



First Aid	
Title: First Aid	
Course number: 251 PHCL	
Semester: Second level (Second year).	
Duration: 0 + 1 Unit (2 contact hours) per week.	
Aims: Introduce the student to general, medical and surgical emergencies of all ages and their management.	
Objectives: Upon successful completion of the course the student will gain basic knowledge on clinical emergencies and basic life saving techniques.	
Contents: Practical: Introduction to first aid for all ages and all systems of the body, aims and priorities of first aid, management of the injured patient and shock, maintenance of airway passages and intravenous line, cardiovascular resuscitation, management of bleeding, open wounds, fractures, epilepsy, coma, sunstroke, animal bites, high grade fever, burns, poisoning, drowning, head injuries and emergency procedures at home, work, or leisure.	
Minimum course requirements: (2 x 15) 30 contact hours per level.	
Evaluation methods:	
- Quizzes	15%
- Mid term examination	25%
- Final examination (written)	60%
Text Books (latest editions):	
1- First Aid Manual, St Andrews' Ambulance Association and the British	



Red Cross Society, St John Ambulance.

2- First Aid, Janet Davey.

Recommended books (latest editions):

1- Accident and Emergency: Theory into Practice, Brian Dolan, Holt-London:
Bailliere Tindall.

2- Accident and Emergency Medicine: A survival Guide, Banerjee.