_\_\_\_\_\_Nutrition (سؤال من اختبار سابق) .2
  - a) includes nutrients action
  - b) is enzymatic breaks down of large organic molecules into their components
  - c) is breaking down of foods into smaller pieces
  - d) a & b

- 3. (سوال من اختبار سابق) Nutrition
  - a) includes nutrients interaction
  - b) includes nutrients balance in relation to health and disease
  - c) is enzymatic breaks down of large organic molecules into their components
  - <u>d</u>) a & b



Substances that we must have in our diets in order for our cells to function properly



4. (سؤال من اختبار سابق)Substances that we must have in our diets in order for our cells to function properly include \_\_\_\_\_.

- a) Vitamins
- b) Minerals
- c) Water
- d) all of the above

### الملخص الشامل - All in one

- 5. (سؤال من اختبار سابق)Substances that we must have in our diets in order for our cells to function properly include \_\_\_\_\_.
  - a) Lipids
  - b) Vitamins
  - c) Carbon dioxide
  - d) a & b
- 6. (سؤال من اختبار سابق)Substances that we must have in our diets in order for our cells to function properly include \_\_\_\_\_\_.
  - a) Proteins
  - b) Water
  - c) aflatoxins
  - <u>d</u>) a & b
- 7. (سؤال من اختبار سابق)Substances that we must have in our diets in order for our cells to function properly include
  - a) Lipids
  - b) Vitamins
  - c) Water
  - d) all of the above

**Digestion & obtaining and processing food** 

Most animals have one of three kinds of diets.

### **Kinds of diets**

#### Herbivores

**Plant-eaters:** cattle, snails and sea urchins غنافذ

### **Carnivores**

**Meat-eaters:** lions, hawks and spiders

### **Omnivores**

**Eating both** plants and other animals . . . . . . . Herbivores (سؤال من اختبار سابق). 8 a) one Example of them is crow b) one Example of them is raccoon c) are meat-eaters d) are plant-eaters 9. (سؤال من اختبار سابق) (Carnivores a) one Example of them is spider b) are plant-eaters c) one Example of them is raccoon d) none of the above 10.(سؤال من اختبار سابق).... are examples of Omnivores. a) Roaches b) Hawks c) Spiders d) all of the above \_ Herbivores (سؤال من اختبار سابق). 11 a) one Example of them is crow b) one Example of them is snail c) one Example of them are roaches d) one Example of them is human .\_\_\_\_\_ Carnivores (سؤال من اختبار سابق).12

- <u>a)</u> one Example of them is lion
- b) one Example of them is sea urchin
- c) one Example of them is crow
- d) none of the above

(سؤال من اختبار سابق).13	are examples of <b>Carnivores</b> .
a) Hawks	
b) Raccoons	
c) Crows	
d) a & b	
Herbivores (سؤال من اختبار سابق).14	·
<u>a)</u> one Example of	them is cattle
b) are meat-eaters	
c) one Example of	them are roaches
d) none of the above	
d) none of the abov	
اسؤال من اختبار سابق). Carnivores	
a) and both plants of	nd other enimals
a) eat both plants at	
b) one Example of	
c) one Example of	
<u>d)</u> none of the abo	ve
Omnivores (سؤال من اختبار سابق). 16	·
a) are plant-eaters	
b) one Example of	them is raccoon
c) one Example of	
d) one Example of	
17 ( %)	vernles of <b>Harbivar</b> es
are e. (سؤال من اختبار سابق). 17	xamples of <b>Herbivores</b> .
a) Roaches	
b) Lions	
c) Spiders	
d) none of the abo	ve
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## Biology

.\_\_\_\_\_ Herbivores (سؤال من آختبار سابق). 18.

- a) eat both plants and other animals
- b) one Example of them is spider
- c) one Example of them are roaches
- d) none of the above

.\_\_\_\_\_ Omnivores (سؤال من اختبار سابق). 19

- a) one Example of them are roaches
- b) one Example of them is lion
- c) one Example of them is hawk
- d) one Example of them is cattle

. . . . . . . . Herbivores (سؤال من اختبار سابق). 20

- a) one Example of them is spider
- b) one Example of them is human
- c) one Example of them is crow
- d) none of the above

21. (سؤال من اختبار سابق). Carnivores \_\_\_\_\_.

- a) one Example of them is hawk
- b) one Example of them is snail
- c) one Example of them is sea urchin
- d) none of the above

.\_\_\_\_\_ Omnivores (سؤال من اختبار سابق) .22

- a) are meat-eaters
- b) one Example of them is hawk
- c) are plant-eaters
- d) none of the above

23.(سؤال من اختبار سابق) \_\_\_\_ are examples of Carnivores.

- a) Humans
- b) Snails
- c) Sea urchins
- d) none of the above

Animals ingest their food in a variety of ways

- 1) Suspension feeding
- 2) Substrate feeding
- 3) Fluid feeding
- 4) Bulk feeding

**Substrate feeder** 

A caterpillar eating its way through the soft green tissues inside an oak leaf

24.(سؤال من اختبار سابق) A \_\_\_\_\_ is an example of animals that use **Substrate feeding** to obtain and ingest their food.

- a) caterpillar
- b) mosquito
- c) tube worm
- d) all of the above

**Suspension feeder** 

# A tube worm filtering food from the surrounding water through its tentacles.

25.(سؤال من اختبار سابق). A **tube worm** is an example of animals that use \_\_\_\_ to obtain and ingest their food.

- a) Suspension feeding
- b) Substrate feeding
- c) Fluid feeding
- d) all of the above

## Fluid feeder

### A mosquito sucking blood

26. (سؤال من اختبار سابق) A \_\_\_\_\_ is an example of animals that use **Fluid feeding** to obtain and ingest their food.

- a) Mosquito
- b) Tube worm
- c) Caterpillar
- d) a & b

### Bulk feeder

A grey heron preparing to swallow a fish head first and the rest next.

27. (سؤال من اختبار سابق) A grey heron is an example of animals that use obtain and ingest their food.

- a) Suspension feeding
- b) Substrate feeding
- c) Fluid feeding
- d) none of the above



- 1) Ingestion
- 2) Digestion
- 3) Absorption
- 4) Elimination

28. (سؤال من اختبار سابق) The **Ingestion** is the \_\_\_\_\_\_ stage of food processing.

- a) first
- b) second
- c) third
- d) all of the above

### الملخص الشامل - All in one

29. (سؤال من اختبار سابق) The second stage of food processing is \_\_\_\_\_\_.

- a) Digestion
- b) Ingestion
- c) Absorption
- d) none of the above

30. (سؤال من اختبار سابق)The **Absorption** is the \_\_\_\_\_ stage of food processing.

- a) third
- b) first
- c) second
- d) all of the above
- 31. (سؤال من اختبار سابق) The third stage of food processing is \_\_\_\_\_.
  - a) Absorption
  - b) Digestion
  - c) Elimination
  - d) none of the above
- 32. (سؤال من اختبار سابق) The **fourth stage** of food processing is\_\_\_\_\_.
  - a) Elimination
  - b) Ingestion
  - c) Absorption
  - d) none of the above

# **Digestion**

#### 1. Mechanical

Digestion: breaks food down into smaller pieces

#### 2. Chemical

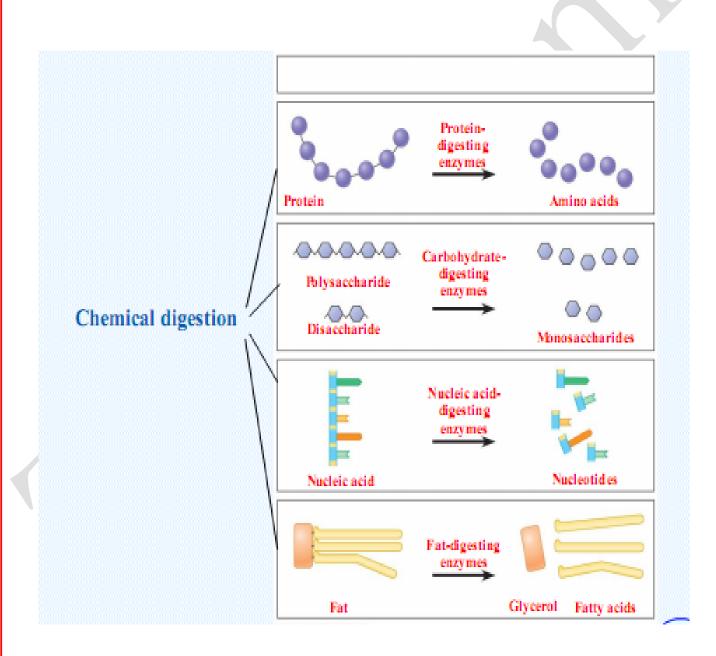
Digestion: enzymatic break down of large organic molecules into their components

33. (سؤال من اختبار سابق) Which of the following statements are true?

- <u>a)</u> Mechanical digestion breaks food down into smaller pieces
- b) There are four types of digestion
- c) Mechanical digestion is enzymatic break down of large organic molecules into their components
- d) a & b
- 34. (سؤال من اختبار سابق) Which of the following statements are true?
  - a) There are three types of digestion
  - b) Chemical digestion breaks food down into smaller pieces
  - c) Chemical digestion is enzymatic break down of large organic molecules into their components
  - d) There are four types of digestion
- 35. (سؤال من اختبار سابق) Which of the following statements are true?
  - <u>a)</u> Chemical digestion is enzymatic break down of large organic molecules into their components
  - b) Mechanical digestion is enzymatic break down of large organic molecules into their components
  - c) Chemical digestion breaks food down into smaller pieces
  - d) all of the above

36. (سؤال من اختبار سابق) Which of the following statements are true?

- a) There are four types of digestion
- b) Mechanical digestion is enzymatic break down of large organic molecules into their components
- c) Chemical digestion breaks food down into smaller pieces
- d) none of the above



### **Chapter 8**

#### **HUMAN DIGESTIVE SYSTEM**

Human digestive system consists of:

1) An alimentary canal القتاة الهضمية

2) Accessory glands الغدد التابعة

## Alimentary canal

Mouth المعدة, pharynx المريء, esophagus المريء, stomach الفم, small intestine الامعاء الدقيقة, large intestine الامعاء الغليظة also known as the colon المستقيم, rectum المستقيم.

# **Accessory** glands

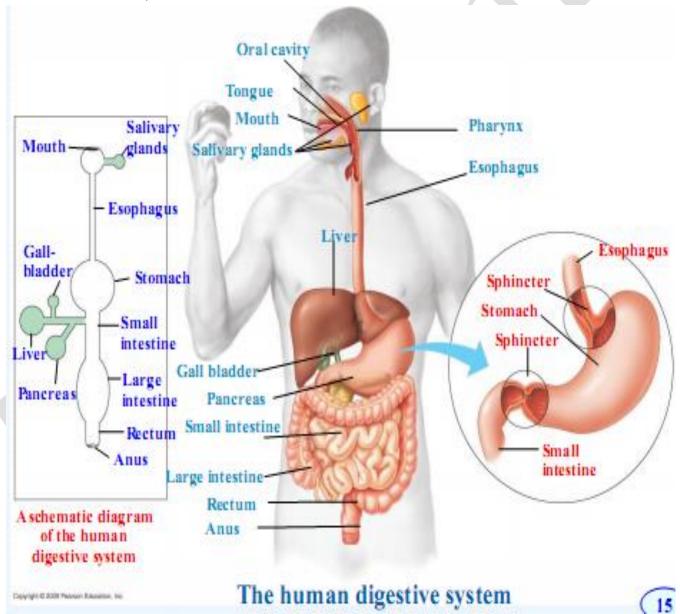
- ✓ Salivary glands الغدد اللعابية → salivary amylase
- ✓ Pancreas → Pancreatic amylase, chymotrypsin,
- ✓ trypsin, lipases and nucleases
- ✓ Liver الكبد bile and bile salts
- حذين الصفراء bile storage → المرارة

1. (سؤال من اختبار سابق) The function of salivary glands is the production of \_\_\_\_\_\_

- a) salivary amylase
- b) chymotrypsin
- c) nucleases
- d) a & b
- 2. (سوال من اختبار سابق) The function of pancreas is the production of\_\_\_\_\_



- b) salivary amylase
- c) bile and bile salts
- d) none of the above



## Process of Digestion عملية الهضم

## Mechanical – Chewing and mixing of food occurs in the mouth and stomach

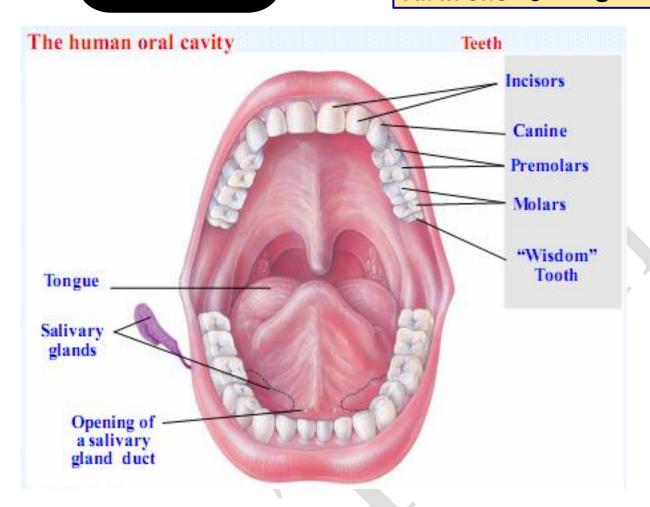
عملية ميكانيكية حيث يتم خلط ومضغ الطعام في الفم والمعدة

- 3. (سؤال من اختبار سابق) The Chewing and mixing of food occurs in the \_\_\_\_\_
  - a) mouth and stomach
  - b) large intestine
  - c) rectum
  - d) none of the above

- ✓ Teeth break up food, saliva moistens it
- ✓ Salivary amylase begins the hydrolysis of starch.
- ✓ Antibacterial agent kills some bacteria ingested with food.

The tongue tastes, shapes the bolus of food, and moves it towards the pharynx.

## الملخص الشامل - All in one



4. (سؤال من اختبار سابق)The\_\_\_\_ tastes, shapes the bolus of food, and moves it toward the pharynx.

- a) pharynx
- b) Salivary glands
- c) teeth
- d) tongue

#### Food movement in the alimentary canal



Alternating waves of contraction and relaxation by smooth muscle in the walls of the canal move food along in a process called peristalsis

<u>Sphincters</u> - a circular muscle arrangement that acts as a valve to regulate passage or flow of food into and out of digestive chambers.

#### The pyloric sphincter

- Regulates the passage of food from the stomach to the small intestine
- Limits the upward movement of acids into the esophagus
- 5. (سؤال من اختبار سابق)The \_\_\_\_regulates the passage of food from the stomach to the small intestine.
  - a) stomach
  - b) small intestine
  - c) pyloric sphincter
  - d) Sphincters
- 6. (سؤال من اختبار سابق) The \_\_\_\_ serves to transport food from mouth to stomach.
  - a) Esophagus
  - b) Sphincters
  - c) small intestine
  - d) all of the above

## Biology

### الملخص الشامل - All in one

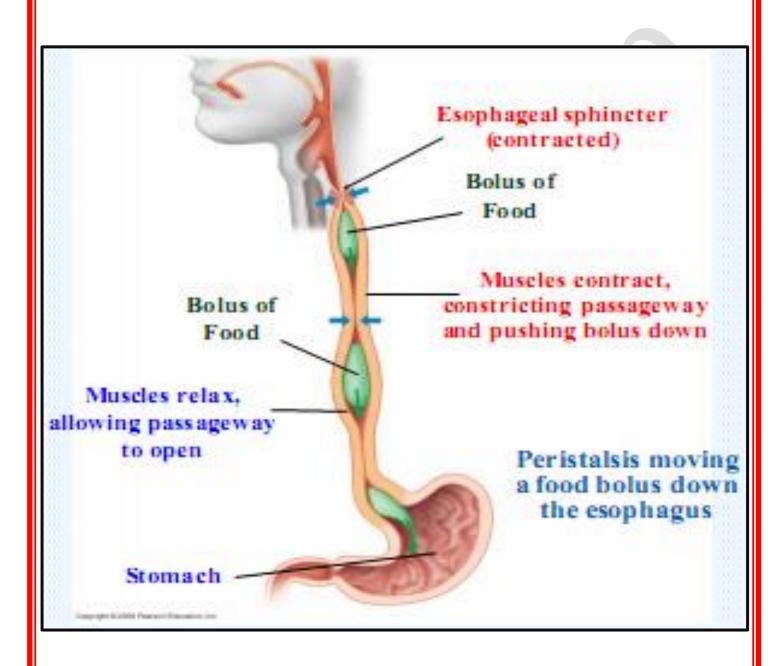
7. (سؤال من اختبار سابق) The\_\_ is a circular muscle arrangement that acts as a valve to regulate passage or flow of food into and out of digestive chambers.

- a) Sphincters
- b) pyloric sphincter
- c) esophagus
- d) none of the above

Peristalsis moves food through the esophagus to the stomach

- ✓ After swallowing الحركة الموجية, peristalsis الحركة الموجية moves food through the esophagus to the stomach.
- ✓ The trachea القصبة الهوائية conducts air to the lungs
- ✓ The esophagus المريء conducts food from the pharynx البلعوم to the stomach . المعدة

## Peristalsis moves food through the esophagus to the stomach



#### In the stomach

- **☑** The stomach stores food and breaks it down with acid and enzymes.
  - In the stomach:
    - ✓ Parietal cells produce Acid HCl pH = 2
       Acid kills bacteria and breaks apart cells in food.
    - ✓ Chief cells produce Pepsinogen (inactive).

**Pepsinogen + HCl ----- pepsin (active)** 

Pepsin begins the chemical digestion of proteins

- Mucous production: helps protect cell wall against HCl and pepsin, cells lining the stomach are renewed about every 3 days.
  - ✓ Acidic gastric juices mix with food to produce acid Chyme.
- 8. (سؤال من اختبار سابق) The parietal cells in the \_\_\_\_\_ produce Acid HCl pH 2.
  - a) stomach
  - b) Sphincters
  - c) appendix
  - d) a & b



#### Acidic gastric juices mix with food

# In the small intestine

- ✓ Small intestine is the major organ of chemical digestion and nutrient absorption .
- ✓ Small intestine is named for its smaller diameter —it is about 6 meters long.
- ✓ Alkaline pancreatic juice neutralizes acid chyme and its enzymes.
- ✓ (pancreatic amylase, lipase, proteases and nucleases) digest food.
- ✓ Bile, made in the liver and stored in the gall bladder, emulsifies fat for attack by pancreatic lipase

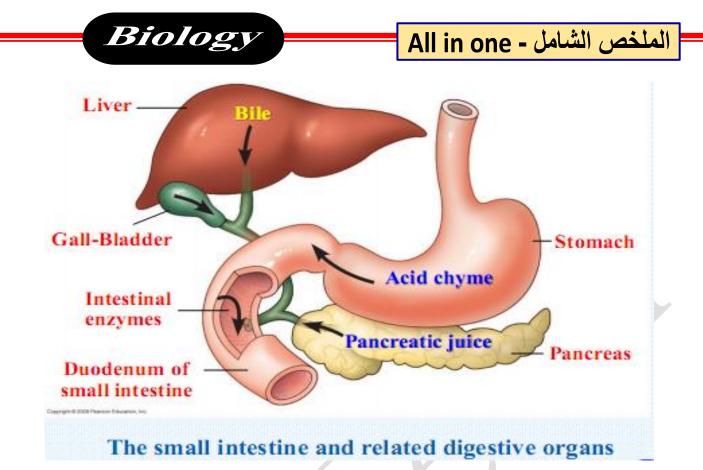


TABLE 21.10 ENZYMATIC DIGESTION IN THE SMALL INTESTINE				
Carbohydrates			Maltase, sucrase,	
Starch —	Pancreatic amylase	Maltose (and other disaccharides) -	lactase, etc.	Monosaccharides
Proteins  Polypeptides —	Trypsin, chymotrypsin	Smaller polypeptides —	Aminopeptidase, carboxypeptidase, dipeptidase	· Amino acids
Nucleic acids  DNA and RNA	Nucleases	Nucleotides —	Other enzymes	Nitrogenous bases, sugars, and phosphates
Fats Fat globules —	Bile salts	Fat droplets (emulsified)	Lipase	Fatty acids and glycerol

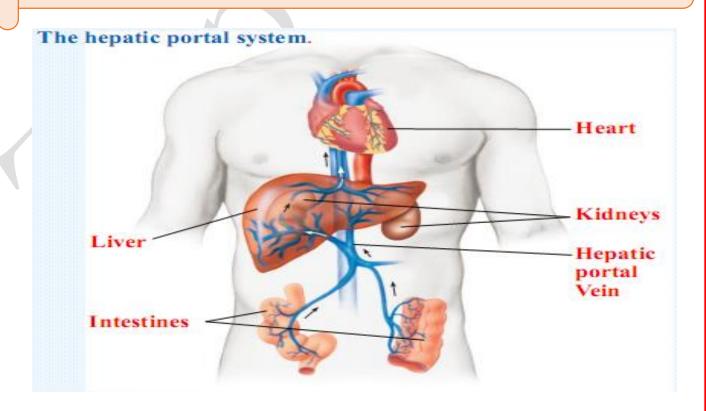
### الملخص الشامل - All in one

9. (سؤال من اختبار سابق) The Fat is broken down by Fat-digesting enzymes into

- a) Nucleotides
- b) Amino acids
- c) Monosaccharaides
- d) none of the above
- 10. (سؤال من اختبار سابق)The \_\_\_\_ is broken down by enzymes into Amino acids.
  - a) Polysaccharide
  - b) Disaccharide
  - c) Nucleic acid
  - d) none of the above
- 11. (سؤال من اختبار سابق) The \_\_\_\_\_ is broken down by Carbohydrate-digesting enzymes into Monosaccharaides.
  - a) Disaccharide
  - b) Nucleic acid
  - c) Fat
  - d) a & b
  - ✓ Surface area for absorption is increased by
    - Folds of the intestinal lining
    - Finger-like villi
  - ✓ Nutrients pass across the epithelium and into blood
  - ✓ Blood flows to the liver where nutrients are processed and stored.

## Liver's functions

- **☑** Blood from the digestive tract drains to the liver
- **☒** The liver functions:
  - 1) Glucose in blood is converted to glycogen and stored in the liver
  - 2) Liver synthesizes many proteins including blood clotting proteins and lipoproteins that transport fats and cholesterol
  - 3) Liver changes toxins to less toxic forms
  - 4) Liver produces bile
- **Storage**
- **☒** Nutrients not used can be stored as:
  - √ Glycogen
  - ✓ Fat



12. (سؤال من اختبار سابق) The function of the liver is the production of

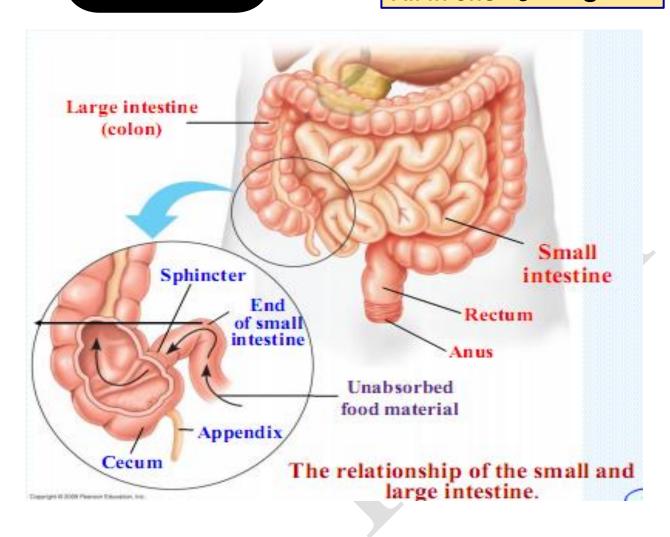
- a) salivary amylase
- b) Pancreatic(amylase)
- c) lipases
- d) none of the above

13. (سؤال من اختبار سابق) The function of the liver is the production of

- a) bile salts
- b) chymotrypsin
- c) trypsin
- d) all of the above

The large intestine reclaims water and compacts the feces

- ✓ Diarrhea occurs when too little water is reclaimed.
- **✓** Constipation occurs when too much water is reclaimed.
- ✓ Feces are stored in the rectum.
- ✓ Colon bacteria produce vitamins —biotin, vitamin K & B vitamins.
- ✓ Appendix
  - Located near the junction of the small intestine and colon.
  - Makes a minor contribution to immunity.



## Chapter 8

## A healthy diet satisfies three needs

- 1) Fuel to power the body.
- 2) Organic molecules to build molecules.
- 3) Essential nutrients —raw materials that animals cannot make for themselves like vitamins, minerals and the essential amino acids (animals cannot produce eight of the 20 amino acids named essential amino acids. These eight amino acids must come from the diet).

## Chemical energy powers the body

- ✓ Nutrients are oxidized inside cells to make ATP
- ✓ Proteins, carbohydrates, and fats are the main sources of calories.
- ✓ <u>Basal metabolic rate (BMR)</u>: energy a resting animal requires each day.
- ✓ Metabolic rate: BMR plus the energy needed for physical activity.
- ✓ Excess energy is stored as glycogen or fat .
- ✓ Our metabolic rates typically decrease throughout adulthood.

### الملخص الشامل - All in one

- 1. (سؤال من اختبار سابق)Substances that we must have in our diets in order for our cells to function properly include \_\_\_\_\_.
  - a) Lipids
  - b) Vitamins
  - c) Carbon dioxide
  - d) a & b
- 2. (سؤال من اختبار سابق)Substances that we must have in our diets in order for our cells to function properly include \_\_\_\_\_.
  - a) Lipids
  - b) Vitamins
  - c) Water
  - d) all of the above
- 3. (سؤال من اختبار سابق) Nutrients are oxidized inside cells to make \_\_\_\_\_.
  - a) NADP
  - b) ATP
  - c) NADPH
  - d) none of the above
- 4. (سؤال من اختبار سابق)Our metabolic rates typically \_\_\_\_\_throughout adulthood.
  - a) increase
  - b) decrease
  - c) not changing
  - d) none of the above

## **Unhealthy diet**

Unhealthy diets are linked to:

- Undernourishment—not enough calories.
- Malnourishment—missing essential nutrients.

5. (سؤال من اختبار سابق) Unhealthy diets are linked to

- a) undernourishment
- b) malnourishment
- c) essential vitamins
- d) a & b

6. (سؤال من اختبار سابق) Undernourishment

- a) missing essential nutrients
- b) not enough calories
- c) very high calories
- d) a & b

7. (سؤال من اختبار سابق) Malnourishment\_\_\_\_\_\_.

- a) not enough calories
- b) enough calories
- c) missing essential nutrients
- d) none of the above



A healthy diet includes 13 vitamins and many essential Minerals.

8. (سؤال من اختبار سابق) A healthy diet includes \_\_\_\_\_ vitamins

- a) 8
- b) 9
- c) 11
- d) <u>13</u>

# Essential vitamins and minerals

- **✓** Required in minute amounts.
- ✓ Extreme excesses can be dangerous.
- ✓ Excess water-soluble vitamins can be eliminated in urine.
- ✓ Excess fat-soluble vitamins accumulate تتراكم to dangerous levels in body fat.

## **Essential vitamins**

- **✓** Main function is to allow chemical reactions to occur in body.
- **✓** Required in minute amounts.
- ✓ Help release energy trapped مختزنة in carbohydrates, lipids and proteins.
- 9. (سؤال من اختبار سابق) Essential vitamins and minerals.
  - a) Required in minute amounts
  - b) Extreme excesses can be dangerous
  - c) Excess water-soluble vitamins can be eliminated in urine **d) all of the above**

## 13 vitamins divided into two groups:

### Fat soluble

A, D, E, K

Water soluble

C and B vitamins

- 10. (سؤال من اختبار سابق)water soluble vitamins are
  - a) A, D, E, K
  - b) C and B vitamins
  - c) All of the above d)None of the above
- 11. (سؤال من اختبار سابق) fat soluble vitamins are
  - a) A, D, E, K
  - b) C and B vitamins
  - c) All of the above
  - d) None of the above
  - 12.(سوال من اختبار سابق). Fat soluble vitamins include
    - a) vitamin D
    - b) vitamin C
    - c) vitamin B
    - d) all of the above



- **✓** Minerals are simple inorganic nutrients include:
- ✓ Na<sup>+</sup>, K<sup>+</sup> and Mg<sup>++</sup> which usually required in small amounts.
- ✓ Ca<sup>++</sup> and PO4<sup>3</sup>-which are required in larger amounts.
- ✓ They are critical for nervous system function, maintaining electrolyte levels, water balance, and skeletal system الجهاز العضلي.

- 13. (سؤال من اختبار سابق) \_\_\_\_\_are simple inorganic nutrients.
  - a) Proteins
  - b) Vitamins
  - c) Minerals
  - d) None of the above
  - 14. (سؤال من اختبار سابق). Simple inorganic nutrients.
    - a) minerals
    - b) vitamins
    - c) lipids
    - d) proteins

# Diet can influence cardiovascular disease and cancer

- ✓ A healthy diet may reduce the risk of cardiovascular disease and cancer.
- ✓ Two main types of cholesterol.
  - LDL: contributes to blocked blood vessels and higher blood pressure. الزيادة منها تسد الاوعية الدموية مسببة جلطات
  - HDL: tends to reduce blocked blood vessels. تقلل من انسداد الاوعية
- ✓ Exercise increases HDL levels.
- ✓ Smoking decreases HDL levels.

.\_\_\_\_\_ LDL is a cholesterol, \_\_\_\_\_.

#### a) contributes to higher blood pressure

- b) tends to reduce blocked blood vessels
- c) its level increases by exercise
- d) a & b

16. (سؤال من اختبار سابق) LDL is a cholesterol, \_\_\_\_\_.

#### a) contributes to blocked blood vessels

- b) tends to reduce blocked blood vessels
- c) its level increases by exercise
- d) all of the above

17. (سؤال من اختبار سابق). LDL is a cholesterol, \_\_\_\_

- a) tends to reduce blocked blood vessels
- b) its level increases by exercise
- c) its level decreases by smoking
- d) none of the above

18. (سؤال من اختبار سابق) HDL is a cholesterol, \_\_

### a) tends to reduce blocked blood vessels

- b) contributes to blocked blood vessels
- c) contributes to higher blood pressure
- d) all of the above

19.(سوال من اختبار سابق). Exercise \_\_\_\_\_\_ HDL levels.

#### a) increase

- b) decrease
- c) not changing
- d) none of the above

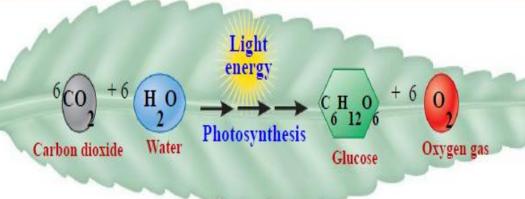
20. (سؤال من اختبار سابق) Smoking \_\_\_\_\_ HDL levels.

- a) increase
- b) decrease
- c) not changing
- d) none of the above

## **Chapter 8**

#### The uptake and transport of plant nutrients

- ✓ Plants acquire their nutrients from soil and air.
- ✓ Plants take up carbon dioxide from the air to produce sugars via photosynthesis; oxygen is produced as a product of photosynthesis.
- ✓ Plants obtain water, minerals, and some oxygen from the soil.
  Using simple sugars as an energy source and as building blocks,
  plants convert the inorganic molecules they take up into the
  organic molecules of living plant tissue.

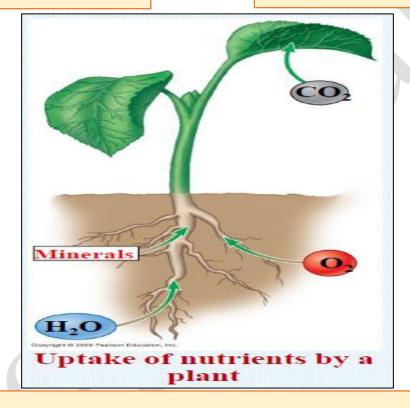


Inorganic molecules taken up by plants

Organic molecules produced by plants

- **☒** Carbon dioxide
- **☒** Nitrogen
- **☒** Magnesium
- Phosphorus

- Carbohydrates
- **E** Lipids
- **Proteins**
- **☒** Nucleic acids



- ✓ The plasma membranes of root cells control solute uptake.
- ✓ Minerals taken up by plant roots are in a watery solution.
- ✓ Water and minerals are absorbed through the epidermis of the root بشرة الجذر and must be taken up by root cells before they enter the xylem الخشب.
- ✓ Selective permeability النفاذية الاختيارية of the plasma membrane of root cells controls what minerals enter the xylem.

#### الملخص الشامل - All in one

- 1. (سؤال من اختبار سابق) Water and minerals are absorbed through
  - a) the epidermis of the stem
  - b) the epidermis of the leaves
  - c) the epidermis of the root
  - d) none of the above

There are two pathways by which water and minerals enter the xylem

#### 2) Extracellular route:

water and solutes pass into the root in the porous cell walls مسام جدار الخلية of root cells; they do not enter any cell plasma membrane until they reach the root endodermis.

#### 1) Intracellular route:

water and solutes are selectively taken up by a root epidermal cell, usually a root hair, and transported from cell to cell through plasmodesmata.

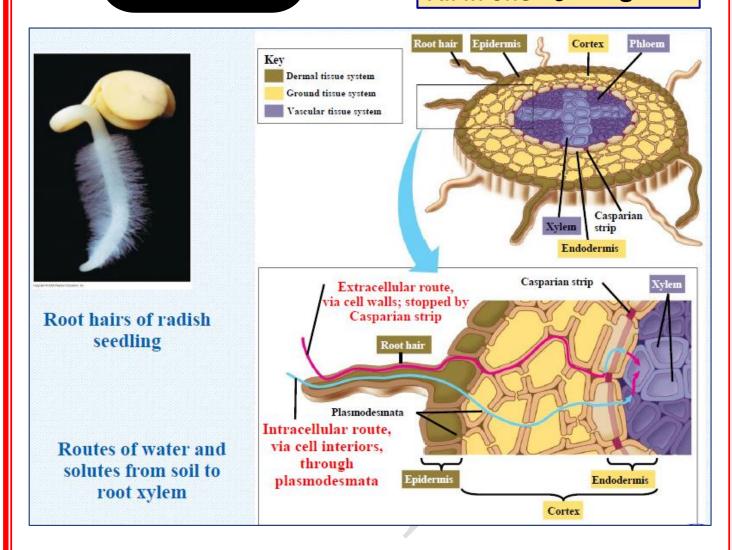
- 2. (سؤال من اختبار سابق)In the extracellular route \_\_\_\_\_.
  - a) water and solutes do not enter any cell plasma membrane until they reach the root endodermis
  - b) water and solutes are selectively taken up by a root epidermal cell, usually a root hair
  - c) water transported from cell to cell through plasmodesmata
  - d) all of the above

#### الملخص الشامل - All in one

. \_\_\_\_\_. In intracellular route

- a) water transported from cell to cell through plasmodesmata
- b) water and solutes pass into the root in the porous cell walls of root cells
- c) The Casparian strip regulates uptake of minerals that enter the root d) a & b
- 4. (سؤال من اختبار سابق) In the extracellular route \_\_\_\_\_.
  - a) water and solutes do not enter any cell plasma membrane until they reach the root endodermis
  - b) The Casparian strip regulates uptake of minerals that enter the root
  - c) water transported from cell to cell through plasmodesmatad) a & b
  - ☑ The cells of the endodermis البشرة الداخلية contain a waxy barrier حاجز شمعي called the Casparian strip.
  - **☒** Specialized cells of the endodermis take up water and minerals selectively.
  - **☒** The Casparian strip regulates uptake of minerals that enter the root via the extracellular route.
- 5. (سؤال من اختبار سابق) The cells of the endodermis contain a waxy barrier called\_\_\_\_\_.
  - a) Plasma membrane
  - b) <u>Casparian strip</u>
  - c) Cortex
  - d) None of the above

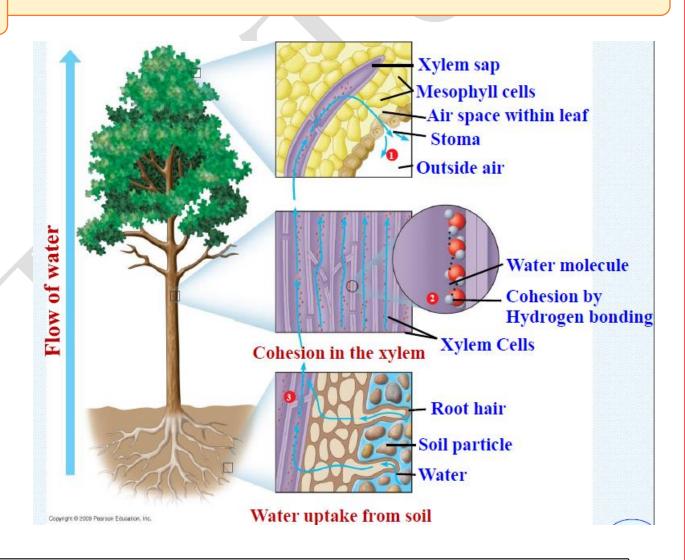
#### الملخص الشامل - All in one



- 6. (سؤال من اختبار سابق) The cells of the endodermis contain a waxy barrier called\_\_\_\_.
  - a) endodermis
  - b) plasmodesmata
  - c) the Casparian strip
  - d) none of the above

#### Transpiration-cohesiontension mechanism

- **✓** Water's cohesion describes its ability to stick to itself.
- ✓ Water's adhesion describes its ability to stick to other surfaces; water adheres to the inner surface of xylem cells.
- ✓ A steep diffusion gradient pulls water molecules from the surface of leaves into much drier air.
- ✓ The air's pull on water creates a tension توتر that pulls on water in the xylem; since water is cohesive, it is pulled along, much as when a person sucks on a straw.



سابق) .7	اختبار	من	Evaporation)سؤال	of	water	from	the	surface	of	leaves,
called_		•								

- a) Adhesion
- b) Cohesion
- c) **Transpiration**
- d)None of the above

8.(سؤال من اختبار سابق) \_\_\_\_allow water to be pulled up to the top of the highest trees.

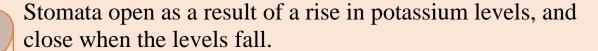
- a) Transpiration
- b) Adhesion
- c) Cohesion
- d) <u>B&C</u>
- 9. (سؤال من اختبار سابق) \_\_\_\_ describes water ability to stick to other surfaces.
  - a) Adhesion
  - b) Cohesion
  - c) Transpiration
  - d) All of the above
- 10. (سؤال من اختبار سابق) Water's \_\_\_\_\_describes its ability to stick to itself.
  - a) adhesion
  - b) solubility
  - c) cohesion
  - d) none of the above

#### Chapter 8

#### Guard cells control transpiration

- ✓ Plants must open pores in leaves called stomata to allow CO2 to enter for photosynthesis.
- ✓ Water evaporates from the surface of leaves through stomata.
- ✓ Paired guard cells surround each stoma.
- ✓ Guard cells can regulate the amount of water lost from leaves by changing shape and closing the stomata pore.

#### stomata



Stomata open when guard cells take up water

- Potassium is actively taken up by guard cells from nearby cells
- This creates an osmotic gradient and water follows
- Uneven متفاوتة cell walls of guard cells causes them to bow when water is taken up
- The bowing of the guard cells causes the pore of the stoma to open

When guard cells lose K+ ions, the guard cells become flaccid and the stoma closes

How guard cells control stomata

Stoma opening

More K+ inside guard cell

Day time

Low CO2

Natural Rhythms

Stoma closing

Less K+ inside guard cell

Night time

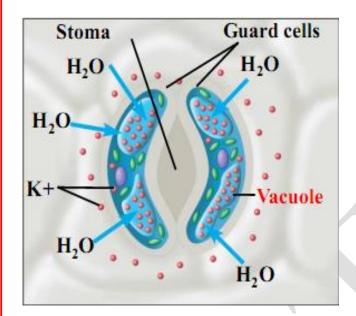
High CO2

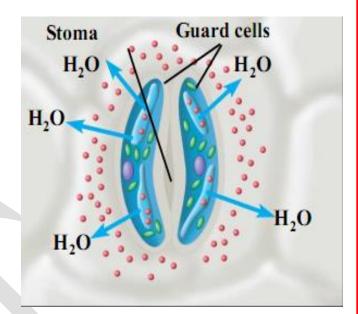
Natural Rhythms

- 1. (سوال من اختبار سابق) Stomata close
  - <sup>o</sup> at night time
  - <sup>o</sup> at day time
  - as a result of a rise in potassium
  - First and second choice
- 2.(سؤال من اختبار سابق). Stomata open
  - as a result of a rise in potassium
  - at day time
  - at night time
  - First and second choice
- 3. (سؤال من اختبار سابق). Stomata close
  - <sup>o</sup> at day time
  - as a result of a rise in potassium
  - when guard cells take up water
  - <sup>o</sup> First and second choice

#### 4. (سؤال من اختبار سابق) Stomata open\_

- as a result of a rise in potassium
- as a result of bowing of the guard cells
- <sup>o</sup> at day time
- all of the above





Phloem

is composed of long tubes of sieve tube members stacked end to end.

5. (سوال من اختبار سابق)......composed of long tubes of sieve tube members stacked end to end.

- a) Xylem
- b) Phloem
- c) Starch
- d) Non of the above

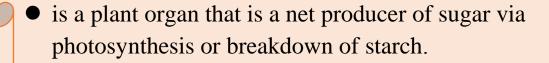
Phloem



- -Phloem transports the products of photosynthesis throughout the plant.
- -Phloem sap moves through sieve plates in sieve tube members.
- -Phloem sap is composed of sucrose and other solutes such as ions, amino acids, and hormones.
- -Sugars are carried through phloem from sources to sinks.

Sugar source and Sugar sink

sugar source



.Leaves produce sugars via photosynthesis –
produce sugar via breakdown of Roots and other storage organs –
.starch

- 6. (سؤال من اختبار سابق) A sugar source is a plant organ that
  - is a net producer of sugar via photosynthesis
  - breakdown the starch
  - store the starch
  - First and second choice

sugar sink

• is a plant organ that is a net consumer of sugar or one that stores starch.

Growing organs use sugar in cellular respiration –

Roots and other organs store unused – s ugars as starch.

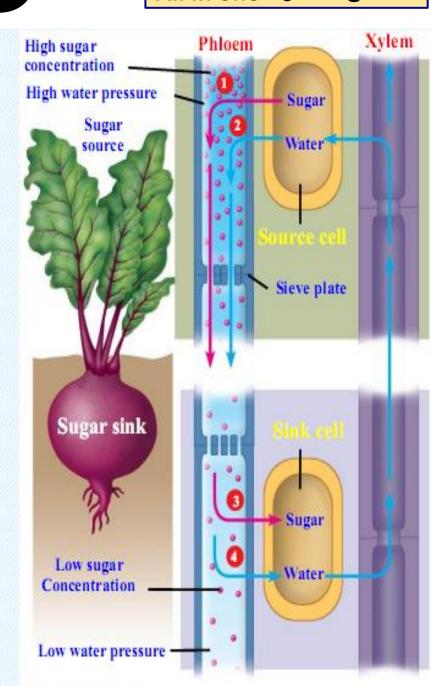
- 7. (سوال من اختبار سابق) A sugar sink is a plant organ that
  - store the starch
  - is a net producer of sugar via photosynthesis
  - breakdown the starch
  - all of the above
- 8. (سؤال من اختبار سابق). A sugar sink is a plant organ that
  - is a net consumer of sugar
  - store the starch
  - breakdown the starch
  - First and second choice

- 9. (سؤال من اختبار سابق) Roots and other organs store unused s ugars a s....
- a) Sugar sink
- b) Starch
- c) Xylem
- d) All of the above

The pressure flow mechanism

- ✓ The pressure flow mechanism that transports sugars in the Phloem from source to sink.
- ✓ At sources, sugars are actively loaded into sieve tube members.
- ✓ High solute concentration caused by the sugar in sieve tubes causes water to rush in from nearby xylem cells.
- ✓ Flow of water into sieve tubes increases pressure at sources.
- ✓ At sinks, sugars are unloaded from sieve tubes and solute concentration decreases; water is lost and pressure is low.
- ✓ The pressure gradient drives rapid movement of sugars from sources to sinks.

Pressure flow in plant phloem from a sugar source to a sugar sink (and the return of water to the source via xylem)



### Chapter 8

Plant health depends on a complete diet of essential inorganic nutrients

### **Essential elements**

are those that a plant must obtain to complete its life cycle of growth and reproductive success.

There are 17 elements essential to plant growth and reproduction.

- Macronutrients plants require relatively large amounts of these elements.
- Micronutrients plants require relatively small amounts of these elements.
- Both types of nutrients have vital functions.
- 1. (سؤال من اختبار سابق) The macronutrients are \_\_\_\_\_.
  - a) elements that required in relatively large amounts by plants
  - b) elements that required in relatively small amounts by plants
  - c) often act as cofactors
  - d) a & b

2.(سؤال من اختبار سابق). There are \_\_\_\_ elements essential to plant growth and reproduction.

- a) 10
- b) 11
- c) <u>17</u>
- d) 18

Plant health depends on a complete diet of essential inorganic nutrients

## Macronutrients

## Micronutrients

## Macronutrients

- ✓ components of organic molecules.
- ✓ Make up 98% of plant dry weight :

- Carbon - Phosphorus

- Hydrogen - Potassium

OxygenCalcium

- Nitrogen - Magnesium

Sulfur

# Micronutrients

Micronutrients — often act as cofactors:

- Chlorine - Zinc

- Iron - Copper

- Manganese - Nickel

- Boron - Molybdenum

- مىؤال من اختبار سابق) . The micronutrients are
  - a) often act as cofactors
  - b) elements that required in relatively large amounts by plants
  - c) elements that make up 98% of plant dry weight
  - d) all of the above

4. (سؤال من اختبار سابق). The micronutrients are

- a) elements that make up 2% of plant dry weight
- b) elements that required in relatively large amounts by plants
- c) components of organic molecules
- d) none of the above

## Fertile soil supports plant growth

- ✓ Soils are affected by geography and climate
- **✓** Soil horizons are layers of soil with different characteristics:
  - **☒** A horizon topsoil subject to weathering; layer contains humus (decayed organic matter) and many soil organisms
  - **☒** B horizon clay and dissolved elements
  - **☑** C horizon rocks of the "parent material" from which soil is formed



Three soil horizons visible beneath grass

5	من اختبار سابق)	ا In Cسه اا	horizon s	soil the	
J.			HOHZOH	son the	•

- a) layer contains clay
- b) layer contains many soil organisms
- c) layer contains humus (decayed organic matter)
- d) layer contains rocks of the parent material from which soil is form

#### .\_\_\_\_\_ In C horizon soil the سؤال من اختبار سابق).6

- a) top soil subject to weathering
- b) layer contains many soil organisms
- c) layer contains dissolved elements
- d) none of the above

#### 7. (سؤال من اختبار سابق). In A horizon soil the

#### a) layer contains humus (decayed organic matter)

- b) layer contains dissolved elements
- c) layer contains rocks of the parent material from which soil is form
- d) a & b

#### 8. (سؤال من اختبار سابق). In B horizon soil the

- a) layer contains clay
- b) layer contains dissolved elements
- c) layer contains many soil organisms
- d) a & b

#### . \_\_\_\_\_. In A horizon soil the \_\_\_\_\_.

#### a) layer contains many soil organisms

- b) layer contains clay
- c) layer contains dissolved elements
- d) none of the above

10. (سؤال من اختبار سابق). Soils are affected by \_\_\_\_\_\_.

- a) geography
- b) climate
- c) size
- d) <u>a & b</u>

are layers of soil with different characteristics. \_\_\_\_\_\_\_\_\_

- a) Soil types
- b) Soil horizons
- c) soil nature
- d) none of the above

12.(سؤال من اختبار سابق) Rocks of the "parent material" from which soil is formed.

- a) A horizons
- b) B horizons
- c) C horizons
- d) none of the above

13.(سؤال من اختبار سابق) topsoil subject to weathering; layer contains humus (decayed organic matter) and many soil organisms.

- a) A horizons
- b) B horizons
- c) C horizons
- d) none of the above

### **Chapter 8**

#### PLANT NUTRITION AND SYMBIOSIS WITH BACTERIA

- ✓ Most plants depend on bacteria to supply nitrogen.
- ✓ Most of the nitrogen in the biosphere is in the atmosphere as N2 gas.
- ✓ Plants can only absorb nitrogen as ammonium or nitrates from the soil; they cannot absorb it from air.

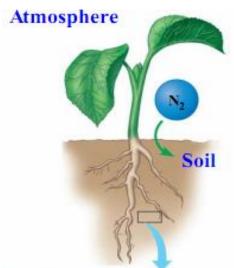
## Soil bacteria

- **☒** Soil bacteria can convert N2 gas from the air into forms usable by plants via several processes
  - 1) Nitrogen fixation —N2 is converted to ammonia
  - 2) Ammonification conversion of organic matter into ammonium
  - 3) Nitrification —conversion of ammonium to nitrates, the form most often taken up by plants

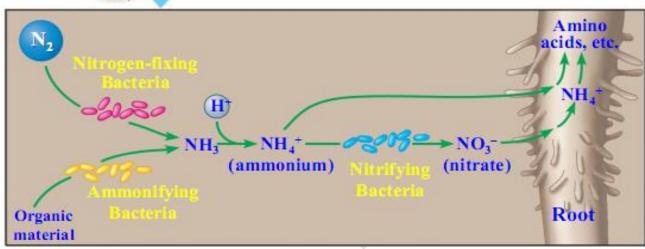
#### الملخص الشامل - All in one

1. (سوال من اختبار سابق) The conversion of N<sub>2</sub> to ammonia called

- a) nitrogen fixation
- b) ammonification
- c) nitrification
- d) none of the above
- 2. (سؤال من اختبار سابق) The conversion of ammonium to nitrates, the form most often taken up by plants called\_\_\_\_\_.
  - a) nitrification
  - b) ammonification
  - c) Carboxylation
  - d) none of the above
- 3. (سؤال من اختبار سابق) The conversion of ammonium to nitrates, the form most often taken up by plants called\_\_\_\_\_.
  - a) nitrogen fixation
  - b) ammonification
  - c) Carboxylation
  - d) none of the above



The roles of bacteria in supplying nitrogen to plants



## The plant kingdom includes

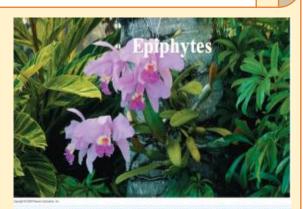
1. Epiphytes

2. Parasites

3. Carnivores

### **Epiphytes**

- Grow anchored on other plants.
- Absorb water and mineralsfrom rain.



Orchids, a type of epiphyte, growing on the trunk of a tree

4. (سؤال من اختبار سابق) \_\_\_\_Absorb water and minerals from rain.

#### a) Epiphytes

- b) Parasite
- c) Carnivores
- d) All of the above

## **Parasites**

- Roots tap into the host plant's vascular system.
- Incapable of photosynthesis.
- Absorb organic moleculesfrom host plant .



Dodder growing on a pickle weed

- 5. (سؤال من اختبار سابق) Parasites
  - a) absorb water and minerals from rain
  - b) absorb inorganic elements from prey
  - c) found in nutrient poor environments
  - d) none of the above

. Parasites (سؤال من اختبار سابق).6

#### a) incapable of photosynthesis

- b) grow anchored on other plants
- c) trap and digest small animals such as insects
- d) all of the above

7. (سؤال من اختبار سابق) \_\_\_\_\_ Absorb organic molecules from host plant .

#### a) Parasite

- b) Carnivores
- c) Epiphytes
- d) All of the above

### Carnivores

- Trap and digest small animals such as insects.
- Absorb inorganic elementsfrom prey .
- Found in nutrient poor environments .



A Venus' flytrap digesting a fly

الملخص الشامل - All in one

8. (سؤال من اختبار سابق). Carnivorous plants

- a) absorb inorganic elements from prey
- b) roots tap into the host plants vascular system
- c) absorb organic molecules from host plant
- d) a & b
- 9. (سؤال من اختبار سابق) Carnivorous plants \_\_\_\_\_\_
  - a) found in nutrient poor environments
  - b) absorb water and minerals from rain
  - c) incapable of photosynthesis
  - d) all of the above