

## Task 1

Do you think that people worry too much about nutrition? Why?

Why do some people overeat?

In what ways can what we eat affect our health and well-being?

How healthy is your diet and lifestyle? Explain.

Which do you think has more bad effects: soda or cheese? Why?

Next Task

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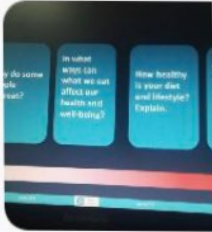
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Next Task

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1. No. They prefer fatty and sweet food because they're more delicious than healthy foods
2. I think can be healthy problem
3. If we eat unhealthy food it can cause some types of cancer
4. My diet and lifestyle is very healthy. I eat fruits everyday
5. I think soda because it has a lot of sodium

م ١١:٠٢

What are some of the advantages and disadvantages of change?

What has been the biggest change in your life recently? How did it affect you?

Is there anything in your life right now that you would like to change? Why?

What are some of the challenges in changing to a completely different career?

Most changes have a good and a bad side. Do you agree? Why?

1. advantages like Promote flexibility .. and disadvantages like Change Might Not Equal Progress
2. Starting university was the biggest change. It made me very confident
3. Nothing. I don't like to make changes because I like my life
4. It's hard to start over again and learn new skills.
5. No. maybe you will change something from bad to good. I think change like this It's no has bad side

## Task 1

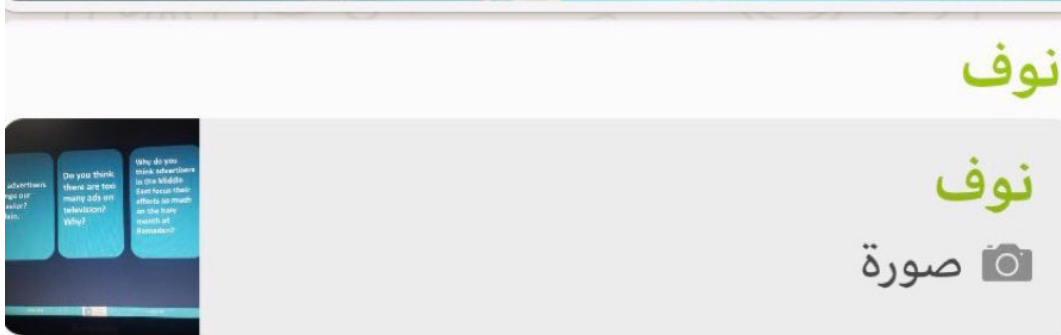
Are you influenced by advertisements? Why?

Can advertisers change our behavior? Explain.

Do you think there are too many ads on television? Why?

Why do you think advertisers in the Middle East focus their efforts so much on the holy month of Ramadan?

Do you think there are ads that should not be allowed? Why?



1. Yes. Sometimes I buy things I don't need
2. Advertising can change our behavior by showing positive things about the product
3. Yes. Maybe company try influenced us by advertising to buy product
4. They do this because people like to spend money during this time
5. Yes. Maybe this advertising have a bad effect about people

م ١١:٠٣

**Why do people sometimes take risks? Explain.**

**What kinds of risks are OK to take?**

**Why do people take risks in their careers? Explain.**

**What kinds of risks do scientists take today?**

**Do you have any dreams or goals that might require you to take some risks? Explain.**

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Why do people sometimes take risks? Explain.

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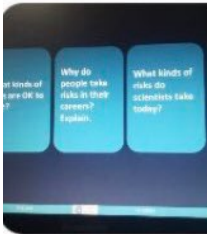
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1. People take risk because they want a challenge
2. Change cities for work or study are risks that are ok to take
3. People take risks, so they can earn more money
4. They take risks by working with chemicals
5. Yes. I have dreams and goals to study in another country

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-You are giving a presentation. What do you say to introduce your topic to your audience?

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- I am going to talk about..

-A friend tells you that he/she drinks too much soda. What do you say to give him/her advice?

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Is you that he/she dr  
a. What do you say t  
him/her advice?

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- you shouldn't drink soda ..

*-Your friend tells you "There is too much advertising on TV these days." What do you say to give your opinion?*

our friend tells you "There is too much advertising on TV these days." What do you say to give your opinion?

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- in my opinion

-Your friend tells you that he/she feels embarrassed when he/she speaks English in front of classmates. What do you say to give him/her advice?

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end tells you that he/she  
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assmates. What do you  
give him/her advice?

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- you should be confident..

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أي صورة عن الإعلانات، ينفع معها هذا  
الكلام:

- I think this picture talk about advertising
- everyday we can see advertisements, on the bus, outside the shop, on TV or even on the internet
- advertising effects people by making them buy things that they don't need
- sometimes I think advertising is good because it tells us about new products

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أي صورة عن المغامرة، ينفع معها هذا  
الكلام:

- I think this picture talk about taking risks
- I think when we stop talking risks, we stop living life
- I think risk opens you up to new ideas and skills
- I think risk teaches you to set clear goals and follow through

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أي صورة عن الطعام، ينفع معها هذا  
الكلام:

- I think this picture talk about food.
  - Food can be classed into two types, healthy food and unhealthy.
  - healthy food is very important to have a good life. For example, vegetable and fruits
- I think we eat too many unhealthy foods. For example, sweets and hamburger

م ١١:٠٦

أي صورة تعبر عن التغيير، ينفع معها هذا  
الكلام:

- I think this picture talk about change
- I think most people are afraid of change because it forces them outside their comfort zone
- I personally feel change is good. Without change, life would be dreary and boring

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